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Crane Library Bookstore August Sale - *Page 23*

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The Quincy Sun

Quincy's Hometown Weekly Newspaper Since 1968

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Fishing Trip: 'The Vets Really Enjoy Getting Out'

VETERAN JAMES SMITH, right, chats with twin brothers, Cole, left, and Zach Smith, both 6, during Harvey's Saltwater Fishing Club's annual Disabled Veterans Day fishing outing.

FATHER MARTIN DZENGELESKI, pastor of Holy Trinity Parish, blesses the fleet before the lobster boats head out with their passengers of veterans.

A BOSTON FIRE boat sprays water as boats with groups of disabled veterans head out off Houghs Neck for a fishing trip during Harvey's Saltwater Club's annual Disabled Veterans Day. More coverage begins on Page 18.

Quincy Sun photos/Tom Gorman

Children's Activities At Crane Library Aug. 8-14 - *Page 12*
Free Jacks Repeat As Rugby Champions - *Page 16*
'Friends Rock Music Festival' Sunday - *Page 23*

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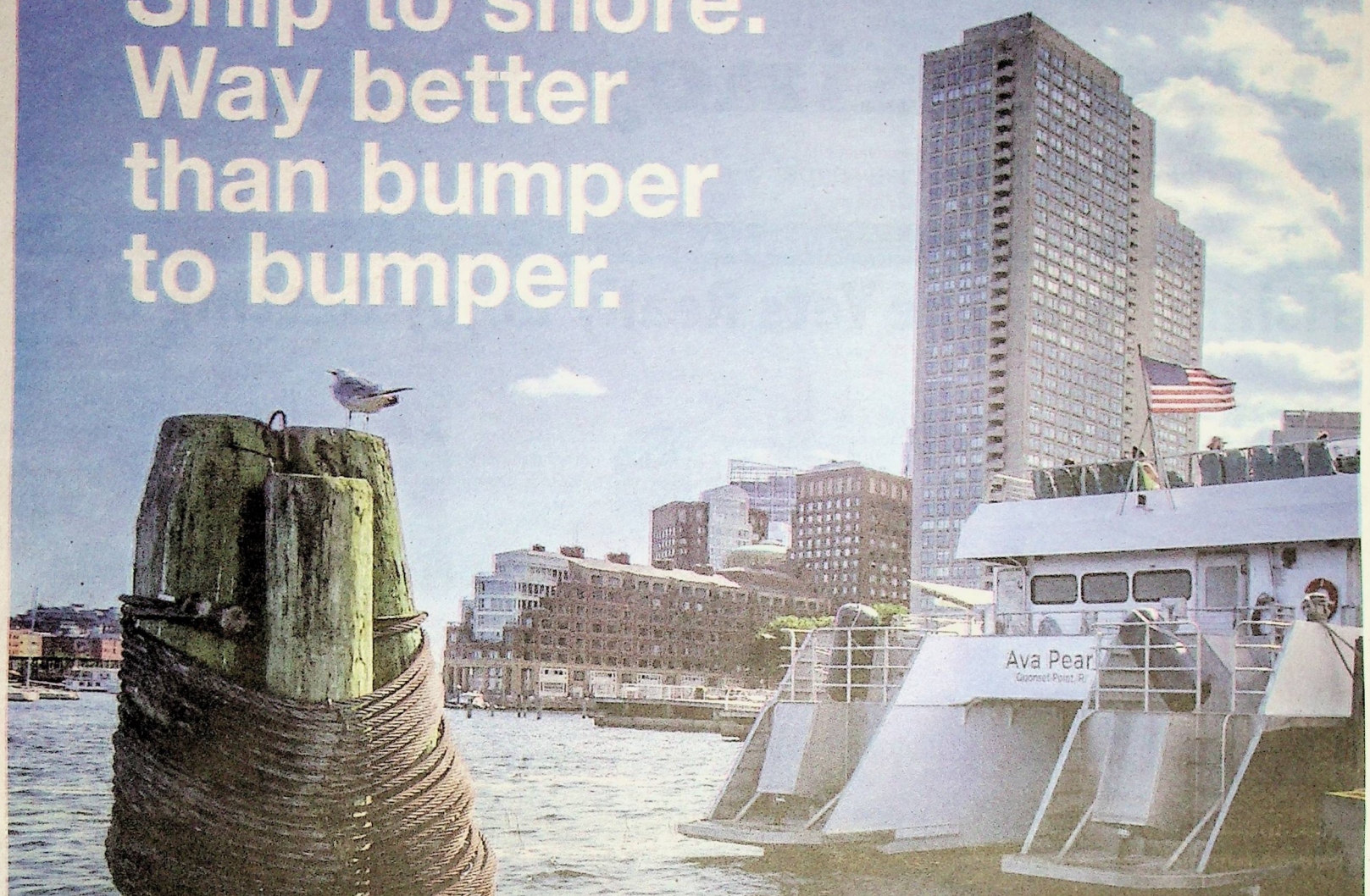

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East Boston Ferry will be FREE during Sumner Tunnel closure 7/5 - 8/5.

WINTHROP/QUINCY

Runs 6 round trips every weekday from 6:30am to 7:10pm between Winthrop Landing, Quincy (Marina Bay), Logan Airport, Fan Pier and Central Wharf.

Fares (one-way) $6.50 full fare. $3.25 reduced fare.

LYNN

Runs 6 round trips every weekday from 6am to 7:15pm between Blossom Street Pier and Long Wharf.

NEW Weekend schedule runs 6 round trips per day from 8am to 7:45pm.

Fares (one-way) $7.00 full-fare. $3.50 reduced fare.

Winthrop/Quincy & Lynn Ferry will be just $2.40 during Sumner Tunnel closure 7/5 - 8/5.

YEAR-ROUND

CHARLESTOWN

Runs round-trip weekdays every 15 minutes during morning and evening rush hour* between Charlestown Navy Yard and Long Wharf.

Weekend schedule runs 17 round trips per day from 10am to 6:15pm.

Fares (one-way) $3.70 full fare. $1.85 reduced fare.

HINGHAM/HULL

Runs 19 round trips every weekday from 5:40am to 9:55pm between Hingham, Hull, Georges Island, Logan Airport and Long Wharf.

Fares (one-way) $9.75 full fare. $4.85 reduced fare.

HINGHAM/ROWES

Runs 36 trips on each weekday from 6am to 8:30pm between Hingham and Rowes Wharf.

Fares (one-way) $9.75 full fare. $4.85 reduced fare.

Children 11 and under ride free on all ferries.

*midday frequency varies. **weekend service runs every 30 minutes with a short gap between noon to 3:15 pm.

For more information visit mbta.com/ferry

Quincy Schools Receiving $300,000 From Beth Israel Lahey

The Quincy Public Schools are one of four community-based organizations who will be receiving $300,000 each from Beth Israel Lahey Health (BILH).

BILH is awarding $1.2 million to the four organizations to implement Behavioral Health Navigator Programs as part of a new initiative aimed at increasing access to mental health and substance use services and supports for community residents, the company said in a statement.

The new behavioral health grant program underscores BILH's commitment to work collaboratively with community partners and invest in programs to address barriers to accessing mental health and substance use care and services.

The four organizations – which also include Eliot Community Human Services in Haverhill, Greater Lynn Senior Services and the Peabody Department of Health – were selected to receive $300,000 through a competitive process. The funds will be disbursed from 2024 to 2027 to the organizations to launch Behavioral Health Navigator Programs in their communities.

The grant awards will fund the hiring, training and support of community-based behavioral health navigators who will work to identify, understand and effectively connect residents experiencing mental health and substance use issues to appropriate support and assistance. The grants will also fund educational activities in the communities focused on increasing awareness of available mental health and substance use resources. Recipients will be encouraged to participate in no-cost training, provided by BILH digital health experts, on how to help individuals increase digital literacy and navigate options for mental health and well-being.

"As part of our mission-driven focus, we help improve the health of historically underserved communities by providing opportunities to expand vital services and resources," said Nancy Kasen, Vice President, Community Benefits and Community Relations, BILH. "Through our Behavioral Health Navigator Program, we address the needs identified and prioritized by the community by assisting residents to connect with the mental health and substance use services they need in their community."

"BILH recognizes the importance of making investments that address the health care priorities of the communities we serve," said Jennifer Cullen, MSW, President of Behavioral Services, BILH. "These grants and programs are one example of how we are working to broaden the scope of care to drive access to much-needed mental health and substance use resources in the community."

Based on its 2022 Community Health Needs Assessment (CHNA) process, working with the community, BILH identified community behavioral health access as the system priority across its Community Benefits Service Area (CBSA). In the spring of 2023, BILH undertook a process to identify opportunities to collaboratively work with community partners to address access to behavioral health care and services.

In response to input from community residents and partners, BILH committed to investing in strategies that amplify mental health topics and foster and fund Mental Health First Aid (MHFA) trainings and behavioral health navigation for BILH staff and community residents across its CBSA. These strategies are in addition to the efforts individual BILH hospitals are conducting in collaboration with community partners as part of the FY23-FY25 Implementation Strategy.

The MHFA trainings will teach participants how to recognize, understand and respond to signs of mental health and substance use challenges in adults, giving them the confidence and skills to offer initial support in both non-crisis and crisis situations to those in need and connect them with resources. Several MHFA trainings are scheduled at multiple locations.

"Quincy Public Schools is honored to be the recipient of this generous grant funding that will allow us to provide access to critical mental health support for all of our students despite barriers," said Maura Papile, Senior Director of Student Supports for the Quincy Public Schools. "Having a behavioral health navigator within our schools who can build relationships with students and families that lead to mental health and wellness is truly aligned with our mission to provide a community of care that promotes well-being and success for our students. We can't thank Beth Israel Lahey Health enough for entrusting Quincy Public Schools with this important initiative."

Rooney 'Back Home' As New Recreation Director

By SCOTT JACKSON

For Chris Rooney, his new job as Quincy's Recreation Director is like "being back home."

Rooney, a 35-year-old lifelong resident of Quincy, was named the city's Recreation Director on May 28 replacing Michelle Hanly, the former director, who was previously named director of elder services. Rooney had worked as the program manager for the Parks Department from 2013 to 2016 before joining the Board of Assessors, a position he held until his recent appointment.

In a recent interview, Rooney said he was thrilled to be leading the Recreation Department, which is now part of the Department of Natural Resources.

"I was thrilled," Rooney said. "Obviously I went through Recreation my whole life growing up. I was a Rec. leader in the summer of 2006 I believe. And obviously I started over at Parks, which was Parks, Forestry and Cemetery and Recreation was different – now it's all under Natural Resources – but we worked hand in hand with the Recreation office on events, on planning for fields.

"It was good to go back to the Richard Koch Park and Rec. Complex. It kind of felt like being back home, so I was obviously thrilled… Obviously, Michelle did a fantastic job while she was there and, of course, Barry Welch is an absolute legend who set everything up for us to succeed now."

Rooney said he took some time to consider leaving the Board of Assessors for his new post, and did so because athletics have always been important to him.

"It was definitely a decision I pondered for a little bit," he said. "Obviously, I had eight years doing taxes, but athletics have always been a huge part of my life. I think they are vital for social interaction, for youth development. You hear recreation, you think maybe 'it's just a wiffleball game,' but it's so much more than that.

"I absolutely loved the programs growing up, I loved playing athletics through high school and college, and I like being able to interact with staff to try to make a difference in someone's day, someone's summer, maybe somebody's

Cont'd On Page 4

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Moments in time

THE HISTORY CHANNEL

• On **Aug. 19, 1967**, the Soviet Union's communist newspaper, Pravda, accused China of making attacks on the Soviet embassy in Peking and straining relations between Russia and China, claiming that, "Literally not a single day passes without a malicious invention about the Soviet Union."

• On **Aug. 20, 1959**, actor Hugh O'Brian met his idol, Dr. Albert Schweitzer, in Africa at the physician's hospital after being ferried up the Ogooue River by natives with leprosy. Following that initial encounter, O'Brian referred to Schweitzer as "a living saint." The 83-year-old doctor strongly urged the abolition of nuclear testing and war, and O'Brian returned to the U.S. with the same conviction.

• On **Aug. 21, 2006**, South Korea sent over $230 million worth of humanitarian aid to North Korea after it was hit by severe flooding. North Korea claimed hundreds of people were killed or lost as a result, but South Korean aid agencies believed the number was more likely around 58,000. Seoul had suspended regular aid to the North because of Kim Jong Il's missile tests, but elected to make this disaster a special exception.

• On **Aug. 22, 1948**, Belgium's Charles Theodore Henri Antoine Meinrad acted as regent of the kingdom on behalf of his exiled brother, Leopold, who was exiled to Switzerland due to accusations of being too friendly with the Germans during Belgium's occupation. Charles did not, however, move into the palace, nor did he access the 30 million Belgian francs that he was entitled to as king, seldom even leaving his own apartments and maintaining a low profile.

• On **Aug. 23, 1926**, silent film heartthrob Rudolph Valentino died at just 31 from complications following surgery for appendicitis and gastric ulcers.

• On **Aug. 24, 1814**, British troops led by General Robert Ross entered Washington, D.C., and burned down many public buildings, including the White House and the Capitol building.

• On **Aug. 25, 1992**, The Sun newspaper published a phone conversation with an unknown woman who may have been Britain's Princess Diana, talking with an unknown man about her unhappy marriage. Thousands paid up to $22 to listen to the full recording on a paid phone service.

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Pots and hanging baskets

If you have plants in pots or in hanging baskets, their regular watering and feeding is critical in hot weather – not only for their health in summer but also for a continuously pleasing display through autumn. By mid- to late summer, all of the nutrients will have been taken up or washed out, so some fertiliser sprinkled on the soil and a weekly liquid feed is needed. Insufficient watering may trigger plants to set seed, then curl up and die. If you are going away on vacation, move pots and baskets into a cool, sheltered position and water them thoroughly before you depart. - *Brenda Weaver*

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Rooney New Recreation Director

Cont'd From Page 3

life. And, it's just great to see the people I went to Rec. with still working here.

"Once I thought a bit, it was a no brainer. I'm extremely happy I made the decision."

After taking the job, Rooney said his first priority was to hire employees to work over the summer and assign them to the various programs the department offers.

"We jumped right in and started interviewing new hires for the summer. I think right now we have about 270 seasonal staff on hand – I think we hired probably 50 to 60 new people for this year," he said

"That was really the first thing we did, hiring, and then after we hired them, where they are going to work. We have got the boathouse, we have Happy Acres, we have our clinics and obviously we have our free parks. We have 14 free parks and there are 50 park leaders at those parks. That is Monday through Friday, 8:30 to 1:30, doing everything – kickball, arts and crafts. We have sports specialists and supervisors who go around the city as well and hold events. We had our citywide knockout tournament yesterday, which is always a huge hit, up at Fenno.

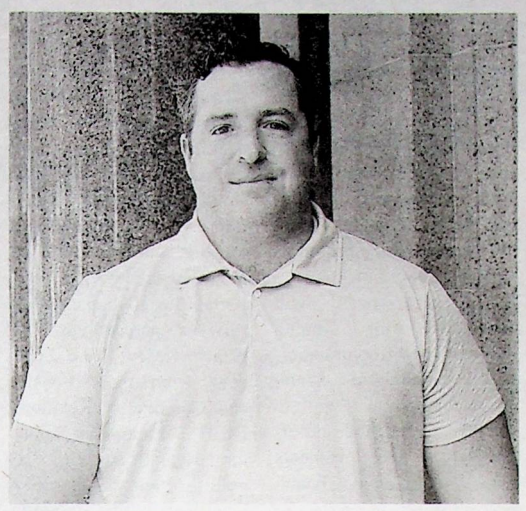
"That was kind of really the first step, getting everybody in place, so once the parks opened, we were ready to roll, which we were. Everything went smooth. We have a great staff. Some of our supervisors have been working Rec. for over 20 years, so they've been great to bounce ideas off of to help me succeed in the first month going in."

The number of programs Quincy offers is hard to match, Rooney said.

"We have so many services for the kids, from like we said the boating and the sailing to our Happy Acres program that is widely popular – our staff down there is phenomenal. And then the free parks, you don't get that a lot of places, especially 14 of them that are staffed with kids who have gone through athletics or arts and crafts. You've got three to four kids at each park who are there for the kids to help out," Rooney said. "You don't get that a lot of places."

While the Recreation Department is well-known for its summer offerings for the city's youth, it has programs in place for adults as well.

"We are involved in Senior Olympics. Our kids work that. We help set it up. We work with the Council on Aging and getting them the equipment they need for everything they do," Rooney said.



CHRIS ROONEY, a 35-year-old lifelong Quincy resident, is the city's new Recreation Director. "I think (sports and recreation) are vital for social interaction, for youth development. You hear recreation, you think maybe 'it's just a wiffleball game,' but it's so much more than that," Rooney said in a recent interview. *Quincy Sun Photo/Robert Bosworth*

"We run a women's fitness program at the Fore River Clubhouse and they've been doing that for as far as I remember back when I was at Parks. We have established an adult pickleball league, which is a huge hit. That is Mondays, Tuesdays, Thursdays at Broad Meadows. We also have pick-up basketball.

"We're going to be looking into kind of expanding pickleball too and maybe running a pickleball tournament. I know they've done a tennis tournament in the past, we might run a pickleball tournament, because that seems like it's a little bigger than tennis right now.

"We have the canoeing and sailing program that adults can get memberships – I think it's $100 for the year – and they can go down, use our sailboats, our canoes, our kayaks. We have some paddleboards – they can use those as well.

"So, we really are expanding our adult recreational footprint."

The division also oversees the pool at the Lincoln-Hancock Community School, which the public can use.

"We have our swimming lessons that have started. It is hugely popular. When we do registration there is a line down the street two hours before," Rooney said. "We have a great lifeguard staff over there. We just had a water-safety instruction course where we got four lifeguards certified, now they can teach adult swimming lessons as well if people are looking into that."

The pool, which opened in 1975, is in outstanding shape, he added.

"Our staff is incredible in regard to making sure that all our equipment is safety regulated. The custodians at the building, they make the checks to make sure the pool has enough chemicals in there so it's safe for the people – it's not too much, it's not too little. The pool is in fantastic shape," Rooney said.

"It's in immaculate shape. The water is fantastic. The people absolutely love the program. And, we do lap swimming, we do senior swimming, and we do family swims as well along with the clinics we run in regard to swimming lessons, and those are run at night. It's open on the weekends as well from 10 to 1 for family swim and lap swim."

Starting this summer, the Recreation Department now runs the Quincy Track Club. The department took over the track club following the retirement of long-time coach Geoff Hennessy. The program began the week of July 9.

"The kids loved it," Rooney said. "I think we had 58 sign ups. It's Tuesdays, Thursdays, 5:30 to 7:30."

"Geoff was very good to us," Rooney added. "He came in and met with us a few times. He kind of gave us his playbook so we're kind of running off what he did in the past, switching a few things because I think the Quincy Track Club got a lot of track athletes and now that it's more, there are still track kids, but it's more 'get our son or daughter into something and maybe they'll be interested in it.'

"Our staff is great. We have kids who have run cross country, kids who coach cross country, helping with the program. I was down there last night, they were doing the high jump, they were just jumping on the pads, they were having a ball."

Rooney will also help organize the annual Quincy Christmas Parade, working with Barry Welch, the city's long-time director of recreation.

"I'll be involved in the Christmas Parade now, which won't be new. I was involved with it back in 2013 to '16. It's a fantastic parade," Rooney said. "We're already looking for bands. I know Barry is still involved with it and he loves running the parades. So, we'll be looking for bands and getting everybody together because once summer ends, that comes Thanksgiving weekend. That comes quick."

In the long-term, Rooney said he wants to get through the summer and see how things went and then determine what works and what, if needed, could be changed.

"I think there are a few places we can definitely touch into," Rooney said when asked about future plans. "I think Barry and Michelle did a great job of really building the adult recreational leagues. When I was growing up, I don't know how many they had, if they had any. We've got a ton of participants in the adult leagues.

"I think down at the Ryan Boathouse there is more interest than ever now with people getting out there and using the canoes and paddle boarding, so it's something we can look into, do we want to expand it to September? I'm not really sure right there; we can see where the numbers are at.

"And then really for me right now I'm getting through the summer, getting my hands into it, seeing what works, what could be changed if it needs to be changed. I think everything is run great. There is always more any department can do, it just depends on the power of the department, who do we have that can help run these events, because a lot of our seasonal staff – college kids go back to school, they're not around; high school kids play sports, they're not around to help if we're trying to run a program at night. So, it's really who is available and what can we take on as a department."

Five Quincy Residents Graduate Emerson College

Five residents from Quincy recently earned degrees at Emerson College in Boston.

They are:

Juliana Garcia, Bachelor of Arts in media arts production; Christopher Marine, Bachelor of Arts in media arts production; M. Popa, Bachelor of Fine Arts in theatre education; Salwa Shuman, Bachelor of Arts in media arts production; and Lei Zhang, Bachelor of Arts in media arts production.

Scenes From Yesterday

THIS 1930 POSTCARD is a view of the Wollaston business block where the first Howard Johnson's store opened in 1925. The store is on the corner in the center with the large black sign and stripped awnings. This view is from the old Beale Street bridge looking east. The parking area, which was adjacent to the old Wollaston railroad depot, was known as Depot Square. On the left was Ray's Checker Cab. Also here was Michael McGrath's Taxi Service, which began here before 1900 with horse drawn hacks. On the right the other black sign was over a First National grocery store that later moved to a new large building across the street, now the CVS. There was a bowling alley under the old First National. Several other stores extended down to Greenwood Avenue. This large business block was demolished in the late 1960s when the MBTA built a new Wollaston T Station and parking lot here. This postcard was published and sold by the Howard D. Johnson, Co.

From the Tom Galvin Postcard Collection

Narcan Available At Quincy Center Station

By SCOTT JACKSON

MBTA officials plan to make the overdose-reversing drug Narcan available at Quincy Center and four other stations on the Red Line as part of a pilot program.

Sen. John Keenan (D-Quincy) worked with the MBTA to initiate the pilot program, which will be funded through a $95,000 earmark in the state's fiscal year 2024 budget. Keenan said his office had heard from students at Harvard University who looked into the number of overdose calls in and around Red Line stations.

"We had some Harvard students who had heard about the situation, had done some research on it, and approached us with the data showing that there seemed to be a lot of calls relative to overdoses in or around MBTA Red Line stations," Keenan said. "So, we were able to get funding in place for the T to roll out a program where Narcan would be made available at Red Line stations. I believe they're doing five stations – we're optimistic that they will see they can handle it and do more."

"I think 10 percent of overdose calls in Cambridge were to T stations. That's what the data showed," the senator added. "Originally there was talk of just doing it in Cambridge stations, then we thought let's expand it and see how it works. So, we've been working with the T for a while on that."

Keenan said he had not seen the final design for the cabinets that will contain Narcan but said they would be similar to the cabinets used to hold automated external defibrillators (AEDs).

"I haven't seen the final design, but just like you

Cont'd On Page 11

Manet Community Health Events, Open House, Health Fairs During National Health Center Week

Manet Community Health (Manet) is holding a series of events across its service areas to mark National Health Center Week (NHCW) 2024, Aug. 4-10.

NHCW is as annual event, launched by the National Association of Community Health Centers (NACHC), that highlights the essential role Community Health Centers play in improving public health and advancing health equity. Health centers represent the nation's largest primary care network, serving 31.5 million patients nationwide.

This year's NHCW celebration focuses on "Powering Communities Through Caring Connections."

"Our wonderful and knowledgeable staff are eager to share with those who may not be familiar with Manet the wide range of programs and services we offer," says Cynthia Sierra, Manet's chief Executive Officer. "National Health Center Week is an excellent opportunity for prospective patients or job seekers to meet our staff and see our sites. It's also an opportunity to show appreciation to our staff for their work and to thank our legislators for their support and show them the positive impact health centers have on the communities they serve."

An open house was set for Wednesday, Aug. 7 from 1 to 4 p.m. at Manet's Quincy location at 110 West Squantum St., North Quincy.

Fair Foods will be on site from 2 to 3:30 p.m. with fresh produce for $2 a bag.

There will be an open house Friday, Aug. 9 from 9 a.m. to 3:30 p.m. at Manet at Father Bill's, 39 Broad St., Quincy.

Walk-in blood pressure checks, tours or schedule an appointment for care.

Manet also welcomes the public to public to stop in to any of its locations in Attleboro, Hull, Quincy or Taunton to say hello to staff, learn about Manet health center or make an appointment.

Manet - with eight practice locations in Quincy, Hull, Taunton, and Attleboro - is part of a nationwide network of health centers that serve more than 31 million Americans and more than a million Massachusetts residents. With a mission to make high-quality, affordable care available to everyone, regardless of their ability to pay or insurance status, health centers save lives on the front lines of our nation's most pressing public health challenges. They are powered by a workforce of nearly 300,000 dedicated professionals who reach beyond the walls of the exam room to not only prevent illness but also address the social drivers that may cause it -- homelessness, substance use disorders, food insecurity and behavioral health. In the United States, health centers are the health care home to 1 in 5 uninsured people; 1 in 3 people living in poverty; 1 in 7 rural residents; nearly 9 million children and 400,000 veterans.

Founded in 1979, Manet Community Health Center, Inc. is a 501(c)(3) not-for-profit Federally Qualified Health Center (FQHC) dedicated to providing preventive, primary care, same-day, mental health, and substance use services for all. With four practice locations in Quincy, two in Taunton, one each in Attleboro and Hull, and a Community Outreach and Prevention Services office in Quincy, Manet serves patients from across the South Shore and Southeastern Mass.

For more information, visit www.manetchc.org.

Quincy's Yesterdays

This Week
1972
52 Years Ago

Over 1,200 Competing In QB Race Week

The 35th edition of what is now a summer spectacular – Quincy Bay Race Week – got underway Wednesday and will continue through Sunday.

Race Week Association President F. Gordon Davis of Squantum Yacht Club estimated that between 350 and 400 boats and 1,200 to 1,500 sailors will compete each day, making it the second largest event of its kind in the country.

"This includes 160 boats skippered by the youngsters, of the 'inside line," Davis explained.

Racing is held each day from one of the five participating yacht clubs. Wednesday's open races were held from Quincy. Thursday's host will be Town River with the races starting from Wessagussett. Friday the races will also start from the host Wessagussett club, Saturday Squantum will be host and Sunday's host will be Wollaston.

The colorful Marine Parade will be held Sunday at noon with the boats leaving Town River and proceeding from Wessagussett Yacht Club to Quincy along Manet Beach and Wollaston Beach to the Squantum Yacht Club.

Officers of the 1972 Quincy Bay Race Week, Aug. 9-13, are Gordon Davis, president; William DiTocco, treasurer; Wesley Watson, vice president; and Edward Simpson, secretary.

BROWNELL URGES MAYOR TO CONTINUE LEGAL FIGHT AGAINST REVALUATION

Rep. Thomas F. Brownell urged Mayor Walter Hannon to continue "the legal battle against revaluation in the City of Quincy."

In a letter to the mayor, Brownell said 100 percent assessment would "cause grave hardships to our elderly and to middle and fixed income groups. It is my belief that the people do not want revaluation," he said. "Consequently there is no question in my mind that the legal battle should continue."

He said more than 85 percent of voters surveyed last May were against revaluation.

QUINCYISMS

Dr. Edward F. Pierce was welcomed as the new president of Quincy Junior College. Dr. Pierce, the former Dean of Administration at the University of New Hampshire, is the second president in the history of Quincy Junior College. The college's first president **Kenneth P. White** died Nov. 20, 1971. . . Duggan Brothers, 133 Hancock St., advertised a 1970 Chevy Impala Custom Coupe for $2,175 and a 1968 Chevy Chevelle station wagon for $1,575. . . **Beth**, 10, and **Greg Dias**, 12, raised $136 for Muscular Dystrophy at a garage sale at their home on Safford Street, Wollaston. . . . **Mrs. Margaret Phelan**, who has been to the Bahamas five times, will show slides of Nassau and Freeport at the 1000 Southern Artery auditorium. . . Precious rings of platinum on beautiful "Valera" China and graceful stemmed "Weatherly" Crystal by Lenox were available for the bride's registry at Remick's of Quincy. . . **President Martha Bevis** and **Junior Vice President Mary Farmer** of the George F. Bryan Ladies Auxiliary attended the VFW Auxiliary National Convention in Minneapolis. . . A two-bedroom penthouse at The Hemisphere Luxury Condominium Homes, 211 West St., was offered at $36,000. A lower level one bedroom was $22,500. . . **Bruno C. Vignoni** of Hall Place, West Quincy, director of Pharmacy for the 390-bed Carney Hospital, received a plaque for processing five million hospital prescriptions from the Squibb Hospital Division. The lifelong Quincy resident directed Carney's pharmacy since October of 1949. . . The Quincy Ecology Group, in conjunction with Anheuser-Busch Brewing Co., gave away free automobile litter bags and anti-litter bumper stickers. . . An exterior car wash was 99 cents at Econo Car Wash, 495 Southern Artery. . . **Vincent A. Vegnani** received his commission as a Notary Public from state Secretary **John F. X. Davoren**. Vin, an agent for Whalen Real Estate, was confirmed to a seven-year term by **Gov. Sargent**. . . "The War Between Men and Women" starring **Jack Lemmon** and **Barbara Harris** was playing at the Wollaston Theater, Beale Street. All seats $1.00. . . **Midshipman Douglas A. Lane**, son of Mr. and Mrs. Arthur F. Lane of Ellington Road, was on a special eight-week summer training cruise in the Pacific aboard a modern amphibious transport ship of the U.S. First Fleet. . . The dinner menu at Pewter Pot Muffin House, 1418 Hancock St., include choice sirloin steak with vegetable, potato and muffin for $2.95. . . **Dr. Martin J. Dunn** of Quincy was promoted to associate clinical professor of oral surgery at the Boston University School of Graduate Dentistry. . . The Raytheon Company, 465 Centre St., received a $107,372 Defense contract to supply 23,352 electron tubes.

Velocity Dance Company Shines At Elite National Dance Competition

Velocity Dance Company from Quincy showcased their exceptional talent at the Elite National Dance Competition held in Hyannis. Competing against top studios from across the East Coast, Velocity Dance Company emerged triumphant with stellar performances and accolades.

The competition kicked off with a standout performance of the trio Jazz dance "Just a Girl," earning Velocity Dance Company 1st place out of 11 routines in its bracket. Following this success, their small group tap piece "Rock & Roll is King" secured an impressive second place out of 24 routines. Continuing their winning streak, Velocity Dance Company secured second and third place finishes with their large group Jazz routines. All performances received Platinum Awards and garnered special recognitions such as "Can't Take My Eyes Off You" and "Future Stars."

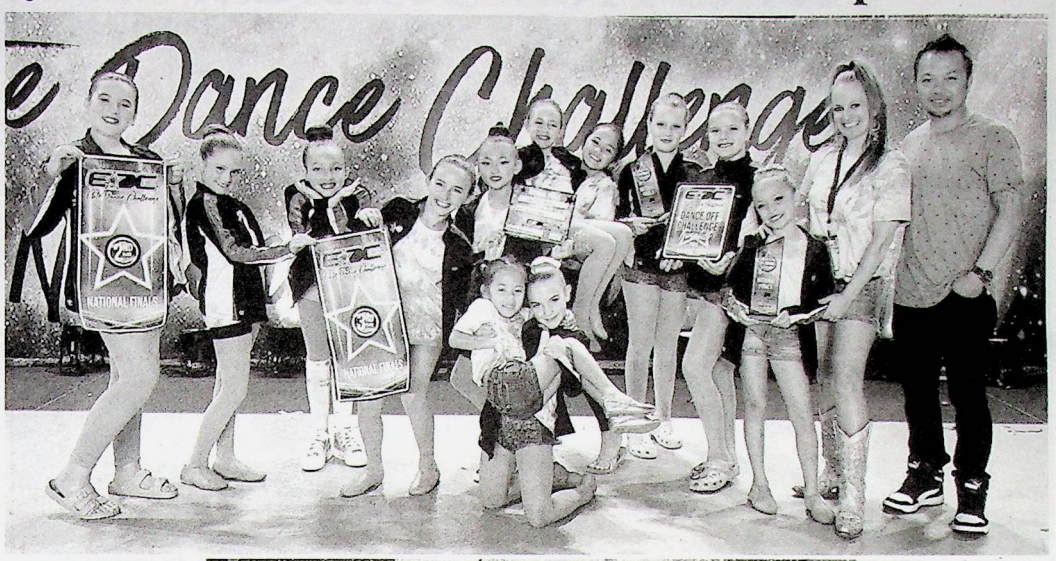
The dedicated team representing Velocity Dance Company included Ella DiMaggio, Gia Famador, Shannon Kelley, Grace Kenny, Morgan Kenny, Julianne McDonagh, Olivia McDonagh, Makenzie Rogers, Matilda Sikora, and Alanna Wong. Co-Owner and Artistic Director, Miss Erica Limoncelli- Famador, was honored with the Outstanding Choreography Award, a testament to the studio's commitment to artistic excellence.

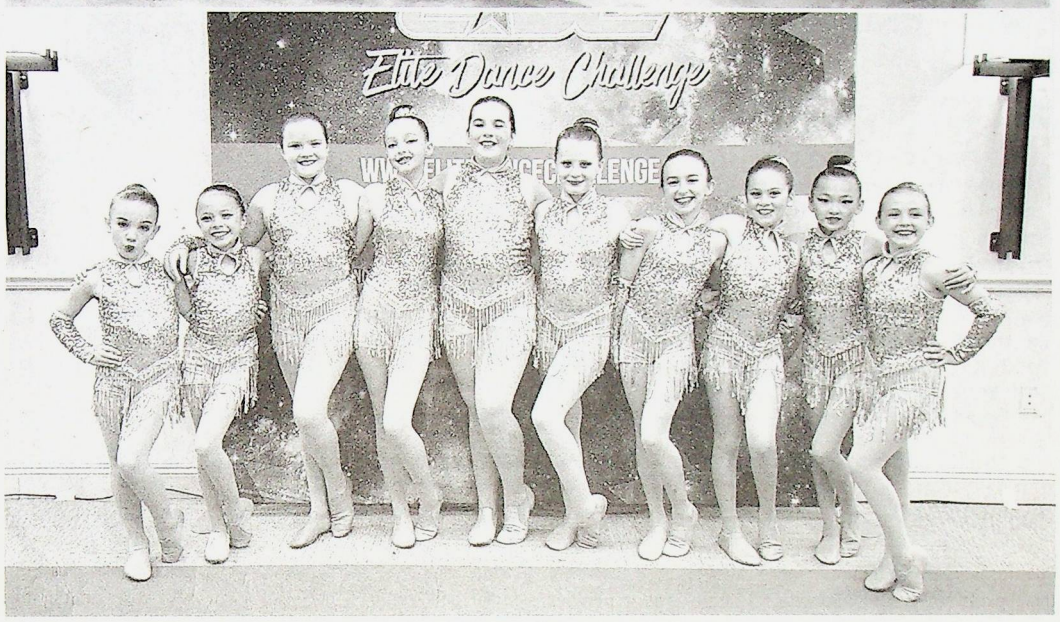
"We are thrilled with our achievements at Nationals," said Erica Limoncelli- Famador. "Receiving the Outstanding Choreography Award validates our dedication to creating exceptional dance routines and makes my studio and students proud."

Vincent Famador, owner and director, expressed pride in his team's accomplishments. "Competing at Nationals was a remarkable experience for our students and families. Not only did we excel against top-tier competition, but we also bonded as a team."

Prior to Nationals, Velocity Dance Company clinched victory at Regionals, securing their spot at the prestigious national event. Additionally, Velocity Dance Company recently performed for R&B Artist Nancia, who sang at First Night Boston and performed the National Anthem for the Boston Red Sox. They also choreographed and danced for a music video with EDM artist Dr. Jaymz; the music video "Happy Days" is set to be released later this week.

For more information about Velocity Dance Company and their dance classes, visit www.velocitydancecompany.com or call (617)733-5793.





Making Corn Husk Dolls Saturday At Dorothy Quincy Homestead

On Saturday, Aug. 10, the Dorothy Quincy Homestead's guest presenter is a representative from the Plimoth Patuxet Museum located in Plymouth. She will be teaching how to make corn husk dolls, from 11 a.m. to 2 p.m.

The history of the corn husk doll dates back to Native American craftsmanship. It is unknown when the practice of making corn husk dolls began among colonial peoples, however, we know that these dolls were made by European settlers and enslaved African Americans.

Making corn husk dolls is interesting and fun to work with because they can be crunched or stretched into a variety of shapes. They can be rolled and tied or curled. They can be left natural or painted or dyed. Native Americans used the husks to weave clothing and as food wraps for cooking. They act as nature's packaging, keeping the corn moist and sweet. Perhaps you have eaten a tamale, a Mexican food steamed in corn husks.

Corn husk dolls do not have faces, and there are a number of traditional explanations for this. One legend is that the Spirit of Corn, one of the Three Sisters, made a doll out of her husks to entertain children. The doll had a beautiful face, and began to spend less time with children and more time contemplating her own loveliness. As a result of her vanity, the doll's face was taken off.

Guided tours of the Homestead are conducted every 30 minutes, on the hour and half hour, from 11 a.m. to 2 p.m. The final tour commences at 1:30 p.m. Cost is $10 per person, donations are welcome. The Dorothy Quincy Homestead is located at 34 Butler Rd.

The Quincy Homestead is owned by the Massachusetts Department of Conservation and Recreation in a partnership with the National Society of Colonial Dames of Massachusetts.

The program is co-sponsored by the Massachusetts Cultural Council and the Quincy Art Council.

Three Quincy Residents Earn Degrees At RWU

Three Quincy residents recently earned degrees at Roger Williams University in Bristol, R.I.

Leila Dumas Hovey graduated with a Master of Business Administration.

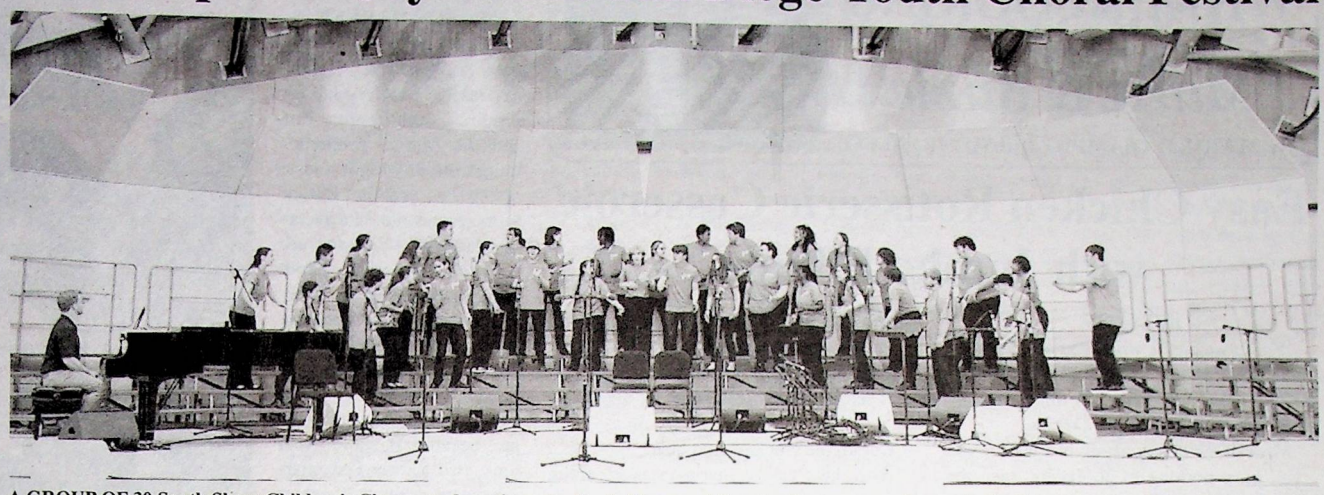
Jared Grier graduated with a M.S. in criminal justice.

Julia Keldsen graduated with a B.A. in anthropology and sociology.

Children's Chorus Spreads Joy At The San Diego Youth Choral Festival

A group of 30 South Shore Children's Chorus students from the South Shore and Greater Boston area who are in the Resonate ensemble brought their amazing voices to San Diego this summer for a six-day tour.

Some of the highlights included a Choral Clinic on the campus of Point Loma Nazarene University - SSCC Founder and Artistic Director, Kirsten Oberoi's alma mater - with PLNU's choir director Dr. Keith Pederson, a Barbershop Workshop with the San Diego Chorus, folk dancing with Omo Ache (Afro Cuban Dance Music), and multiple rehearsals for two public concerts in Balboa Park and at the University of California San Diego's amphitheater. Students even got to perform on stage with the largest pipe organ in the world at the Spreckels Organ Pavilion in Balboa Park, which was one of the many highlights of the tour.



A GROUP OF 30 South Shore Children's Chorus students from the South Shore and Greater Boston area who are in the Resonate ensemble performed in San Diego during a six-day tour this summer. *Courtesy Photo*

SSCC students dove deeper into music and performance techniques while experiencing life on the University of San Diego campus, exploring Balboa Park, La Jolla Beach, the San Diego Zoo, and enjoyed a dinner cruise where they danced and sang the night away with musicians from across the country. SSCC truly brought their mission across the country. As all of the choirs performed their last song together, the conductor reminded the audience that these exact harmonies will never be heard again. For students to have had this unique opportunity through SSCC shows just how much the organization has grown and how beautifully it continues to spread its message of joy through song.

The South Shore Children's Chorus is headquartered in Quincy, and has members representing 37 local towns including Avon, Boston, Braintree, Bridgewater, Brockton, Cohasset, Dedham, Duxbury, E. Bridgewater, Easton, Foxborough, Hanover, Hingham, Marshfield, Milton, Needham, Norton, Norwood, Pembroke, Plainville, Plympton, Quincy, Randolph, Raynham, Rockland, Scituate, Sharon, Walpole, W. Bridgewater, and Weymouth.

For more information contact the SSCC at info@sscchorus.org. SSCC offers choral opportunities for K-12 in four locations - Quincy, Hanover, Sharon and Bridgewater; 17 classes per week for over 170 students. No audition is required and financial assistance is offered if needed.

To learn more about the SSCC, register for classes, or help support the SSCC mission, visit: www.sscchorus.org.

Expand Your Garden Beds Without Chemicals

By MELINDA MYERS

There never seems to be enough room for all the plants you want to grow. If space allows, create new garden beds to expand your planting space and increase the beauty of your landscape.

Start by evaluating your current landscape design and plantings. Perhaps, expanding an existing garden bed or connecting two smaller beds is a better option than creating a whole new garden.

No matter the option selected, start by laying out the planned expansion or new bed. Always start by calling 811 or filing online at https://call811.com/811-In-Your-State at least three business days before you begin digging with any equipment or tool, including hand tools, that disturb the soil. This is a free service that helps protect people from injury and repair costs that may occur if they strike or damage a buried utility line.

To help us all remember, Aug. 11th has been declared 811 Day. If this is old news, please share this important information with others. We want everyone to create beautiful gardens safely.

Begin your project by using a rope or hose to outline the area. Avoid tight corners or creating narrow grass borders that will be difficult to mow or require hand trimming. Adjust your garden layout to avoid underground utilities whenever possible. If not, only use hand tools when digging within 18" of any underground utility.

Once satisfied with the layout, take a soil test to find out how much and what type of fertilizer you will need for the plants you are growing. Testing now means you'll have the information before it's time to fertilize in spring.

Next, edge the bed. Use a shovel to dig a V-shaped trench around the garden's border. Or rent or borrow a power edger to make larger jobs easier.

Once the edging is complete, remove healthy grass with a sod cutter and use it to fill bare spots in the lawn. Otherwise, create a planting berm or add it to the compost pile. Place the green side down and wait for it to decompose.

Another method is to edge the garden, cut the grass as short as possible, and then cover the area with cardboard or several layers of newspaper. Top this with several inches of organic mulch and wait for the grass and cardboard to decompose and plant in the spring. Or for immediate planting, push back the mulch and cut through the cardboard or newspaper.

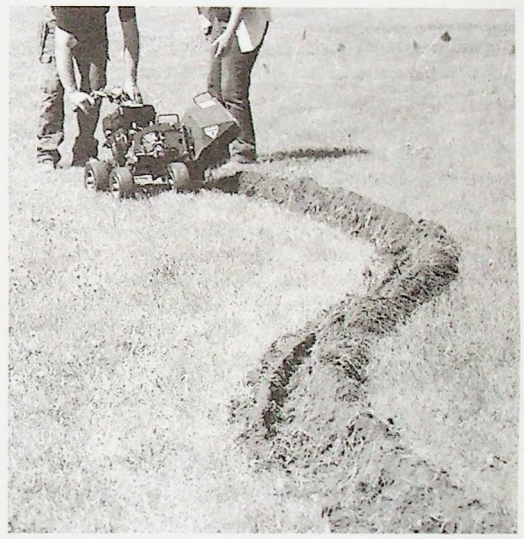
Covering the new planting area with black plastic for at least four to six weeks and clear plastic for four to six of the hottest and sunniest weeks are also effective methods. Both should kill the existing grass and weeds.

If you killed or removed the grass, now is the time to improve the soil if needed. Add two to four inches of organic matter like aged manure or compost to the top 8 to 12 inches of soil. These materials improve the drainage in heavy clay soil and increase the water-holding ability in fast-draining sandy or rocky soils.

After you mix in the organic matter and rake the garden level and smooth, your garden is ready to plant. Or cover the soil with shredded leaves or other organic mulch to suppress weeds and prevent soil erosion for planting next spring.

Whether you plant now or wait for next spring, always select the right plants for the growing conditions. And always call 811 before you dig.

Melinda Myers has written over 20 gardening books, including Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' website is www.MelindaMyers.com.



WHEN CREATING large garden beds, rent a power edger to make the job easier. *Photo courtesy of MelindaMyers.com*

AAA Northeast Summer Travel Tips

AAA Northeast offers guidance for those with trips already booked and those still looking to sneak in a summer getaway.

If you're looking for a last-minute deal on summer travel, AAA Northeast Travel Advisor Wendy Marley says flexibility is key.

"If you can be flexible on your itinerary, midweek rates tend to be much lower than peak weekend days," Marley said. "Check out the last two weeks of August, because many people try to wrap up their vacations by then and prices can be a lot lower compared to the rest of the summer."

Travelers can also save this summer by:

- Bundling flights and hotels for a better package rate.
- Exploring flights at regional airports, such as Rhode Island's T.F. Green International Airport, New Hampshire's Manchester Airport and Connecticut's Bradley International Airport.
- Leveraging rewards like frequent flyer miles, hotel points or credit card points.
- Exploring destinations that are off the beaten path.
- Booking as soon as possible — even with shorter lead times, sooner is better.
- Consider booking cancelable reservations and buying travel insurance to avoid unplanned expenses if something unexpected happens before — or during — a trip.
- Shopping around before filling up their gas tank and filling up before they're on empty and forced to go to the closest gas station that might not offer the best price.

Given the summer travel season overlaps with hurricane season, travel insurance can offer travelers peace of mind that they'll be covered for a range of travel-related emergencies including trip cancellations or interruptions, mandatory evacuations and even hurricane warnings.

For those planning to travel internationally, International Driving Permits (IDP) and up-to-date passports should be top of mind. AAA is the only entity in the U.S. authorized by the U.S. Department of State to issue an IDP, a valid form of identification in 150 countries worldwide. In many countries, passports must be valid at least six months after the expected return date to the U.S. Passport photos

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WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO

Easy Chicken Rotisserie Casserole with Jumbo Elbows

By MARIE

For those nights when you are having a "what's for dinner" night and you need to make dinner in a very short time, you are really going to love today's recipe.

Most of the heavy lifting is done for you - you have nothing to do except open the packages and work a little kitchen magic. This casserole only has a few ingredients, a rotisserie chicken, jumbo elbows, jarred marinara and some cheese and spices.

Directions and Ingredients:

Buy rotisserie chicken, and cut up

Buy a jar of your favorite marinara tomato sauce

1-pound jumbo elbows (prepare according to directions)

½ cup Romano cheese

1 teaspoon fresh parsley

½ teaspoon of basil, fresh or dried

Cut up the chicken, and heat.

Also, heat up the marinara sauce along with the parsley and basil.

Boil the pasta according to directions.

Get those going for the quickest casserole that you ever made.

After the marinara sauce and chicken are all heated, place the cooked elbows and chicken pieces all together in a large bowl.

Then add the heated marinara and mix well.

Top with Romano cheese and serve.

Enjoy!

Walnut Spread

By SUZIE

So, before you read the recipe, here is some information regarding walnuts that you might not know.

Walnuts help reduce "belly fat," help decrease LDL cholesterol (and increase the good kind) increase heart healthy omega 3's in red blood cells, help to reduce inflammation, in human subjects have been shown to reduce the risk of pancreatic cancer, and in rat and mice studies, have been shown to reduce the risk of breast cancer, may help with bone loss and improve overall bone health, and contain high amounts of important minerals (like magnesium) which is found to be lacking significantly in our diets in general.

This is a terrific spread and takes only a few minutes. Great for a summer party or a quick and easy appetizer!

WALNUT SPREAD

1 can garbanzo beans

1 cup chopped walnuts

1 cup basil leaves

1/4 cup extra virgin olive oil

2 Tblsp. lemon juice

sea salt and pepper

1 small clove garlic, minced (or garlic powder, just 1/4 tsp or so)

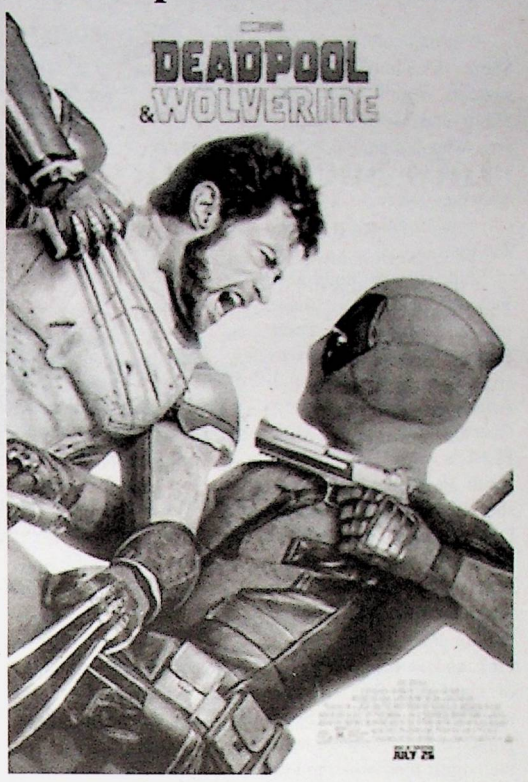
Drain beans and reserve liquid.

In food processor, combine 1/4 cup reserved liquid with all other ingredients. Cover and process. (You may need to add more liquid as you go along to make it nice and smooth).

Serve with raw vegetables, crackers, or spread on your next healthy sandwich . . . whatever you enjoy!

Movie Review: 'Deadpool & Wolverine'

By BOB GARVER



If nothing else, "Deadpool & Wolverine" is Disney taking a victory lap for acquiring 20th Century Fox and the Marvel properties it controlled. We got a taste of this last year in "Doctor Strange and the Multiverse of Madness" when the advertising bragged about bringing in Patrick Stewart's Professor X from the X-Men and then the movie threw in John Krasinski as Reed "Mr. Fantastic" Richards from the Fantastic Four just because it could. This time, two former Fox characters are front and center for a Disney release, and they're bringing some very un-Disneylike mannerisms with them.

Wade "Deadpool" Wilson has fallen into a funk since we last saw him. He was turned down for a job with The Avengers, broke up with his girlfriend Vanessa (Morena Baccarin), and now does a lousy job selling cars. It's hard to believe that a highly-skilled assassin with regenerative superpowers wouldn't be able to get a better job even without The Avengers, but whatever, he's in need of a comeback. He's sought out by Mr. Paradox (Matthew Macfadyen), who runs a clandestine organization dedicated to preserving timelines. Wade's timeline is about to end because of the death of Wolverine (Hugh Jackman) in 2017's "Logan." In fact, Paradox is just a few days away from deleting the timeline himself with a device that will erase the world painlessly.

Wade isn't giving up on preserving his universe, so he kidnaps a Wolverine from another timeline to replace the one that his world is missing. Paradox finds the replacement insufficient and banishes both Deadpool and the new Wolverine to The Void, a desert world reserved for entities that Paradox and his organization want to sweep under the rug. The Void is ruled by Nova (Emma Corrin), the heretofore unknown twin sister of Professor X. She wants to kill the heroes, and they ironically need her help to return to Wade's timeline to stop Paradox.

The bad news is that neither Deadpool nor Wolverine can hope to succeed on their own, or even together for that matter. It doesn't help that the two don't like each other, with this version of Wolverine wanting nothing more than to wallow in self-pity and Deadpool insisting that he put aside his failures and help save a timeline that isn't his own. The good news is that there's help out there in The Void. Remember, multiple-timeline and multiverse rules are in effect here. I will say that there are other versions of Deadpool played by Reynolds and other versions of Wolverine played by Jackman. Are there versions of these characters not played by Reynolds and Jackman? Will anyone else from the "X-Men" universe show up? Maybe some even stranger bedfellows?

The appeal of "Deadpool & Wolverine" lies in its ability to elicit laughter and gasps. The kind of gasps I can talk about here relate to crude humor and creative violence, which tie into the laughter anyway, so really the appeal of this film is its humor. Obviously this movie isn't going to appeal to audiences that want their Marvel movies at the PG-13 level or tamer. But it also isn't going to appeal to people that don't like Deadpool or are sick of Deadpool. It's hard to imagine anybody not falling for the charm that Reynolds and Jackman bring to their characters. It's easier to imagine that people are tired of this schtick after eight years, with all the "shock" and meta-humor and excitement over silly things like ill-fitting pop songs. For me, there was just enough juice left in the tank for me to give this movie a recommendation, but I suggest seeing this movie early while the screenings are still a party, because I don't think this movie is going to age well once the novelty wears off.

Grade: B-

"Deadpool & Wolverine" is rated R for strong bloody violence and language throughout, gore and sexual references. Its running time is 128 minutes.

AAA Northeast Summer Travel Tips

Cont'd From Page 7

are available at any AAA Northeast branch, no appointment required.

Prepping for smooth summer road trips and flights

Drivers headed out for road trips should be aware of the summer heat's impact on their vehicles and prioritize regular maintenance. Summer is the toughest season for batteries, and worn-out tires are more likely to blow out on hot sunny days when road surface temperatures increase. Stop-and-go traffic also taxes cooling systems and shortens the lifespan of engine oil and other fluids.

Families with small children should check their car seats' installation and fit before they hit the road, especially confirming that the seat's positioning aligns with the child's current weight and height. Children should remain rear-facing as long as possible for better protection of their head, neck and spine in the event of a crash. An easy way to check that car seats are installed safely is with the "inch test." Simply grab the seat at the car seat belt path and pull side to side and front to back. If it moves more than one inch in any direction, uninstall and start over until a secure fit is achieved.

Road trippers should prepare for the unexpected with an emergency kit containing first-aid supplies, water, snacks, blankets, jumper cables and flares. Make sure phones are fully charged — and keep a charger in the car — to call AAA or request roadside assistance digitally if your battery dies, you lock yourself out, or you need a tow.

Air travelers should expect crowds across airports this summer. To streamline time at the airport, arrive at least two hours before your flight, reserve parking ahead and use a carry-on rather than checking a bag. Booking early morning flights can also increase travelers' chances of departing on time. AAA Northeast's analysis of U.S. Department of Transportation data found that, at the 30 largest U.S. airports, the percentage of flights departing on time peaked during the 6 a.m. hour and dropped every hour until 7 p.m., which had the worst on-time percentage.

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MountainOne Among Top Charitable Contributors

MountainOne has been named one of the Commonwealth's top corporate charitable contributors by the Boston Business Journal. MountainOne will be honored with a Corporate Citizenship Award in September at the Seaport Hotel in Boston.

The 2024 Top Charitable Contributors in Massachusetts list honors companies that gave $100,000 or more to Massachusetts-based charities in 2023. Collectively, the 96 companies who qualified for the distinction gave more than $362 million in cash contributions.

MountainOne has a history of supporting nonprofit organizations that directly and positively impact the communities it serves. Among the organizations it contributed to in 2023, notable recipients include:

1Berkshire, Berkshire Running Foundation, Community Health Programs (CHP), Friendship Home, Habitat for Humanity of Greater Plymouth, Hillcrest Educational Centers , Lever, Inc., Massachusetts College of Liberal Arts (MCLA), Manet Community Health, Quincy Public Schools, South Shore Health Foundation and The Brien Center.

"It is an honor to be recognized by the Boston Business Journal as one of the Top Corporate Charitable Contributors in Massachusetts," said Robert Fraser, president and CEO of MountainOne. "This acknowledgment reflects our longtime dedication to supporting and enriching our communities. I'd be remiss, however, if I didn't take this opportunity to thank our employees, who personally contributed over 600 volunteer hours in our communities in 2023! Each and every Mountaineer takes great pride in our efforts to make a positive impact, and together we will continue to prioritize community engagement as a core commitment at MountainOne."

Social Security Matters
Ask Rusty – Does Congress Pay Into Social Security?

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I've been told that members of Congress do not have Social Security deducted from their pay; Additionally, that their retirement dollars come from the Social Security Administration purse even if they only serve as a member of Congress for a short number of terms. Also, if this is true, are there other individuals that enjoy these advantages?

Thank you in advance for your service as a Social Security Advisor.

Signed: ***Concerned Senior***

Dear Concerned Senior: I'm afraid this is one of those "urban legend" kind of rumors that just seems to keep popping up, especially when the issues surrounding Social Security's financial problems come up. In addition to being untrue, it often is used to display the public's animosity toward elected officials and the feeling that Congress—and other elected officials—are above the fray, so to speak, and therefore not affected by the implications of Social Security's looming insolvency problem.

Here's the reality. Since January 1, 1984, all members of Congress, the President and Vice President, Federal judges, and most political appointees, are covered under the Social Security program. The rumor that these elected officials do not pay Social Security tax most likely is attributable to the fact that from 1920 to 1983, they were participants in the Civil Service Retirement System – CSRS – the federal retirement plan federal workers used even before the Social Security Act was passed. CSRS provided a pension for federal employees, so they were exempted from contributing to or collecting from the new Social Security program.

In 1987, then, the federal government officially changed over to FERS – the Federal Employee Retirement System – and all employes hired from that point forward are now covered under FERS. There are multiple parts to FERS, and one of them is mandatory FICA contributions. So, all federal employees—including members of Congress—are subject to the 6.2% FICA tax, are eligible for Social Security retirement benefits, and are governed by the multitude of rules and regulations associated with Social Security. But other than standard SS benefits which they may normally be entitled, no Social Security funds are used to supplement Congressional retirement.

In other words, the rumor that Congress didn't pay into Social Security was actually true prior to 1984, but today it is a misstatement of fact. And the federal employee retirement plans (both the prior CSRS plan and the current FERS plan) are totally independent of Social Security and do not negatively affect program solvency.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

Aug. 26 Deadline To Request State Primary Mail-In Ballot

By SCOTT JACKSON

The deadline to request a mail-in ballot for the upcoming state primary election is less than three weeks away.

Voters who wish to cast a ballot by mail in the Sept. 3 primary have until 5 p.m. on Monday, Aug. 26, to apply to do so. Voters can apply for a mail-in ballot by returning the application sent out in July by the Secretary of State's Office or by visiting MailMyBallotMA.com. Voters in Quincy may also request a mail-in ballot by calling the city's election office at 617-376-1144.

City Clerk Nicole Crispo said her office had received 9,693 requests for mail-in ballots as of Monday morning. Her office received 200 completed ballots that morning.

Voters can return their ballots by mail using the provided envelope, which does not require the voter to pay for postage. Quincy voters can also use the ballot drop-box located outside City Hall at 1305 Hancock St. in Quincy Center, or return their ballot in-person to the election office on the second floor of the glass City Hall annex building. Ballots can also be brought to the city's in-person early voting locations while they are open for early voting.

For the primary, ballots must be received by election officials no later than 8 p.m. on Tuesday, Sept. 3, in order to be counted. Ballots received after the deadline, even if postmarked on or before Sept. 3, will not be counted.

In-person early voting ahead of Sept. 3 will take place in the Great Hall on the second floor of the McIntyre Government Center (Historic City Hall) at 1305 Hancock St. Early voting will take place there between 8:30 a.m. and 4:30 p.m. daily from Saturday, Aug. 24, through Friday, Aug. 30.

Residents also have the option of voting absentee. Absentee ballots can be cast in-person at the election office inside City Hall from 8:30 to 4:30 p.m. on weekdays. Absentee balloting ends at 5 p.m. oh Friday, Aug. 30.

On the day of the primary, Tuesday, Sept. 3, polls will be open from 7 a.m. to 8 p.m. The same polling locations used in the March presidential primary will be used in September. Crispo noted the polling place inside South West Middle School – where Precincts 1 and 5 of Ward 4 cast ballots – would be moved to the school's gymnasium based on feedback her office received.

"We heard some concerns that people had about the parking and they didn't really like voting in the front of the school," she said. "We took a look at the back of the school, at the gym. The parking is better out there. Last year it wasn't available because the teachers park there on their professional day, but this year they've made accommodations to park elsewhere, so we're going to go into the gym."

The deadline to register to vote in the primary is 5 p.m. on Saturday, Aug. 24. Voter registration can be done in-person at Quincy City Hall or online at sec.state.ma.us/OVR.

As of July 18, there were 65,606 registered voters in Quincy, including 18,485 Democrats, 4,188 Republicans, 193 Libertarians, and 42,238 unenrolled voters, who are not members of any party. As in past primaries, unenrolled voters can opt to vote in any of the three party primaries.

Crispo anticipates 30 to 35 percent of the city's registered voters – between 19,680 and 22,960 voters in total – will cast ballots by the time polls close on Sept. 3. That estimate is based in part on turnout the past two state primaries; the turnout in Quincy was 15 percent in 2022 and 33 percent in 2020. The latter election included county races with Quincy residents running against each other.

The presence of two Quincy city councillors on the ballot in this year's primary should help drive up turnout, Crispo said.

"I'm sure it will pique people's interest," she said.

The Republican primary features a three-person race to be the party's nominee for US Senate in November. The candidates in that race are Robert Antonellis of Medford, Quincy City Councillor Ian Cain, and John Deaton of Swansea.

On the Democratic ballot, incumbent US Senator Elizabeth Warren of Cambridge is unopposed in the primary.

The Republican primary also features a three-person race for the House seat representing the eighth district, which includes all of Quincy. The candidates in that contest are Robert Burke of Dedham, James Govatsos of Walpole, and Daniel Kelly of Boston.

On the Democratic side, incumbent US Rep. Stephen Lynch of Boston is unopposed in the primary.

The Democratic ballot in Quincy includes contested races for Governor's Council, Norfolk County clerk of courts, and Norfolk County register of deeds. No Republicans are on the ballots for those three seats.

In the race to represent

Cont'd On Page 12

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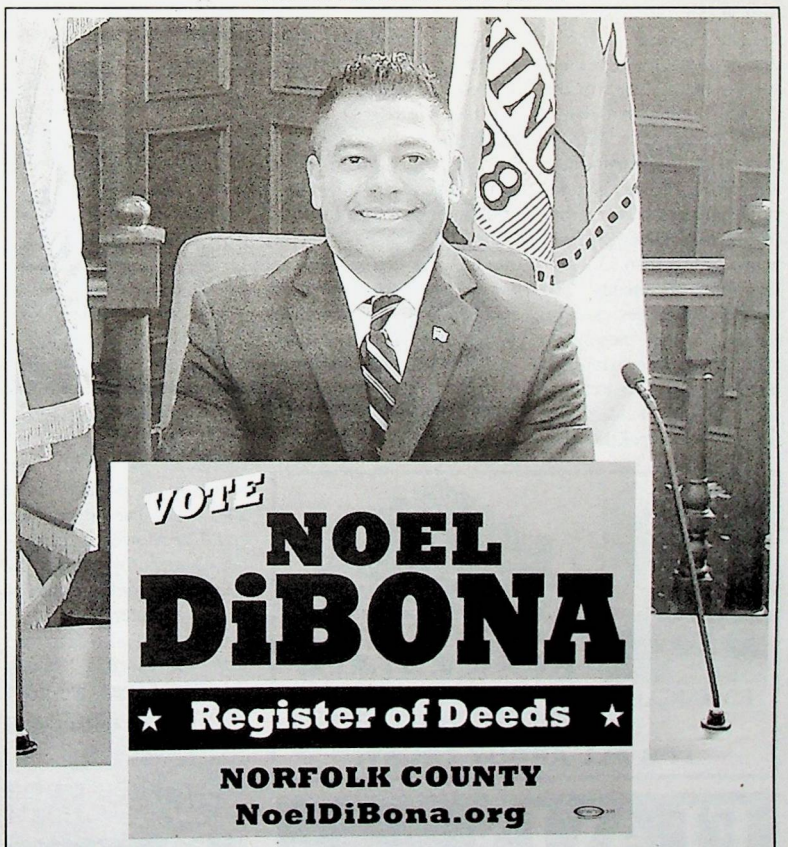

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Real Estate

Quincy Real Estate Transactions July 29 - August 2

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Mary Hagen	PGF Enterprises LLC	$300,000	205 Independence Avenue
Tsui, George & Gordon Lau & Yiyuan Pan	Nam Tran & Thi Nguyen	$619,000	247 Holbrook Road
Simon Lam	Tongyue Liang	$335,000	100 Grand View Avenue
Scott Drohan	Kelsey Lindley & Gregory Macisaac	$575,000	59 Wall Street
Edward & Ellen Fish	Shore Realty Trust	$2,749,000	135 Shore Avenue
Stephen & Roberta Colman	Stella Zhai & Xia Cheng	$400,000	58 South Street
Lisa Pendleton & Brenden McGonagle	Brendan Fitzgerald & Danica Woo	$725,000	30 Hooper Street
Helen Lane & Susan Carr	Minzhen Li	$615,000	71 Hamden Circle
Discipio Realty Trust	Yuzhu Chen	$739,888	180 Marlboro Street
Gina Evans	Richard Ash & Mateus Desouza	$600,000	7 Silver Street
Hui & Chunyang Zheng	Weixiu Deng	$800,000	193 Belmont Street
Carol Paugas & Nancy Muenchow	Mark Tobin	$400,000	17 Babcock Street
Maung Myint & Khin New	350 Hancock LLC	$775,000	12 Hodges Court
Psaros Family Trust	357 Granite LLC	$735,000	357 Granite Street
Ting Zhao & Ting Wang	Yonan Cruz	$575,000	253 Sea Street
Christopher Vaiana & Danielle Vellucci	Catherine Gropp	$757,000	134 Madison Avenue
William McLaughlin & Murdock Avenue Realty Trust	Saveetha Periyasamy & Periyasamy Ayyakannu	$725,000	66 Murdock Avenue
Ren Li & Haizem Liu	Zuowu Xu & Xiangyu Lu	$1,050,000	285 East Squantum Street
Carol Sheehan	Daqing King & Rosa Zhang	$1,038,000	64 Presidents Lane
Suzanne Davidson & Jeffrey Sullivan	Evan Steverman & Jacqueline Dubois	$520,000	63 Independence Avenue
Jill O'Connell & Christopher Roncarati	Linda Zhou	$510,000	155 Kendrick Avenue
Nancy Feldman	Michael Rile & Christine Riley-Farrell	$330,000	77 Adams Street
James & Gloria Comerford	Henry & Renee Ta	$710,000	158 Federal Avenue
William A Donovan Trust	Meici Chen	$350,000	200 Cove Way
Xinting Wang & Xingyin Lou	Michelle Chan & Jonathan Huie	$660,000	999 Hancock Street
Sean Wallace	Laurie Do & Connie & Sarah Tsan	$1,100,000	11 Royal Street
Kerry Brodbeck	Cassidy Riordan	$489,900	72-74-76 Sagamore Street

O'Donnell Speaks At Norfolk-Suffolk Assessors Association Meeting

Norfolk County Register of Deeds William P. O'Donnell appeared as a guest speaker at the annual Norfolk-Suffolk Assessors Association meeting to discuss research, resources and developments at the Norfolk County Registry of Deeds.

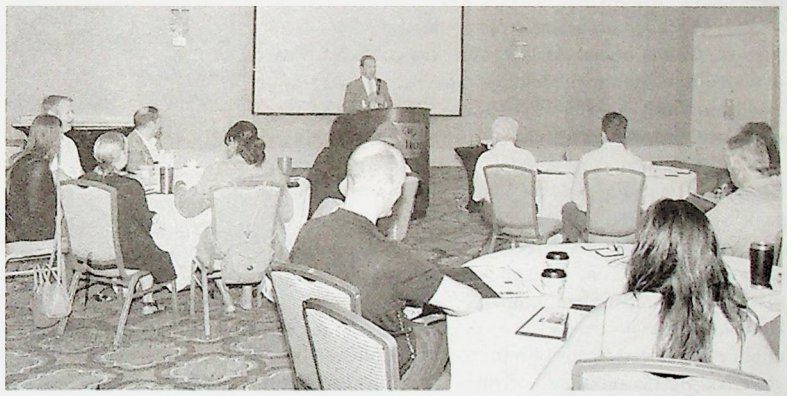
O'Donnell gave an overview of the Registry, which is Norfolk County's principal office for real property records, cataloging and housing more than 13.1 million land documents. The Registry provides secure, accurate, and accessible land record information to homeowners, title examiners, mortgage lenders, assessors, municipalities, and other interested parties.

"The partnership that county registries have with the cities and towns' assessing departments is a critically important one when it comes to sharing data," O'Donnell said. "On a routine basis, usually at the end of the month, registries will provide a host of the latest land related document information to assessing departments such as copies of deeds, death certificates, tax takings, site plans and trust amendments. The assessing department will then use the information to update their files."

O'Donnell also explained how, through the use of cutting-edge technology, the Registry's modernization initiatives have made land document research easier. Including the ability to look up land documents dating back to the first ones recorded in 1793, without the need to travel to the Registry's main office in Dedham through the Registry of Deeds' online internet research system. Assessing departments and the public can access these records through the Registry's website, www.norfolkdeeds.org.

"Today," O'Donnell noted, "our customers, whether it is a Norfolk County resident or a municipal agency, are looking to get their information as quickly and as easily as possible on a 24/7 basis. The information could be viewed in a number of ways: by a tablet, by a cell phone or by a work or home computer."

O'Donnell also described how the Norfolk County Registry of Deeds has made the genealogy research process easier through its "History Comes Alive" transcription program, where all the Registry documents from 1793 to 1900, totaling more than 250,000 land documents written in old cursive, were transcribed into easy-to-read and print documents.



NORFOLK COUNTY Register of Deeds William P. O'Donnell discusses research, resources and developments at the Norfolk County Registry of Deeds durring a presentation at the annual Norfolk-Suffolk Assessors Association meeting. *Courtesy Photo*

"The project represents a special effort by the Registry of Deeds to have an accurate representation of these handwritten documents," O'Donnell said. "Additionally, its mission is to help the public and real estate professionals perform land record research."

The Norfolk-Suffolk Assessors Association, a subsection of the Massachusetts Association of Assessing Officers, is a group of professionals dedicated to providing local communities with accurate and reliable information upon which to manage finances.

"It was my pleasure to speak to the Norfolk-Suffolk County Assessors Association to share some of the enhancements to research developed at the Norfolk County Registry of Deeds. Hopefully, by sharing this information and what we have learned this year at the Registry of Deeds will make our partnership with the assessors an even stronger one," O'Donnell added.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. All land record research information can be found on the Registry's website, www.norfolkdeeds.org. Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101 or email registerodonnell@norfolkdeeds.org.

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Economic Development Bill Stalls, Happy Hour Ban Remains In Effect

By SCOTT JACKSON

Lawmakers on Beacon Hill were unable to come to an agreement on a final version of an economic development bill before time ran out on their formal session. That means the state's ban on happy hour remains in place.

The economic development legislation was among the bills lawmakers did not come to an agreement on before the formal session ended on the morning of Aug. 1.

The Senate and House of Representatives had both previously approved their own versions of an economic development bill, and a conference committee had been meeting to iron out the differences in the legislation.

The Senate version of the bill included an amendment, introduced by Sen. Julian Cyr, a Cape Cod Democrat, which would have ended the state's 40-year-old ban on happy hour. A separate provision in the Senate bill would have helped clear the way for the development of a new soccer stadium for the New England Revolution on land in Everett that is currently designated as a port area. Neither of those items were in the version of the bill approved by the House.

Though lawmakers did not come to an agreement on the economic development bill, those items could still be refiled as standalone legislation and passed before the end of the year. Under the legislature's rules for informal session, however, opposition from a single lawmaker would be enough to block the bill.

Cyr's amendment would have given cities and towns the ability to allow happy hour and other discounts on drinks. Cyr had said repealing the ban on happy hour would benefit the Bay State's restaurants and bars while making the state more appealing to younger adults.

Massachusetts banned happy hour in 1984 to crack down on drunk driving, and a number of other states soon followed suit; some of those states have since repealed their bans. That same year, Congress passed the National Minimum Drinking Age Act, which raised the drinking age to 21 nationwide.

Narcan Available At Quincy Center Station

Cont'd From Page 5

may have a fire extinguisher there or an AED, it will be similar to that, but it won't be 'break the glass to access.' It will be accessible and will be resupplied and restocked by the T," he said.

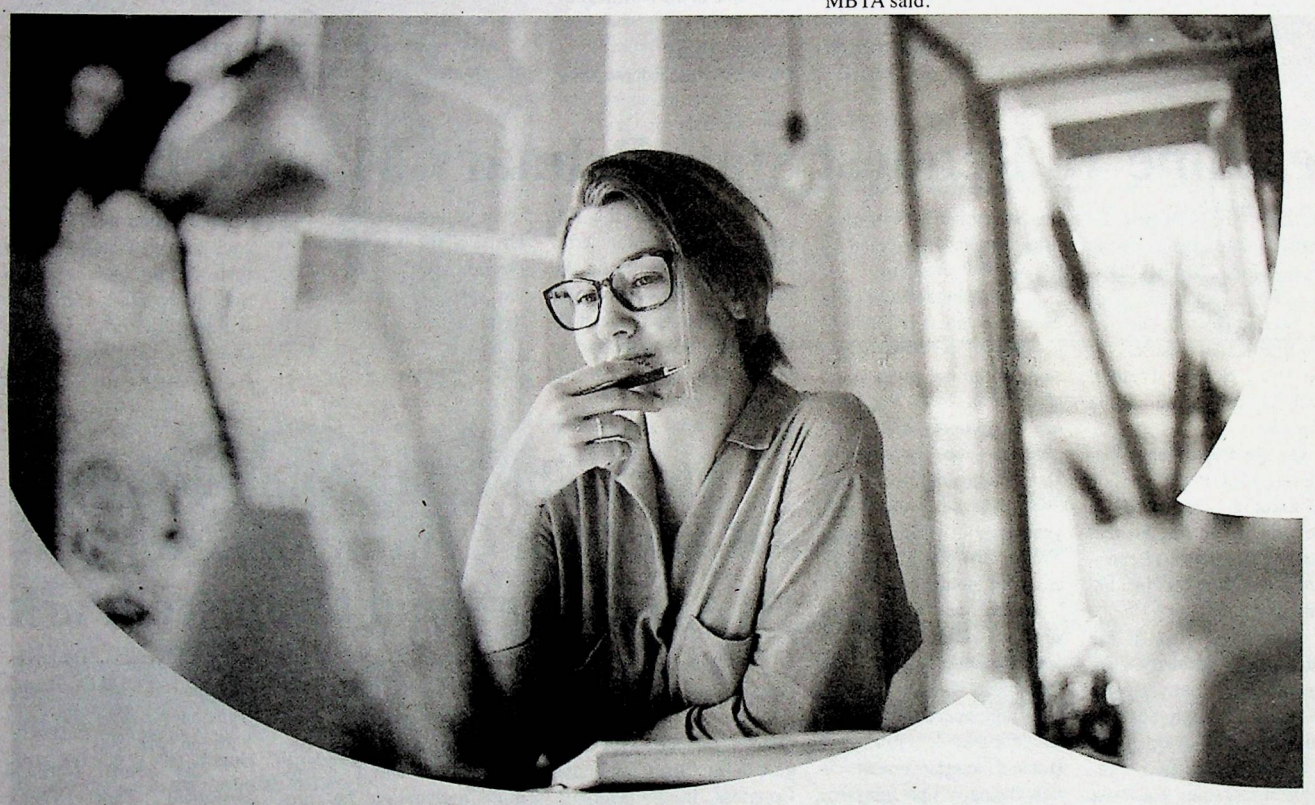
"The idea is that we will put one on each side of the gates so you don't have to be in the station to have access to it but, if you are, it's on the platform area and, if you're outside the station, it's also readily available there."

The purpose of the pilot program is to increase public access to lifesaving medication that can reverse an opioid overdose, taking advantage of the MBTA's centrally located and well-trafficked transit stations along the Red Line, the MBTA said in a press release. Three freestanding and unalarmed cabinets containing two doses of Narcan will be available at each station along with signage in English, Spanish, and Chinese on how to recognize an opioid overdose, how to administer Narcan, and how to contact emergency assistance. The cabinets will be installed in the unpaid and paid lobby areas as well as near or inside publicly accessible station restrooms.

MBTA staff will perform routine checks on the cabinets, record-keeping, and maintenance of the cabinets as needed. As a public access pilot, MBTA staff will not receive specialized training or be expected to administer Narcan. However, local health organizations provide free Naloxone administration training, and overdose education and training. The state provides information about how to access education and training, and how to access Narcan via its Harm Reduction Program Locator. Transit Police Officers also currently carry Naloxone and are trained on how to use it.

The MBTA will share information about the program with community-based organizations within the Red Line service area including local health organizations to increase awareness of the availability of Narcan at Red Line stations and how the public can sign up for free Narcan administration training.

In addition to Quincy Center, Narcan will also be available at Andrew, Ashmont, Harvard and South Station. The remaining Red Line stations will be evaluated for installation at the end of the pilot phase, the MBTA said.



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QUINCY COLLEGE

Children's Activities Aug. 8-14 At Crane Public Library

By JULIE RINES
Children's Coordinator
Thomas Crane Public Library

The following events and activities for children are scheduled Aug. 8-14 at the Thomas Crane Public Library.

Preschool Discovery @ Wollaston

Drop by the Wollaston Library with your preschooler, ages 3-5, any time between 10 and 11 a.m. on Thursday, Aug. 8th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Come in and do some of our favorite science activities from the past year of Preschool Discovery! Did you have fun with magnets? Did you miss out on making constellations? Did you want to try building a new marble run? Try out all these and more!

LEGO Building @ Wollaston

Stop by the Wollaston Branch on Thursday afternoons July 11- Aug. 29 between 2 and 4 p.m. this summer for free-play LEGO building. Grab some LEGO bricks and build a boat, a spaceship, a double-decker couch - anything you want, then toss them back and try to make something else. LEGOs must be returned by the end of the program, sorry!

Parents please note regular LEGO are intended for children ages 5 and older. DUPLO and other building toys will be available for younger children.

Stuffed Animal Sleepover

What adventures will your stuffed animal have in the library after closing? It's time to find out!

Kids of all ages you are invited to bring your stuffed animal friends for our special story time on Thursday, Aug. 8th at 6:30 p.m. Then after you go home we will take pictures of their overnight adventures at the library!

Pick up will be Friday (Aug. 9) or Saturday (Aug. 10) morning from 9-11 a.m. There will be a slide show of pictures and snacks for pick up! Don't worry if you can't make it at this time you can still stop by to pick up your animal any time the library is open and we'll be sharing the animals adventures on social media.

One stuffed animal per child, no extra toys/accessories/blankets.

Reading Olympics Closing All Ages

Who will win the gold? Be sure to record your time by noon on Saturday, Aug. 10th so that your reading time counts toward your team's goal. Our teams are Children, Teens and Adults. Check the library's web page for details on how to record your time.

Join us at 2 p.m. on Saturday, Aug. 10th for the Reading Olympics closing ceremony, where we will announce the winners and play games on the Olmsted lawn.

This program will take place rain or shine, in case of inclement weather we will move indoors.

Tot Lot Storytime Ages 2-5

Children ages 3-5 accompanied by an adult are invited to join Ms. Dorothy on Monday, Aug. 12 at 10 a.m. for a fun outdoor storytime at the Wollaston Beach Tot Lot, located between East Elm Avenue and Sachem Street (next to the Clam Box). Bring your sunscreen and water and we'll bring the books and music!

Cosponsored by the Friends of Wollaston Beach.

In case of rain we will move storytime to the North Quincy Library.

Drop in Crafts @Adams Shore

Children ages 3-8 are invited to stop by the Adams Shore Library on Monday afternoons to do some crafting. Each week we'll have a new craft. For the week of Aug. 12th we will be making telescopes with paper towel tubes.

Can't join us on Mondays? Stop by Adams Shore during our open hours to pick up a craft to take and make at home, while supplies last.

Creativity Café

Kids ages 8-12 are invited to join us on Monday afternoons at the Main Library from 2 to 4 p.m. for our weekly Creativity Cafe! Each week we will have a variety of craft supplies available and a craft prompt to spark your creativity. For the week of August 12th we will have a variety of materials available for you to create whatever you would like.

PJ Storytime at North Quincy

Join us at the North Quincy Branch on Tuesday, Aug. 13th at 6:30 p.m. for an evening pajama storytime for the whole family! Children ages 1-5 will particularly enjoy this storytime, as we'll sing songs, read books, recite rhymes, and more!

Super Awesome Hangout Club

Calling all 18-12 year olds! Come hang out with old friends and make some new ones!

Hangout with us on Aug. 13th in the Children's blue program room from 6:30-7:30 p.m. to create melted crayon art.

Singing Storytime

Children ages 2-6 accompanied by an adult are invited to join Ms. Rebekah at the Main Library on Wednesday Aug. 14th at 11 a.m. to learn about an instrument, sing favorite songs, and learn new songs!

All programs sponsored and supported by the Friends of the Thomas Crane Public Library.

Aug. 26 Deadline To Request State Primary Mail-In Ballot

Cont'd From Page 9

the fourth district on the Governor's Council, incumbent Christopher Ianella Jr. of Boston is facing challenges from Stacey Borden of Boston and Ronald Iacobucci of Quincy.

In the clerk of courts contest, Robert Jubinville and Walter Timilty, both of Milton, are vying for an open seat. Timilty's father, Walter Jr., is the current clerk of courts.

In the register of deeds race, incumbent William O'Donnell of Norwood is facing a challenge from Quincy City Councillor Noel DiBona.

The four members of Quincy's delegation on Beacon Hill, all Democrats, are seeking reelection this fall. They are Sen. John Keenan of the Norfolk-Plymouth District, Rep. Bruce Ayers of the First Norfolk District, Rep. Tackey Chan of the Second Norfolk District, and Rep. Ronald Mariano of the Third Norfolk District. Each is unopposed in the primary.

On the Republican side, Sharon Cintolo of Quincy is running unopposed in the primary in the Second Norfolk District. No Republicans are running for the other three seats.

Also unopposed in the Democratic primary are incumbent county commissioners Joseph Shea of Quincy and Richard Staiti of Canton. There are no Republicans running for those seats in the primary.

The winners of the Sept. 3 primary will advance to the November general election, which is headlined by the race for president.

Turnout in the November general election is likely to surpass 70 percent, Crispo said. In the last presidential election in 2020, the turnout in Quincy was 71.88 percent. Joe Biden, the Democratic nominee, polled 30,615 votes in Quincy four years ago while Donald Trump, the Republican incumbent, polled 14,283.

Biden, who was elected in 2020, withdrew from this year's race on July 21. Vice President Kamala Harris, who announced her candidacy for president following Biden's announcement, is now the party's presumptive nominee. Harris on Tuesday chose Minnesota Gov. Tim Walz as her running mate.

Trump secured the Republican nomination after besting Nikki Haley in the Republican primaries earlier this year. Trump selected JD Vance, an Ohio senator, to be his running mate in this year's election.

Two weeks of in-person early voting will take place ahead of the Nov. 5 general election, starting on Saturday, Oct. 19, and running through Friday, Nov. 1, from 8:30 p.m. to 4:30 p.m. each day. Crispo noted the first weekend of early voting will take place inside Central Middle School at 875 Hancock St. this October rather than North Quincy High School because the latter will be building unavailable that weekend. Early voting will take place at City Hall on the remaining days.

Candidate Messages To Air On QATV

Quincy Access Television (QATV) has announced that its election coverage for the Sept. 3rd Primary Election will feature "Messages From the Candidates" and will be shown on QATV's channels and online.

"Messages From the Candidates" is QATV's longstanding effort to help inform voters about candidates running for office. All candidates, opposed or unopposed, are offered the opportunity to use QATV's facility and produce a 5-minute message to the voters. The messages are then shown on QATV-8, QATV-HD 1072 and online at QATV.org.

"QATV has always tried to provide information to voters, through our candidates messages, candidates interviews, coverage of forums, or information from the City Clerk or Secretary of State on how to vote," said Jonathan Caliri, executive director of QATV. "We believe strongly that every election is important and want to help the voter as best we can," said Caliri.

"Messages From the Candidates" will begin airing Friday, Aug. 16th on QATV-8 and QATV-HD 1072. Messages will also be available online at QATV.org/election.

For more information about QATV's "Messages From the Candidates", visit www.QATV.org or call 617-376-1440.

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Mark The 250th Anniversary Of The First Continental Congress At Adams National Historical Park

Two hundred and fifty years ago this month, John Adams left his home in Quincy, to serve as a delegate to the First Continental Congress in Philadelphia. The public is invited to join the National Park Service at Adams National Historical Park on Saturday and Sunday, Aug. 10 and Aug. 11, to commemorate this important milestone.

Special programming for the 250th anniversary of the First Continental Congress will be held at the Adams Farm at Penn's Hill, located at 141 Franklin St. in Quincy. Ranger talks focused on the role of John Adams in the First Continental Congress will take place outside of the John Adams and John Quincy Adams Birthplaces at the Adams Farm at Penn's Hill on both Saturday and Sunday at 10 a.m., 12 noon, and 2 p.m.

John Adams, portrayed by Michael Lepage, will be on-site at the Adams Farm at Penn's Hill throughout the day on both Saturday and Sunday. Visitors can talk with Adams as he prepares for his journey to Philadelphia and for the First Continental Congress.

These programs are free to the public and do not require registration, but programs are weather-dependent. Public restrooms are not available at the historic homes but are available at the Adams National Historical Park Visitor Center at 1250 Hancock St. in Quincy.

Free, validated parking is available at the Visitor Center through the Presidents Place parking garage at 44 Saville Ave. in Quincy. Limited street parking is available at the Adams Farm at Penn's Hill (the John Adams and John Quincy Adams Birthplaces) and the Old House at Peace field.

The park provides a free trolley to transport visitors on a loop between the Visitor Center, the Adams Farm at Penn's Hill, and the Old House at Peace field. Visitors using the trolley should leave ample time to travel between park sites.

The Adams National Historical Park Visitor Center and historic Adams homes are open Wednesdays through Sundays, May 1 through Oct. 31. Guided and self-guided tours are available. Access to the interior of the historic homes requires an entrance pass. Entrance passes and tour reservations can be acquired in advance online at recreation.gov or on a first-come, first-served basis daily at the Visitor Center. Park grounds are open daily dawn to dusk and are free to visit.

For information regarding tours and programming, call the Visitor Center at 617-770-1175 or visit the park website: www.nps.gov/adam.

Maddie Power On President's List At Vermont State University

Maddie Power of Quincy has been named to the President's List for the spring semester at Vermont State University in Randolph Center, VT.

Dog Warns Hikers Of Venomous Snakes During Blue Hills Hike

A group of hikers from Quincy can thank an alert canine for averting a potential encounter with two venomous snakes in the Blue Hills last week.

Katie Thompson, a kindergarten teacher at Parker Elementary School in Quincy, has been organizing a hiking club for years. On Tuesday, July 30, Katie and her dog Luna met up with fellow "Parker Penguin" hikers, Erin Noonan, Jackie Smith, Julie Wu, Kristine Flynn, Sue Maloney and Elena Boyd O'Brien and her dog Penny.

The hikers and their dogs spent the morning on the red dot trail off of Chickatawbut Road in the Blue Hills Reservation in Milton. As they rambled up and down the hills, two of the hikers, Jackie Smith and Elena Boyd O'Brien were talking about their summer and fell behind the group. Penny, who was happy to be checking out the fauna and foliage, suddenly came beside her owner and stopped with her ears perked up. Her owner looked ahead and saw two snakes both intertwined dancing and slithering at the same time.

"Jackie, look, there are two snakes in our way," said Elena Boyd O'Brien.

The group had come across two Timber Rattlesnakes which are native to Massachusetts and are considered endangered, according to MassWildlife. Their bites are very toxic and the species is considered one of North America's most dangerous snakes, due to its long fangs, impressive size, and high venom yield.

Not sure what to do and not being able to recall from their students' vast knowledge of snakes, the pair decided to not try to skirt around the moving snakes. Penny remained vigilant and willing to go for the snakes, given the command.

Smith then called ahead to the rest of the hikers who were some distance away approaching the top of the hill, and alerted them to the quandary of snakes being in their path.

Hikers Thompson, Noonan, Wu, Maloney, and Flynn came back down the hill and gasped at the sight. Noonan and Maloney began videotaping the scene.

"Those are rattlesnakes," said Thompson, her dog Luna looking on nonplussed.

After various exclamations and short conversations by all of the hikers, the realization the Smith and Boyd O'Brien would not be able to rejoin the group dawned upon them.

Smith and Boyd O'Brien confessed that they had not been paying attention and had no idea how to get back to the starting point. Katie Thompson with her vast knowledge of the Blue Hills was able to instruct them where to go.

When the group joined up again, excited by Penny's find, they agreed that the students at Parker Elementary School will be thrilled once they heard what their teachers encountered during summer vacation.

PHOTO OF TWO Timber Rattlesnakes that hikers from Quincy spotted in the Blue Hills last week.
Photo Courtesy Elena Boyd O'Brien

Wollaston Beach Kids Fest Sunday

The Friends of Wollaston Beach invite the public to Kids' Fest which will be held Sunday, Aug. 11 from 1 to 4 p.m. on Quincy Shore Drive and Wollaston Beach between Beach Street and Davis (south of the Wollaston Yacht Club).

The event will feature games, a bubble barge, a DJ and dancing to a splash pad for cooling off on a hot day. There will also be fingerprint kits and "deputy badges," sunscreen, beach balls, face painting by Tongwood Studio; bubbles, kites and coloring books, a photo booth, sand art, and a water truck.

The family event is free.

The Stone Living Lab's Climate Cart will be at Kids' Fest. Learn about Boston's climate and how global warming is affecting our communities. Explore how erosion affects the coast, design a resilient city, learn about local marine species, and more.

Then, on Monday, Aug. 12, the Friends of Wollaston Beach will partner with the Thomas Crane Public Library for its second Story Time from 10 to 11 a.m. at the Tot Lot, Quincy Shore Drive at East Elm Avenue and Sachem Street. There will be stories, games and lots of fun for kids ages 2-6.

In case of inclement weather, Story Time will be held indoors at the Crane Library's North Quincy branch.

In order to get a sense of what beachgoers would like to see for Wollaston Beach, the Friends of Wollaston beach invites the public to share their thoughts by completing the Friends' Survey.

Visit: https://forms.gle/hVFb1njWDDzLRPXz8.

For more information about Kids' Fest, Story Time or any other Friends of Wollaston Beach upcoming events, visit: friendsofwollaston.com.

To join Friends of Wollaston Beach or become involved, please complete the form below.

FRIENDS OF WOLLASTON BEACH
MEMBERSHIP APPLICATION - $10 PER YEAR
SEND TO MAUREEN MAZRIMAS, TREASURER
49 BAYBERRY ROAD, QUINCY, MA 02171

NAME: _____

ADDRESS: _____

TELEPHONE NO. _____ EMAIL ADDRESS: _____

I LEARNED ABOUT FRIENDS OF WOLLASTON BEACH THROUGH _____
(e.g., Friend, Newsletter, Newspaper, Word of Mouth)

I AM INTERESTED IN ASSISTING WITH THE FOLLOWING ACTIVITIES:

Advertising	☐	Membership	☐	Wellness	☐
Cleanups	☐	Social Media / Website	☐	Other	
Events / Fundraisaing	☐	Water Quality	☐	_____	☐

Learn English. Take College Classes.
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IT Fundamentals+ Certificate Program

Overview:
- Get started in the IT field
- 16 weeks, Mon.-Thurs. 10am- 4pm
- Online classes through Zoom, 6 College credits from Quincy College
- ESOL, job readiness & CompTIA exam prep

Eligibility:
- Advanced English Level
- High School Diploma or equivalent and 16+
- Eligible to work in the US
- Interested in working in the IT field
- Successfully able to pass placement exam

Email or call to register:
sbernstein@qcap.org
857-939-6655

QCAP EDUCATION

FREE English Classes!
English Speakers of Other Languages (ESOL)
Beginner, Low Intermediate, High Intermediate, and Advanced Levels Offered

Classes and Textbooks are FREE

Quincy Community Action Programs, Inc. QCAP Since 1965 Helping People Help Themselves

Classes run September to June
Monday/Wednesday/Thursday 9:00AM - 12:00PM
Monday/Wednesday/Thursday 1:00PM - 4:00PM
Tuesday/Friday 9:30AM to 12:30PM

Contact Information
Email: ESOL@qcap.org
Phone: 617-657-5355

Class Location
1509 Hancock Street
Quincy, MA 02169

On Friday, Aug. 3, at about 7:16 a.m., Officers C. Waterman and S. Harrington were dispatched to Seven Eleven Store at 363 Hancock St. for a shoplifting that had just occurred.

Officer Harrington met with the caller, as well as the victim and provided a description of the suspect who fled southbound on Hancock Street. The suspect stole several items and when the clerk confronted him, he punched the clerk in the face three times.

A short time later, Officer Waterman located a male who fit the description on Hancock Street in the area of Linden Street. The male admitted being at the store but denied stealing any items. The suspect dropped some of the stolen items as he fled, but did still have some stolen merchandise on his person. He was placed under arrest and transported back to police headquarters. He was booked by Sergeant McDermott and charged with unarmed robbery and assault and battery on an elderly person. He was later arraigned at the Quincy District Court House.

A Job Well Done

By OFFICER GREGG HARTNETT
Public Information Officer
Quincy Police Department

We are aware of an increase in shoplifting offenses over the last several months. Measures have been taken to make it more difficult for shoplifting criminals and we are working with the business leaders to reduce these offenses. With the goal of reducing these acts and have less of a disruption to the community.

Job Well Done!

Shoplifting Enforcement Initiative

We have seen an increase in shoplifting calls over the last several months. We want to share information with our business community partners, in an effort to hold suspects accountable, especially repeat offenders.

We will be working with these business community partners closely to strictly enforce shoplifting laws and arrest those suspects responsible.

QUINCY POLICE CRIME AWARENESS JOURNAL

Entries submitted by the Quincy Police Department

FRIDAY, JULY 26

SHOPLIFT, 10:35 a.m., Home Depot, 177 Willard St. One under arrest for shoplifting. Larceny of property over $1,200 and shoplifting by concealing items over $250.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 12:17 p.m., 100 block of Edwards Street. Report filed.

DISORDER (protest), 12:47 p.m., Quincy Center Post Office, 47 Washington St. Peaceful - will monitor the group.

LARCENY/MOTOR VEHICLE (motorcycle), 1:25 p.m., Alrick Road. Report filed.

DISORDER (parking), 2:23 p.m., Airport Road and Baystate Road. Dispute over parking. All advised. Peace restored.

SHOPLIFT (meat and seafood), 5:10 p.m., Stop and Shop Supermarket, 65 Newport Ave. Suspect was gone on arrival. Store got items back. Store to handle.

SHOPLIFT (male/female), 5:14 p.m., Target, 289 Hancock St. Suspect identified, issued a trespass notice by the store and sent on the way. Store recovered merchandise.

DISORDER (past disorder), 11:54 p.m., Burger King, 62 Granite St. All advised and sent on way.

DISORDER (five people fighting), 11:57 p.m., Cottage Avenue. Peace restored and sent on way. Officers to clear.

SATURDAY, JULY 27

DISORDER, 1:17 p.m., Waterclub, 319 Victory Rd. Peace restored all involved sent on way by detail officer.

DISORDER (yelling loudly), 5:38 a.m., Division Street. All involved advised to keep the noise down.

DISORDER (two males), 8:18 a.m., McGinns Service Station, 627 Newport Ave. Peace restored.

LARCENY (electric scooter), 9:48 a.m., 1100 block of Sea Street. Report filed.

SHOPLIFT (male shoplifter), 2:20 p.m., Target, 289 Hancock St. Suspect issued a trespass notice, items recovered by the store. Suspect sent on the way and advised.

SHOPLIFT (male party), 5:15 p.m., Target, 289 Hancock St. One under arrest for shoplifting and malicious damage to property. Report to be filed.

ASSAULT AND BATTERY (fight), 11:13 p.m., 30 block of Pond Street. One under arrest for assault and battery. Report filed.

SUNDAY, JULY 28

BREAKING AND ENTERING/PAST, 10:59 a.m., 60 block of Russell Street. Report to be filed.

DISORDER (arguing with employee), 1:12 p.m., Morgan Memorial Goodwill, 625 Southern Artery. Peace restored.

MONDAY, JULY 29

BREAKING AND ENTERING/PAST (garage broken into), 8:19 a.m., low numbers of Ruggles Street. Report filed.

LARCENY/MOTOR VEHICLE (scooter stolen), 12:18 p.m., 40 block of Woodbine Street. Report filed.

LARCENY/MOTOR VEHICLE (scooter), 2:50 p.m., Turner Street. Report to be filed.

SHOPLIFT (holding one male), 3:27 p.m., Walmart, 301 Falls Blvd. Criminal complaint and report to be filed. Trespass notice issued by store.

BREAKING AND ENTERING/PAST (dwelling), 7:21 p.m., 50 block of Doane Street. Report to be filed.

ASSAULT DANGEROUS WEAPON (verbal argument), 9:25 p.m., Seven Eleven Store, 230 Washington St. One suspect summonsed for assault by means dangerous weapon to wit knife. Report to be filed.

BREAKING AND ENTERING/PAST (possible), 10:46 p.m., 40 block of Holbrook Road. Report to be filed.

SHOPLIFT (past), 10:57 p.m., Walgreen Pharmacy, 418 Quincy Ave. Merchandise returned to the store and all advised and sent on way.

TUESDAY, JULY 30

BREAKING AND ENTERING/PROGRESS (business/phone alarm), 1:50 a.m., Enterprise Rent A Car, 500 Adams St. One arrest and to be charged with breaking and entering night to building, larceny and possession of burglarious tools. Report filed.

LARCENY (two iPhones stolen). 8:26 a.m., 40 block of Appleton Street. Report to be filed.

DISORDER (with taxi driver), 12:13 p.m., 55 Winter St. Peace restored, dispute over payment.

SHOPLIFT (fled), 6:11 p.m., CVS Pharmacy/24 Hour, 42 Beale St. Loss Prevention provided case number. Report to be filed.

SHOPLIFT (female/male), 6:47 p.m., Target, 289 Hancock St. Two suspects issued trespass notice and were sent on the way. Store to handle.

SHOPLIFT (in parking lot), 8:16 p.m., Stop and Shop Supermarket, 65 Newport Ave. Trespass notice issued and report to be filed.

SHOPLIFT (just happened), 10:18 p.m., Speedway, 238 Hancock St. Employee unsure of exactly what was taken. Officers checked area, no one located. Attendant to handle.

WEDNESDAY, JULY 31

SHOPLIFT (just fled), 8:11 a.m., Walgreen Pharmacy, 330 Hancock St. Unable to locate the suspect. Store to handle.

SHOPLIFT (male/no ID), 11:59 a.m., Home Depot, 177 Willard St. Suspect issued a trespass notice and was sent on the way.

BREAKING AND ENTERING/ATTEMPT (possible), 1:45 p.m., 280 block of Billings Road. Report to be filed.

VANDALISM/PROPERTY (keyed car), 6:16 p.m., 1200 Crown Colony Dr. No suspect info. Victim to file a report online.

SHOPLIFT (male), 6:39 p.m., CVS Pharmacy/24 Hour, 42 Beale St. Case number provided. Suspect fled the area. Units continued patrolling the area.

DISORDER (fight), 7:12 p.m., 20 block of Avalon Avenue. Peace restored. All advised and sent on the way.

DISORDER (group of adults), 8:55 p.m., Adams Field, 1 Merrymount Parkway. Large fight in the stands at Adams Field, approximately 60 people. One under arrest for disorderly conduct, resisting arrest and assault. Report to be filed.

DISORDER (customer), 10:31 p.m., Dominos Pizza, 223 Quincy Ave. Female and male customer arguing. Peace restored. All sent on the way.

THURSDAY, AUG. 1

LARCENY/MOTOR VEHICLE PARTS (past), 6:31 a.m., 40 block of Commonwealth Avenue. Victim was given a case number and will stand by to wait for the tow. Report filed.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 7:19 a.m., 1071 Southern Artery. Victim to file a report online.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 9:26 a.m., 1015 Southern Artery. Report to be filed.

SHOPLIFT (watching one), 10:16 a.m., CVS Pharmacy/24 Hour, 42 Beale St. Suspect fled the area. Store to handle.

DISORDER (past), 10:38 a.m., 30 block of Pond Street. Criminal complaints filed against both involved persons. Report filed.

LARCENY (medications), 10:42 a.m., 400 East Squantum St. Report to be filed.

DISORDER (two males), 10:54 a.m., Walmart, 301 Falls Blvd. One under arrest for larceny from a person. Report to be filed.

VANDALISM/PROPERTY (past/windows smashed), 12:14 p.m., Citizens Bank, 1200 Hancock St. Case number provided. Report filed.

LARCENY (stolen debit card), 1:57 p.m., 360 block of Centre Street. Report to be filed.

DISORDER (past), 3:01 p.m., Lakeside Avenue. Road rage incident that happened in the past. Ongoing neighbor issues.

LARCENY (iPhone/money), 3:30 p.m., Bank of America, 440 Hancock St. Victim will file a report online.

BREAKING AND ENTERING/PROGRESS (pounding door), 3:32 p.m., 20 block of Lawn Avenue. One under arrest for breaking and entering daytime for a felony. Report to be filed.

DISORDER (outside), 5:37 p.m., 180 block of Beach Street. Road rage. Report to be filed.

VANDALISM/PROPERTY (broken car window), 5:57 p.m., 50 block of Wendell Avenue. No suspect info. Reporting party advised and provided a case number.

SHOPLIFT (watching one), 6:27 p.m.. Stop and Shop Supermarket, 65 Newport Ave. Report to be filed. Trespass notice issued by the store.

LARCENY (iPhone 14), 6:41 p.m., Star Market, 130 Granite St. Case number given.

BREAKING AND ENTERING/MOTOR VEHICLE (investigation), 7:10 p.m., Edison Park and Washington Street. One under arrest for breaking and entering into a depository. Small amount of drugs recovered for destruction. Report to be filed.

SHOPLIFT (two females), 7:11 p.m., Walmart, 301 Falls Blvd. Suspects summonsed to court and report was filed.

BBB Scam Alert: 7 Scams For College Students To Avoid

College students must spend money on tuition payments and school supplies to prepare for the new year. However, scammers are taking this opportunity to try to steal some of that money through various schemes and scams.

One tactic used to get student's personal information is a phishing email that claims to be from the school's "Financial Department." Messages via text or email may appear, instructing the student to click on a link provided in the email and log in with a student username and password. Don't do it; doing so could give the user name, password, or other personal information to scammers while possibly downloading malware onto the device.

Whether you are starting school away from home or have young students who may be vulnerable to such scams, BBB recommends watching out for these financial scams before heading into the new semester.

• **Fake credit cards** - Offers to apply for the first credit card are tempting to many students. Not only could this create credit problems down the road due to unchecked spending, but some deals could be phony offers designed to access personal information. Research the offers from the credit card flyers and the banking institutions before applying. Review the BBB tip on credit card scams.

• **Too good to be true apartments** - It's hard not to jump on a convenient apartment so close to campus, especially if it advertises affordable rent. It's tempting to hand over credit card information online to lock in a great spot, but it's

Cont'd On Page 24

NINE ENDANGERED and threatened sea turtles are back in ocean waters off Cape Cod after fully recovering from their life-threatening injuries. The turtles were released after undergoing rehabilitative care at the New England Aquarium's Sea Turtle Hospital in Quincy.

Photos Courtesy New England Aquarium

Rehabilitated Sea Turtles Released Into Ocean Waters Off Cape Cod

After months undergoing rehabilitative care at the New England Aquarium, nine endangered and threatened sea turtles are back in ocean waters off Cape Cod after fully recovering from their life-threatening injuries.

Loggerhead, green, and Kemp's ridley sea turtles are all threatened or endangered species, facing threats including fisheries interactions, climate change, ocean pollution, and degradation of their habitats. Rescue and rehabilitation efforts help to conserve this species.

Aquarium staff, volunteers, and interns have a tradition of naming the turtles receiving long-term care. The recently released turtles are:

"Zinnia" (#269, Green) – Stranded on Nov. 29, 2023

"Birds of Paradise" (#761, Loggerhead) – Stranded on Jan. 6, 2024

"Shooting Star" (#601, Kemp's Ridley) – Stranded on Dec. 12, 2023

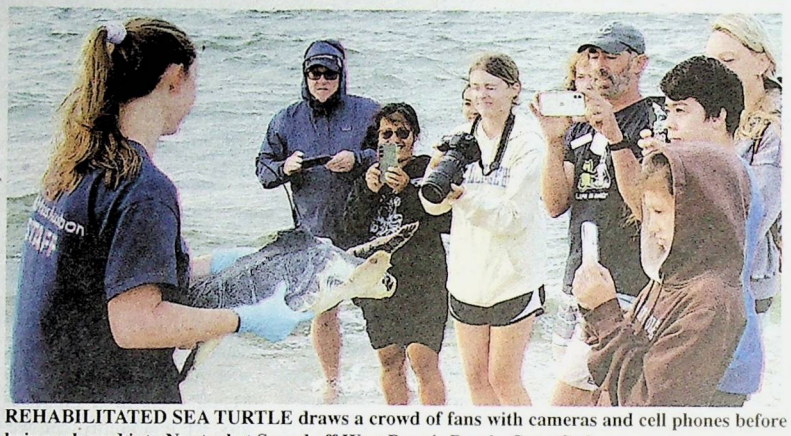
"Pansy" (#701, Kemp's Ridley) – Stranded on Dec. 21, 2023

"Candytuft" (#129, Kemp's Ridely) – Stranded on Nov. 20, 2023

"Poppy" (#468, Kemp's Ridley) – Stranded on Dec. 10, 2023

"Sweet Everlasting" (#659, Kemp's Ridley) – Stranded on Dec. 11, 2023

"Honeysuckle" (#659, Kemp's Ridley) – Stranded on Dec. 14, 2023



REHABILITATED SEA TURTLE draws a crowd of fans with cameras and cell phones before being released into Nantucket Sound off West Dennis Beach, Cape Cod.

"Artichoke" (#748, Loggerhead) – Stranded on Jan. 5, 2024

The turtles spent several months at the Aquarium's Sea Turtle Hospital in Quincy, undergoing treatment for hypothermia-related conditions including pneumonia, dehydration, and emaciation, all results of being unable to regulate their body temperature in the cold waters of Cape Cod Bay last fall and winter. After physical examinations, staff veterinarians cleared the sea turtles to return to Nantucket Sound off West Dennis Beach.

Scientists from the Aquarium's research arm, the Anderson Cabot Center for Ocean Life, work with the Animal Care team to tag some of the turtles for post-release monitoring. The tags collect information about the turtles' behavior, habitat-use, and survivorship which helps inform sea turtle conservation and protection efforts, especially in New England where little is known about these species. This season, the team is using a combination of acoustic and satellite tags for real-time data and long-term tracking; some of the turtles can be followed on the Aquarium's Sea Turtle Tracker page. This work is permitted by the U.S. Fish and Wildlife Service.

"As we complete our fourth release of the season, it's a great reminder of why we do this work," said Linda Lory, Rescue and Rehabilitation Manager at the Aquarium. "Having spent months with these animals, it is the outcome we all hope for – seeing them return to the waters off the Cape."

During the 2023 cold-stunning season, the Aquarium treated 394 live sea turtles that were rescued from the shores of Cape Cod in November and December by staff and volunteers with Mass Audubon's Wellfleet Bay Wildlife Sanctuary. Getting these turtles back to health requires a collaborative effort between biologists, veterinarians and researchers, all of whom work tirelessly with the turtles during the rehabilitation effort and continues for some, even after their release.

In addition to Mass Audubon's Wellfleet Bay Wildlife Sanctuary, the Aquarium works closely with the National Oceanic and Atmospheric Administration's (NOAA) Fisheries Service and the nonprofit organization Turtles Fly Too to save the sea turtles, many of which are transferred to partner organizations across the country to continue rehabilitation to clear up space in the Sea Turtle Hospital to allow for care of additional incoming stranded turtles.

Free Jacks Repeat As Major League Rugby Champs

The New England Free Jacks made history on Sunday by securing their second consecutive Major League Rugby (MLR) Championship with a hard-fought, 20-11, victory over the Seattle Seawolves in the MLR title game at Snapdragon Stadium in San Diego.

With the win, the Free Jacks join Seattle as the only clubs to win two MLR Shields and go back-to-back.

The game started with high intensity, and the Free Jacks quickly capitalized on an early opportunity. In the sixth minute, Seta Baker intercepted a Seawolves offload, shifting the Free Jacks from defense to a promising attack deep in Seattle's half. A penalty was awarded shortly after, and fly-half Jayson Potroz elected to kick for points. Potroz's boot put the Free Jacks on the scoreboard at 3-0.

The Free Jacks extended their lead in the 14th minute with a spectacular try by Le Roux Malan who dived at the try line and dotted the ball down just inside the touch line after a well-executed set piece line out. The conversion attempt was unsuccessful, but the Free Jacks led 8-0 early on.

While the Free Jacks dominated the run of play over the first 20 minutes with 60 percent of the possession, Seattle fought back, gaining a penalty in the 25th minute. Seawolves fly-half Mack Mason successfully slotted the kick, narrowing the gap to 8-3. The Free Jacks quickly responded with another penalty kick from Jayson Potroz in the 28th minute, pushing their lead back to eight at 11-3.

The Seawolves found their breakthrough in the 31st minute when Seattle's Joe Taufete'e scored a try in the corner. Despite the missed conversion, the score tightened to 11-8.

With a minute left until halftime, the Free Jacks were awarded another penalty kick upping the lead to 14-8.

Coming out of the break, the Free Jacks sat just 40 minutes away from their second title. The first 10 minutes of the final half saw Potroz and Mason trade successful penalty kicks.

NEW ENGLAND Free Jacks on Sunday won their second consecutive Major League Rugby Championship, besting the Seattle Seawolves, 20-11. Here, New England's Le Roux Malan scores the first try of the match in the 14th minute.

Photo Courtesy New England Free Jacks

With the Free Jacks leading 17-11, Seattle's Tavite Lopeti received a yellow card for a dangerous high tackle on Malan to give the Free Jacks a man advantage for 10 minutes. Following the penalty, Potroz converted the penalty kick for the final score of the match and a 20-11 lead.

Throughout the remainder of the half, the Free Jacks and Seattle went back and forth, showing strength and resilience from every player. The Free Jacks defense persisted with multiple tackles inside the five meter line. Standouts in the run of play were Jed Melvin, Ethan Fryer and Andrew Quattrin.

"From the start, I've learned that the Free Jacks are more than just a rugby team," said Melvin, who was named Player of the Match. "We're a community, we're a family, and we look out for each other. The brotherhood of this team is incredible, and now we did it back to back, so it is all pretty special."

The Free Jacks, who play their home matches at Veterans' Memorial Stadium in Quincy, entered the playoffs as the top seed in the Eastern Conference with a record of 11-5. The team bested Old Glory DC in the conference semi-finals and the Chicago Hounds in the conference finals en route to the championship match.

A SWINGING CHRISTMAS

With KLEA BLACKHURST, JIM CARUSO and BILLY STRITCH

SATURDAY, DECEMBER 7, 2024 at 8:00 PM
CHURCH OF PRESIDENTS, 1306 HANCOCK ST, QUINCY, MA 02169
DOORS OPEN AT 7:30 PM

Christmas in July SALE

TICKETS
$45.00 FIRST COME, FIRST SERVED SEATING WITH DOORS OPENING AT 7:30
$55.00 RESERVED SEATS
$65.00 RESERVED SEATING WITH A TICKET TO THE "MEET & GREET" EVENT AFTER THE CONCERT

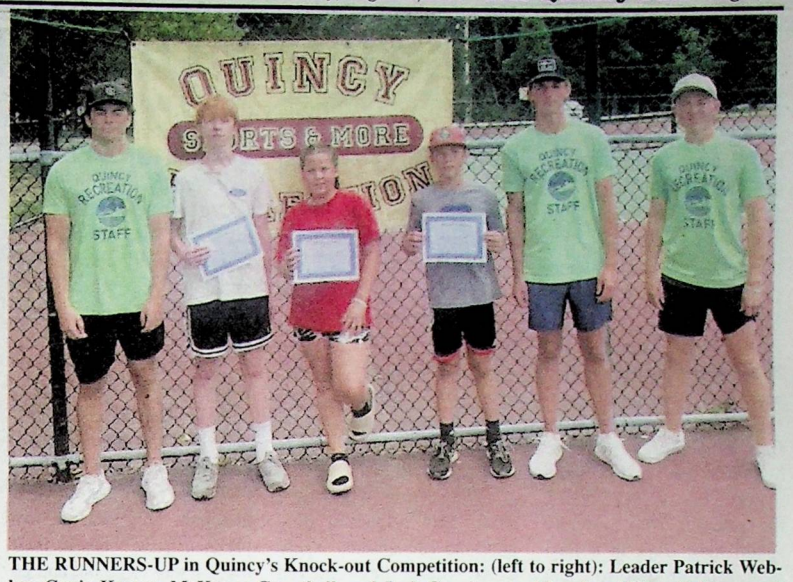
Visit JM Productions at brushfire.com/jmproductions for more details about this show and for upcoming shows.

ABSENTEE VOTING
MASSACHUSETTS
STATE PRIMARY
TUESDAY, SEPT. 3, 2024

Absentee ballots are available for the 2024 State Primary.

Quincy voters may vote in person at City Hall Monday through Friday from 8:30 a.m. to 4:30 p.m. until
FRIDAY, AUGUST 30, 2024 at 5:00 PM.

THE WINNERS in Quincy Recreation's Knock-out Competition (left to right): Recreation Leader Ronan Brown, Logan Mann, Eric He, and Owen Bacchieri, and Recreation Leader Mikey Galligan.



THE RUNNERS-UP in Quincy's Knock-out Competition: (left to right): Leader Patrick Webber, Gavin Kearns, McKenna Campbell, and Jack Grazioso, and Leaders Mikey Galligan and Kameron Enos.

Courtesy Photos

Quincy Recreation Citywide Knock-Out Tournament

Quincy Recreation recently held its first event of the year, the annual Citywide Knock-Out Competition at the Fenno Street courts.

Roughly 70 participants from the city's three districts and 14 playgrounds attended this event. Knock-Out is a basketball competition where the youngsters try to accurately and quickly shoot a basketball from the free throw line.

There were three divisions for girls and boys, Youth (8-10), Junior (11-12) and Senior (13-16).

The Youth winner, Eric He of Beechwood Knoll Park showed he knew how to shoot a basketball. Coming in a close second place, runner-up McKenna Campbell of Parker Playground showed her intelligence on the court.

The Junior Division had a great turn out having the largest group. Winner Gavin Kearns of Beechwood Knoll Playground was focused and made his shots in the crunch. Runner-up Owen Bacchieri of Perkins Playground was a smart player and knew how fast a shot needed to be taken.

The Senior winner, Logan Mann of Perkins Playground, showed steadfast determination. The runner-up, Jack Grazioso, also from Perkins Playground, made Mann earn every basket.

Free Concert Aug. 17 Features Music From 80s & 90s

The public is invited to the City of Quincy's August concert celebrating the Music of the 80s & 90s. The event will be held on the Hancock-Adams Common, 1305 Hancock St. on Saturday, Aug. 17th from 3 to 8 p.m.

The event is free to the public.

The line-up of performances includes 80s cover band, Cover Story Entertainment, at 3 p.m. and Beacon Street Band, playing well-known 90s music, at 5:30 p.m. followed by a one-woman tribute show to superstar Whitney Houston at 7 p.m. with national recording artist and NBC's The Voice Season 3 Finalist Michelle Brooks-Thompson.

"It's wonderful to see so many people coming out for the shows each month to enjoy an afternoon of music from talented performers and family fun on the Hancock-Adams Common," said Mayor Thomas Koch.

Classic cars and models dressed up in fashion from the 80s and 90s, as well as stilt walkers and jugglers, will be on the Common, along with lawn games. Seating will be available or bring your lawn chairs. Food trucks including KC's Curbside, Donut NV, Gonzales and Ellie's Treats, are scheduled to be on-site with food and drink for purchase.

VOTE BY MAIL
IN THE SEPT. 3, 2024
MASSACHUSETTS
STATE PRIMARY

You may apply for a ballot by mail online at www.MailMyBallotMA.com

Applications may also be requested by calling the Quincy Election Office at 617-376-1144.

TO RECEIVE A BALLOT BY MAIL FOR THE 2024 STATE PRIMARY, APPLICATIONS MUST BE RECEIVED BY THE ELECTION DEPARTMENT BY **5:00PM ON MONDAY, AUG. 26, 2024.**

MASSACHUSETTS
STATE PRIMARY

Tuesday, Sept. 3, 2024

Last Day To Register To Vote
Saturday, August 24, 2024

Voter Registration Can Be Done at City Hall
1305 Hancock St.
8:30 AM - 5:00 PM or
at www.sec.state.ma.us/OVR

Board of Registrars
Nicole Crispo, City Clerk
Bonnie C. Marcel
John Carl Swanson
John P. Dumas

Veterans Enjoy A Day Of Fishing On Quincy Bay

By TOM GORMAN

A summer tradition was renewed July 24 when more than 100 disabled veterans enjoyed a day of relaxation and fishing on Quincy Bay during Harvey's Saltwater Fishing Club's annual outing.

About a dozen lobster boats were transformed into passenger vessels transporting groups of veterans from four Boston-area veterans' hospitals out to the open waters. For a few hours, the veterans who typically spend their days in a hospital, relaxed, tried to catch some flounder, and chatted with fellow veterans.

"Some are bedbound, some can walk," said Dan Morell, one of lobster boat captains who has been taking the veterans out for 45 years. He explained that he and his brothers, also lobstermen, decided to use their boats to take the veterans out.

"It started with one hospital, West Roxbury (veterans hospital) and snowballed from there, which is great," he said.

The veterans were bused from their respectful hospitals to the Quincy Yacht Club where they enjoyed snacks and a beverage before loading onto the boats.

Paul Urbanus is one of the original lobster boat captains with Harvey's Saltwater Fishing Club who began taking the veterans out. He explained the fishing trip was started by Jerry Lyons about 60 years ago who owned a boat rental near the yacht club.

"We started with just two boats, and it kept growing and growing over the years," he said. "The vets really enjoy getting out. Sometimes they don't get out of their hospitals only one or two times a year. This is their biggest day to go out and go fishing. It's heartwarming to

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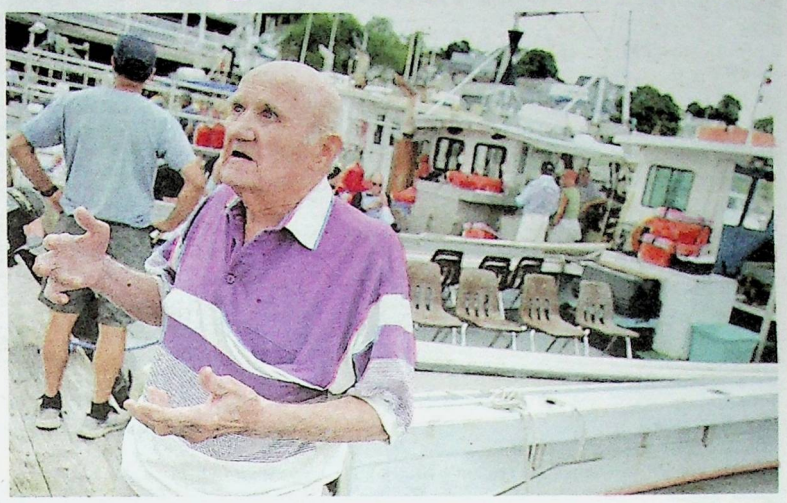
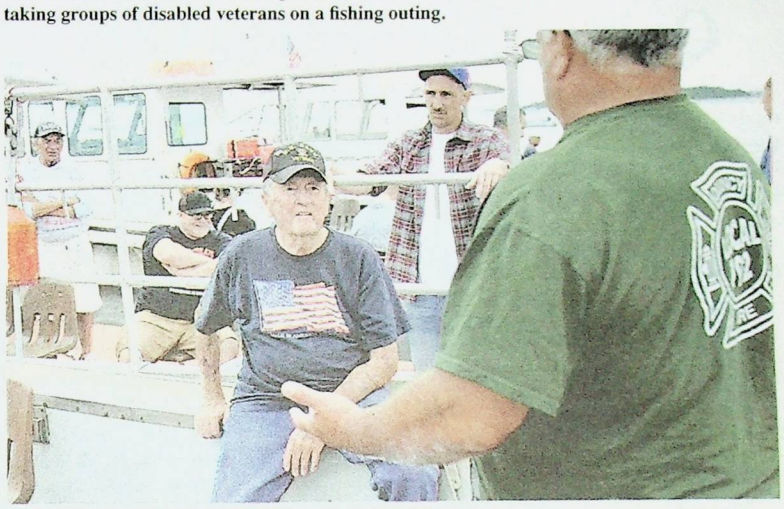
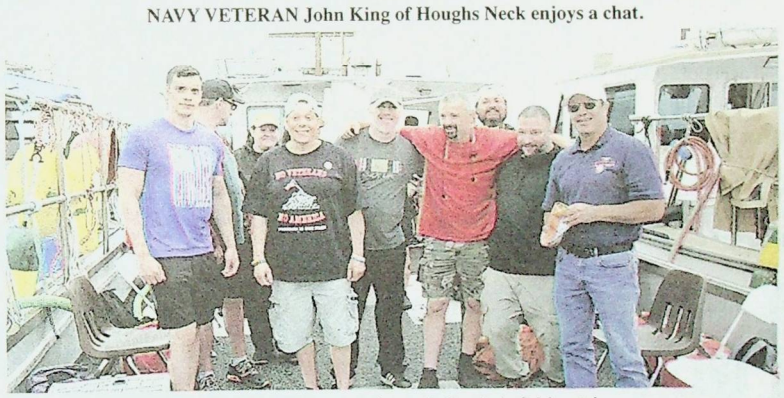


PAUL URBANUS is one of the original members of Harvey's Saltwater Fishing Club that began taking groups of disabled veterans on a fishing outing.

A GROUP OF veterans is ready for their fishing outing.



NAVY VETERAN John King of Houghs Neck enjoys a chat.



A GROUP OF veterans is ready for their fishing trip.

A GROUP OF veterans is all smiles as they prepare to head out to Quincy Bay.

VETERANS RELAX in a boat as they prepare to head out into Quincy Bay.

VETERANS FILE down a ramp to the pier at Quincy Yacht Club as they prepare to board the boats.

Quincy Sun Photos/Tom Gorman

Quincy Youth Hockey News

On June 12th Quincy Youth Hockey Association held another sold out event with 144 golfers for the 36th Annual Golf Classic at Presidents Golf Course.

This is the largest fundraiser of the year for QYHA. QYHA is a non-profit 501(c)3, member-owned program. The association relies on the tuition from its members, fundraising events and generous support and donations from individuals, community businesses and organizations to help sustain the program from year to year.

Congratulation to the 2024 Golf Classic Winners:

1st Place Team:

Paul Markarian, Josh Giordani, Steve Kelley and Ed Riley.

2nd Place Team:

Andrew Kelly, Travis Ward, Derek Murphy and Ted Walsh.

Since 1967, Quincy Youth Hockey Association has served the youth of the City of Quincy. Programs include first time and new skaters in Learn to Skate, and Learn to Play, Quincy Youth Hockey travel teams and independent 67's teams. Quincy Youth Arena is also home to three high school teams-Quincy Presidents, North Quincy Raiders, and QNQ Girls, and Quincy College's boys hockey team.

A huge THANK YOU to Presidents Golf Course for hosting another amazing tournament and to our sponsors and donors. This annual event would not be a possible without your generosity and support: Mayor Thomas Koch, Bank of Canton, C. Naughton Construction, Erin Feeney- William Raveis, M&S Auto Body, The Fowler House, Quirk Auto Body, Seaside K-9's, Colonial Federal Credit Union, Quincy Eats, Cape Cod Hockey Tournaments, Keohane Funeral Home, Quincy Clams, Maloney Seafood, KMF Group, Quincy/NQ Hall of Fame, TKO Boxfit, LLC, Fiberfit, LMF Group Limited, JMAK Customs, Ward Councilor Harris, Quincy School Committee Tina Cahill, Committee to Re-elect Ian Cain, Committee to Re-elect David McCarthy, Steven Barrett Memorial Fund, Bobby Harvey Memorial Fund, The Jewelers & Loan Co., Presidents Golf Course, Granite Links Golf Course, Mary Lou's Coffee, REI Roofing, Norfolk County Sheriffs Office.

For additional information on sponsorships, renting ice and youth hockey programs visit www.quincyyouthhockey.net

Facebook: Quincy Youth Hockey
Instagram: qyh_official.

Maya Egan On Dean's List

Maya E. Egan of Quincy, was named to the first honors Dean's List for the spring semester at Clark University in Worcester.

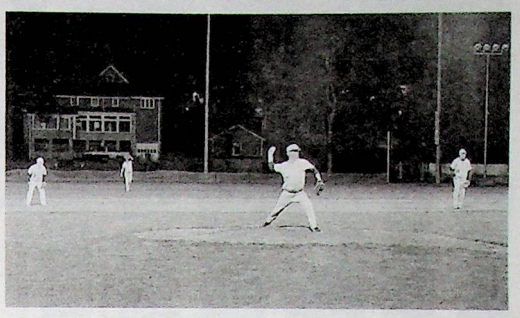
Fowler House Seniors Walk-Off Win

In the Colford Division of the Boston Amateur Baseball League (BABL) July 31st, Quincy's senior 52+ baseball team stormed back with six runs in the bottom of the 7th inning to edge first-place Waltham at Kelly Field in Hyde Park.

After a tough first inning, offseason pickup and southpaw pitcher Steve Higgins shut down the Braves through the next three innings as Quincy began to crawl back from a 7-0 deficit. Tim Baker, Ed Duff, and Skip Perham ignited the offense to close the gap to 7-4 going into the fifth inning.

Waltham tacked on a couple more runs, and in relief, Quincy's workhorse pitcher Steve Connolly and second baseman Skip Perham executed a pick-off while third baseman Jim Keenan made a great play to stem a late Braves' rally to get the final Waltham out in the top of the seventh inning. Trailing 10-5 in the bottom half, Quincy's bats came alive again as Chris Higgins, Rob Hunter, Steve Horn and Chris Pugsley all contributed with key hits and runs to tie the game.

With 2 outs, Quincy's Joe Keough stepped up to the plate and drove Ed Cameron in for the walk-off 11-10 win. Third year player coach Mike Hussey wasn't surprised. "It's a privilege to be part of a team that picks each other up and empties the tank every game".



QUINCY'S Steve Connolly releases with second baseman Chris Pugsley and first baseman Tim Baker. *Courtesy Photo*

After losing the championship game to Braintree 3-2 last year and with the Fowler House now sponsoring the club, the Quincy seniors are beginning to surge in the final month of the season. Quincy will host their remaining regular season games this month at Adams Field every Wednesday night at 7:30 p.m.

https://www.leaguelineup.com/standings_baseball.asp?url=babl03.

BASEBALL FEVER!

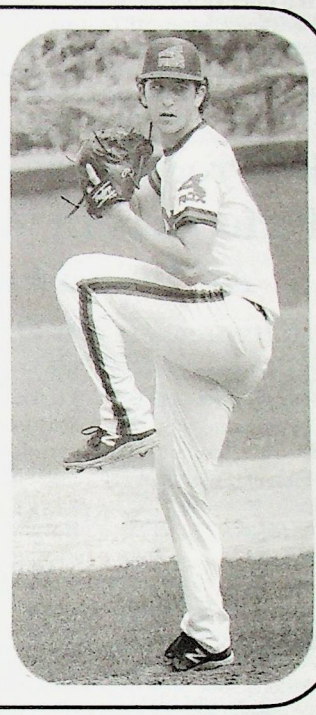
This summer, two exceptional baseball players from Quincy, Vinny O'Leary (left) and Brett Mulligan (right) earned coveted roster spots on the Brockton Rox, a college futures league!

During his freshman season at St. Joseph's College of Maine, Vinny recorded an impressive 35 hits and made the Great Northeast Athletic Conference All-Rookie Team!

As an All-Scholastic pitcher for Catholic Memorial High School, Brett was a standout on the bump with 84 strikeouts in 54 innings and a no hitter. This fall, he is heading to Northeastern University!

Well done boys!

Words and pictures by Maria Mulligan



Golf Tournament Supports Irish Cultural Centre Mission

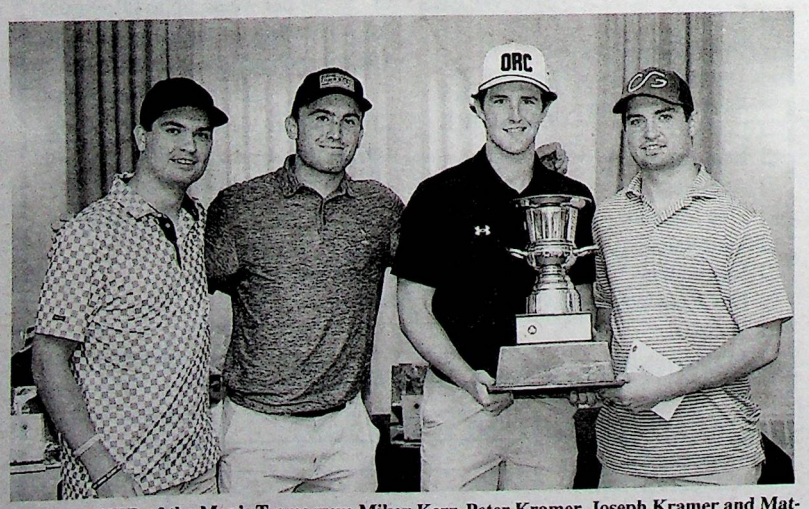
The Irish Cultural Centre of Greater Boston recently held its 34th Annual Golf Tournament at Brookmeadow Country Club in Canton.

The women champs were Paula Callaghan, Kristy Allen, Susan McGowan and Ciara McGurran.

On the men's side, the champs were from Sean Og's: Mikey Kerr, Peter Kramer, Joseph Kramer and Matthew Sullivan.

Sponsors of the tournament included Anne Kennedy Homes, Mass Bay Movers and O'Brien Realty Trust, Mintz Levin, Premier Fence, Maguire Equipment, Geraghty Associates, National Grid, Eversource, The Bank of Canton, Fenagh Engineering, ATS Equipment, Rockland Trust, Horizon Beverage, Irish Brewing Boston, Cadillac of Norwood, McLaughlin Chevrolet, MCM Contractors, and more.

The funds that are raised support the ICC's mission of preserving and promoting Irish culture and heritage through music, dance, arts, history, language, sports, festivals and other cultural events and activities.



THE WINNER of the Men's Teams were Mikey Kerr, Peter Kramer, Joseph Kramer and Matthew Sullivan. *Courtesy Photos*

THE WINNER of the Women's Teams at the Irish Cultural Centre of Greater Boston's recent golf tournament were Paula Callaghan, Kristy Allen, Susan McGowan and Ciara McGurran.

Round Ball Basketball Camp

Aug. 12TH - 16TH (Ages 7-12) at Atlantic Middle School
Aug. 19TH - 23RD (Ages 7-16) at North Quincy High School
9:00AM - 1:00PM • *FOR BOYS & GIRLS* • $200 PER WEEK

CAMP DIRECTORS:

Kevin Barrett:
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- Mass. Basketball Coaches Assoc. Coach of the Year, 2013 & 2014
- Phys. Ed. Teacher, Quincy Public Schools

Paul Beston:
- Quincy Youth Basketball Coach
- South Shore Youth Basketball Coach
- Member - Quincy High Hall of Fame
- Elementary Teacher - Quincy & Milton Public Schools

Camp Coaches have experience at the college, high school and youth levels.
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rkbarrett2002@yahoo.com

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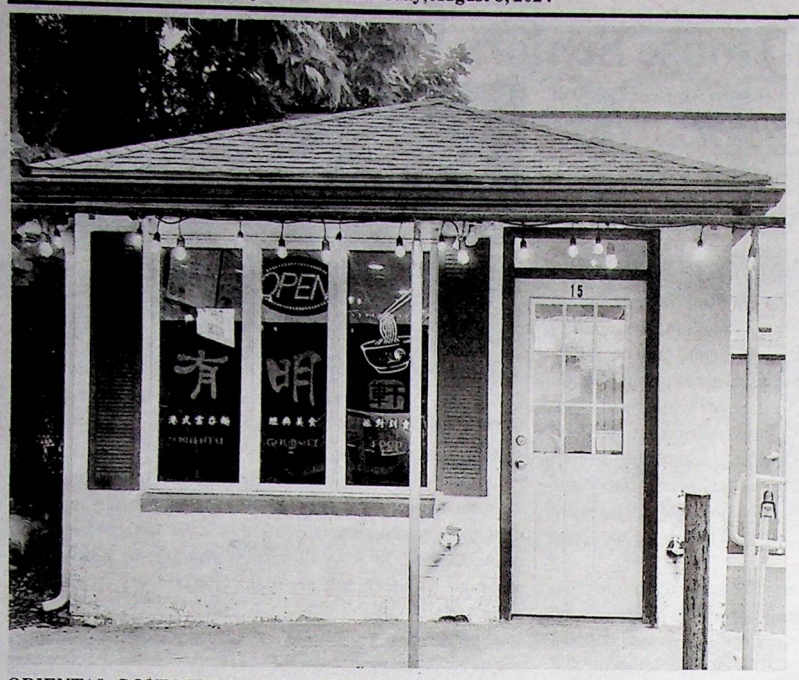

ORIENTAL GOURMET, located at 15 Vernon St. near Crown Colony, B.J's Wholesale Club and the Quincy Adams MBTA station, is celebrating its one year anniversary. Oriental Gourmet initially started off as a family take-out place last August, but has since turned its cozy space into a dine-in restaurant. Oriental Gourmet's menu offers Cantonese noodle dishes along with Vietnamese, Korean, and Japanese options. Oriental Gourmet invites the public to try authentic HK dishes and cafe drinks to celebrate its one year in Quincy this week. *Courtesy Photo*

JM Productions To Present Three NYC Performers In 'A Swinging Christmas' At United First Parish Church

Discounted Tickets On Sale Through Aug. 10

JM Productions, entertainment producer, of Quincy, will present three powerhouse NYC performers in "A Swinging Christmas" at United First Parish Church, 1306 Hancock St., on Dec. 7th at 8 p.m.

Since 2010, "A Swinging Christmas" has been a wildly successful extravaganza celebrating the holidays, at the historic New York City music room Birdland, to sold-out audiences.

JM Productions is offering special discounted tickets celebrating our "Christmas in July" with a "12 Days of Christmas" sale from July 30th until Aug. 10th. For tickets visit: brushfire.com/jmproductions/concerts/581382.

In the tradition of beloved seasonal specials, Klea Blackhurst, Jim Caruso, and Billy Stritch plan to perform swinging arrangements of "Christmas Waltz," Kay Thompson's "Holiday Season," "Sleigh Ride," "I've Got My Love to Keep Me Warm," and "Snow," among other favorites.

Blackhurst is an actress, singer, and comedienne know for her award-winning tribute to Ethel Merman, Everything the Traffic Will Allow. She recently appeared at Carnegie Hall as Emily Whitman in Follies in Concert. She appeared Off-Broadway with Hayley Mills in Party Face, at City Center Stage 2.

Blackhurst starred in Hazel during its world premiere production at Drury Lane in Chicago, as Dolly Levi in the 50th Anniversary production of Hello, Dolly! at The Goodspeed Opera House and as Miss Lemon in The Nutty Professor, directed by legendary comedian, Jerry Lewis and featuring a score by Marvin Hamlisch and Rupert Holmes. Klea also played Rose in Drury Lane Chicago's production of Gypsy.

She's performed with symphony orchestras and in theatrical productions across the country and abroad including the London Palladium presentation of Jerry Herman's Broadway with Angela Lansbury, the Pittsburgh Symphony Orchestra tribute to Marvin Hamlisch, the Atlanta Symphony Orchestra, 15 Mabel Mercer Foundation Cabaret Conventions, New York's Town Hall, Jazz at Lincoln Center, Carnegie Hall, New York's 92nd Street Y Lyrics & Lyricists, The Chicago Humanities Festival and as Ado Annie in the BBC concert of Oklahoma! in London's Royal Albert Hall.

Caruso most recently performed the role of Theodore Whitman in Follies in Concert at Carnegie Hall. He made his Broadway debut alongside Liza Minnelli in the Tony Award-winning Liza's at The Palace, singing, dancing, and celebrating the music and arrangements of Kay Thompson and the Williams Brothers. He has won seven MAC, nine BroadwayWorld, and two Summit Awards for his work in nightclubs.

At Carnegie Hall, he has performed with the New York Pops in tributes to Barry Manilow, Kander & Ebb, Bing Crosby (with Rosemary Clooney) celebrating Bing Crosby, and Bob Hope & Bing Crosby (with Michael Feinstein). He was also honored to sing with a bevy of Broadway stars at President Clinton's First State Dinner at the White House.

For 21 years, Jim has hosted the weekly showbiz bash, Jim Caruso's Cast Party" at Birdland, Jazz at Lincoln Center, and across the country. He also stormed YouTube with seventy-six episodes of "Pajama Cast Party." Jim produces the weekly Broadway at Birdland concert series and performs weekly with Billy Stritch at Bemelmans Bar at The Carlyle Hotel.

Stritch is one of the premier singer-pianists in the New York and national jazz and cabaret scenes. A chance meeting with Liza Minnelli in March of 1991 resulted in her asking him to create vocal arrangements for the record-breaking extravaganza Liza Stepping Out at Radio City Music Hall. In addition to his 25-year collaboration with Liza, Billy recently toured with the legendary Tony Bennett as Tony's pianist and musical director.

A solo entertainer in his own right, he has performed his own shows (including tributes to Mel Tormé and Cy Coleman) in concert halls and nightclubs across the country. Billy also serves as music director for such leading vocalists as Linda Lavin, Christine Ebersole, Paulo Szot, and Marilyn Maye. He is the co-writer of the Grammy-winning song "Does He Love You" recorded by Reba McEntire and Linda Davis.

Fat City Band Performs Friday At Ruth Gordon Amphitheater

The Summer Series at the Ruth Gordon Amphitheater welcomes New England's, and South Shore favorite, The Fat City Band, Friday, Aug. 9 at 6 p.m.

Now in their 5th decade, The Fat City Band writes, records, and performs their own unique style of Blues, Roadhouse Rock, Jazz, and New Orleans Style R&B.

Performances are free to the public. Bring a chair or blanket. Food and beverages are available for purchase.

The Ruth Gordon Amphitheater is located at Merrymount Park, Vietnam Veterans Drive, Quincy. Free parking is available.

For more information on this and other summer events at the Amphitheater, visit:

https://friendsofrga.org/.

Quincy Point Congregational Church

On Aug. 11, the Summer Sermon Series "Epic Meltdowns of the Bible" continues at 10 a.m. in the air-conditioned sanctuary at Quincy Point Congregational Church, 444 Washington St.

This Sunday Rev. Kimberly J. Murphy will investigate the book of Kings and Elijah's meltdown. Joyce Romeri will serve as the lay reader, and Elizabeth Milch will be the soloist.

The church is equipped with an elevator on the Abbey Road side of the building and an "all access" restroom.

The weekly worship service is live streamed every Sunday at 10 a.m. on the church YouTube, Vimeo, Facebook pages, and church website: www.quincypointcong.org. Past services are available for viewing at any time on these platforms.

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88 Washington Street
Quincy, MA 02169
Find us on Facebook
QATV
www.qatv.org
617-376-1440
617-376-1441
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Public Access Channel 8

Thursday, August 8
6:00pm: Bethany Congregational Church
7:00pm: AM Quincy: MassHire Career Center

Friday, August 9
11:30am: LIVE: Currently in Quincy
7:00pm: AM Quincy: State Rep. Tackey Chan

Saturday, August 10
12:00pm: NQHS Class of 2024 Graduation
8:30pm: Friends Fridays at RGA

Sunday, August 11
11:30am: Quincy Point Church Good News
1:00pm: The Call

Monday, August 12
11:30am: LIVE: Currently in Quincy
7:00pm: Thomas Crane Library Presents

Tuesday, August 13
7:00am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, August 14
6:00pm: Quincy Point Church Good News
7:00pm: The Call

Government Access Channel 9

Thursday, August 8
4:00pm: Board of License Commissioners 7/16
5:00pm: Zoning Board of Appeals 7/23

Friday, August 9
7:00pm: Health Links: Social Connections
8:00pm: Planning Board 8/7

Saturday/Sunday, August 10/11
10:00am: Good Deeds: Quarterly Update
10:30am: In the Know: Norfolk County Sheriff
2:00pm: Planning Board 8/7
4:00pm: Board of License Commissioners 7/16
5:00pm: Zoning Board of Appeals 7/23
8:00pm: QRD TV Production Workshop 2024
10:00pm: Board of License Commissioners 7/16
11:00pm: Zoning Board of Appeals 7/23

Monday, August 12
6:00pm: Home Sweet Healthy Homes

Tuesday, August 13
4:00pm: LIVE: Board of License Commissioners
6:00pm: LIVE: Zoning Board of Appeals

Wednesday, August 14
6:00pm: In the Know: Norfolk County Sheriff

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

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Please get out and vote in the September 3rd primary.

Vote for Quincy's own, Ian Cain, for U.S. Senate.

-Thank you 8/8

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REPORT POTHOLES

Potholes are a year-round problem and should be reported to the *Department of Public Works*

617-376-1914

OBITUARIES

Robert A. Licari

Robert A. Licari, of Medford, formerly of Greensboro, North Carolina and East Boston died unexpectedly on August 1, 2024.

The beloved son of the late A. Leonard "Lenny" Licari and Mary V. (Hennessey) Licari. Loving brother of Richard L. "Rick" Licari and his wife Nancy of North Quincy, Stephen J. Licari of East Boston, Michael P. Licari of Tustin, CA and the late James G. Licari. Cherished uncle of James Licari, Molly Belovarac, Matthew Licari and Doreese Licari. Brother in law of Charlene Deveney of Wakefield.

ROBERT A. LICARI

Rob grew up in East Boston, he attended Sacred Heart Grammar School and then went on to Boston Latin, where he graduated in the Class of 1973. He furthered his education at Boston University. Rob worked at the Army Base before taking a position with the United States Postal Service where he worked in Human Resources, retiring back in 2015. He was well known for his strong work ethic. A devout Catholic, Rob was held the position of Fourth Degree Knight in the Knights of Columbus.

Robby lived a rich and fulfilling life, surrounded by his passions and loved ones. He loved a great time with various forms of excitement. Las Vegas was one of his favorite hot spots, he enjoyed games of chance. The Kentucky Derby was always thrilling to him. The Turf Club at Suffolk Downs was another favorite location. His diverse interests, from playing the clarinet, enjoying Titos Martini's, indulging in great seafood to following New England sports, paint a picture of someone who embraced life's pleasure with gusto. It was clear that Christmas held a very special place in his heart, especially with the traditional lavish Christmas Dinner he hosted, which brought everyone together. His dislike for traffic, ATM's and shopping malls shows his very practical side. His dedication and generosity to his family truly stands out. He leaves a legacy of love and his presence will surely be missed by those who knew him.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Thursday, Aug. 8th, from 4-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. A Funeral Mass will be celebrated in Sacred Heart Church, 45 Brooks St., East Boston on Friday Aug. 9th, at 11 a.m. Burial in Oak Grove Cemetery, Medford.

In lieu of flowers, donations in memory of Robert may be made to Archdiocese of Boston Chapter Knights of Columbus, 470 Washington St., Suite 6, Norwood, MA 02062. See www.Keohane.com for directions and online condolences.

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cliffords.com
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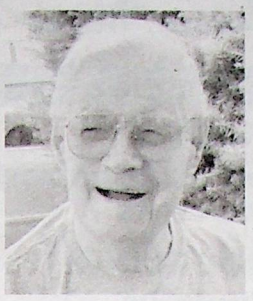
Armand A. Hamel Jr., 94

Armand A. Hamel Jr. of Quincy, died July 26, 2024. He was 94 years of age.

The beloved son of the late Armand Hamel Sr. and Genevieve (Norton) Hamel, older brother of the late Arthur (Brother Andre) Hamel. Devoted husband of 65 years to the late Marilyn (Bubier) Hamel of Quincy. Cherished father of 10 children: Linda, Joanne, Robin, Michele, Jon, Mark, Judy, and Nancy as well as the late Sandra and Paul. Also survived by 20 grandchildren, 24 great-grandchildren, and 2 great-great-grandchildren.



ARMAND A. HAMEL JR.

Armand Hamel Jr. served in the US Navy in the early 1950s. He worked at the Boston Globe as a press operator for over 40 years, retiring in 1994. Armand married Marilyn Bubier in 1953, raising 10 children and nurturing many grandchildren and great-grandchildren during their years as husband and wife. He enjoyed playing and watching sports including golf, and he was an avid walker and reader. The greatest love of his life was his family; along with his wife he treasured each of children, grandchildren, etc. and appreciated them all. He will be dearly missed by those who were fortunate to have known him, friends as well as family.

Visiting hours were held Saturday, Aug. 3, 2024 in the Keohane Funeral Home, 785 Hancock St., Quincy. Cremation followed. Interment will be private.

In lieu of flowers, donations in memory of Armand may be made either to Parkinson's Foundation, Michael J. Fox, P.O. Box 5014, Hagerstown, MD 21741-5014; or to the American Cancer Society https://www.cancer.org/donate.html.

See www.Keohane.com for online condolences, flowers, and directions.

Mary T. McNally, 90

Mary T. McNally, of North Quincy, died July 30, 2024. She was 90 years old.

The beloved wife of the late Thomas "Tony" McNally of North Quincy. Loving mother of Ann McNally and Cara McNally, both of North Quincy. Daughter of the late Mary Kate, née Glynn, and Patrick McDermott. Mary was pre-deceased by her sisters: Bridie Costello and Kathleen Mitchell; and her brothers: John, Patrick, Thomas, William, and Christopher McDermott. She is also survived by many nieces and nephews.

MARY T. MCNALLY

Mary was born and raised on a farm outside Ahascragh, County Galway, Ireland. She studied at "The Tech," and worked at a grocery store. She emigrated to the United States in the 1960s, starting off in Illinois, where her brother, sister, and aunt lived. She also lived in England for a while, before moving to Massachusetts, where she met her husband, Tony, at an Irish dance.

She worked at Jordan Marsh as an accounting supervisor until 1970, and as a home health aide from the late 1970s until the early 2000s. She enjoyed day trips to the beach and vacations on Cape Cod.

She will be remembered as a kind lady, who was devoted to her family. After she developed Alzheimer's disease, she was known to say "Clap! Clap!" in place of thank you! She always said "God bless you!" to anyone who paid her a kindness. She will be sadly missed by all those who had the pleasure of knowing her.

Visiting hours were held Tuesday, Aug. 6, in the Keohane Funeral Home, 785 Hancock St., Quincy. The Funeral Mass will take place on Wednesday, August 7 at 10 a.m. at Saint Ann Church, 755 Hancock St., Quincy. Burial will be in Pine Hill Cemetery, Quincy.

Donations may be made in memory of Mary to Quincy Animal Shelter, 440 East Squantum St., Quincy, MA 02171, quincyanimalshelter.org; or to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105, stjude.org.

Debra J. Barnes, 70

Debra Jean Barnes, of Quincy, died peacefully on Thursday, July 25, 2024. She was 70.

Debra was born in Fort Belvoir, Virginia on May 17, 1954, and was the daughter of the late Edson Jr. and Shelba (Booth) Barnes. She was raised in Weymouth, MA.

Debra was the mother of Mark J. Deaguero and his wife Jessica of Katy, Texas, and the late Michael J. Deaguero, who died in 2021, and his surviving wife Casey of Walpole. She was the grandmother of Bo of Katy, TX and Dylan, Adalyn, and Beelyn, all of Walpole. Debra was the sister of Wanda Bates of Quincy, Brenda Barnes of Quincy, Bill Barnes of Virginia, Jeff Barnes and Scott Barnes. She is also survived by many nieces, nephews, extended family and friends.

DEBRA J. BARNES

Following cremation, services and interment will be held privately. Visiting hours are respectfully omitted.

In lieu of flowers, memorial contributions may be sent in Debra's name to the Massachusetts Humane Society, P.O. Box 850177 Braintree, MA 02185-0177, by visiting: www.masshumane.org.

See www.Keohane.com for online condolences.

Michael F. Boyle, 82

Michael F. Boyle, of Quincy, died peacefully on Wednesday, July 31, 2024, at the Carney Hospital in Dorchester. He was 82.

Michael was born in County Mayo, Ireland on Oct. 4, 1941, and was the son of the late Michael and Winifred Boyle. He was raised in County Mayo and attended local schools.

Michael's career began as a private plumbing contractor in Dorchester. He later accepted a position as a plumber for the Commonwealth of Massachusetts for over 20 years. He enjoyed his career and the relationships he built. Michael retired in 2009.

Michael loved sports and animals, especially his dog Josie. He enjoyed traveling and made many trips to Ireland over his lifetime. Michael was a good and honest man with a strong work ethic. He will be missed by all the lives he touched.

Michael was the beloved husband of Catherine Mary (O'Reilly) Boyle. The two married on Sept. 23, 1972. Together they shared 52 loving years of marriage. He was the devoted father of Kevin Boyle of Quincy. Michael was the loving brother of Mary Fitzgerald of Quincy, Nora Boyle of Jamaica Plain, Martin Boyle of Ireland, Patrick Boyle of Ireland, and the late Eamon Boyle of Ireland. Michael was the dear brother-in-law of Patrick and Christine O'Reilly of Limerick, Ireland. He is also survived by many loving nieces, nephews, extended family and friends.

MICHAEL F. BOYLE

Visiting hours were held Monday, Aug. 5, 2024, in the Keohane Funeral Home, 785 Hancock St., Quincy.

A Mass of Christian Burial was celebrated on Monday, Aug. 5, 2024, in Divine Mercy Parish at Sacred Heart Church, Quincy.

Services concluded with interment in Pine Hill Cemetery, Quincy.

In lieu of flowers, memorial contributions may be sent to Divine Mercy Parish, 386 Hancock St., Quincy, MA 02171 or Quincy Animal Shelter, 440R E Squantum St., Quincy, MA 02171.

See www.Keohane.com for flowers, directions and online condolences.

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

'Friends Rock Music Festival' Sunday At Ruth Gordon Amphitheater

The Friends of Ruth Gordon Amphitheater will host its much-anticipated "Friends Rock Music Festival" on Sunday, Aug. 11th from 2-8:30 p.m. at the historic Ruth Gordon Amphitheater in Quincy's waterfront Merrymount Park.

A diverse array of food and drink vendors will include South Shore Taco Guy, Gangnam Spice, Smiles by the Miles ice cream, Blacks Creek BBQ, and Break Rock Brewing. While crafts/jewelry sales, t-shirt merch, henna tattoos and games like corn hole and bocci, will provide a healthy dose of fun for all!

But more than food and fun, "Friends Rock" promises non-stop music, with a mix of great bands to meet every taste from pop-country to R&B, and from Roadhouse Rock to 70s soft rock. Seeking a touch of Celtic rock or modern or hard rock? The Friends of RGA have got you covered — and what a lineup it is!

Munk Duane, is a two-time R&B Performer of the Year winner with a captivating voice and hints of Prince meets Elvis Costello. This Berklee grad is also a noted composer in the film industry and current nominee for best songwriter. You won't want to miss this incredible talent.

The Freight is a Quincy-based band that's been making a big mark with its upbeat fusion of Rock N' Roll, Soul, Jam and Blues Rock. The band was nominated for "Rock Act of The Year" in 2023 by The New England Music Awards. It's no wonder, as they've been steadily building a fan base with their catchy original rockers and high energy shows.

How We Burn, is a modern rock/pop-country band comprised of highly talented musicians, including singer/songwriter TJ Brennen, whose vocals are next-level. They're garnering critical acclaim on "Precipice" — reminiscent of Dave Matthews Band with hints of Pink Floyd. New England Music's "Last Band Standing 2024" recently opened for Creed Fisher.

Anna Daley Young, a rising young star in the local music scene, has been gaining recognition in the industry since the release of her debut album Go My Own Way. Nominated for Album of The Year, it blends original compositions with engaging country-rock-pop. Anna was honored as "Country Artist of the Year" by the Boston Music Awards.

Cherry Orchard, a popular local Irish-rock band returns to the Ruth Gordon after their hugely successful Celtic Quincy show. The father-son lead vocalists, Paul and David Kenny, deliver powerful covers of Irish/English favorites like U2, Van Morrison, Oasis, Coldplay or Snow Patrol. While Sweet Harmony, known for their award-winning vocal harmonies and engaging performances, is sure to please with a repertoire spanning multiple genres. Up and coming, Supernova, brings a fresh take on cover favorites from the 70s to today with strong vocals, guitar and even harmonica. Their popularity in the Boston bar scene is really taking off.

Also returning is Jon Gorey, a talented local acoustic soloist who's performed on stages and street-corners from Seattle to Stockholm. His 2004 singalong anthem, "The Scarlet Letter," about the Red Sox World Series curse, is well known to many! Meanwhile, the well-loved, 7-piece, Ruddercrew, includes another father-son team: former Quincy City Councillor, Kevin Coughlin, and his son Matt — who will also MC.

And lastly, don't underestimate the festivals "new emerging artists" like Matt Bartkus — a super talented soloist singer/songwriter and guitarist who will blow you away (formerly with popular Quincy band, Daisy) — or 93 South, a standout trio of Quincy teens James and Patrick Gillespie and Jesse Bargar, an accomplished vocalist who recently performed opera with the BSO at Carnegie Hall. James is on drums while Patrick, the band's songwriter, plays piano, ukulele, and guitar.

This free-admission festival won't disappoint! So bring the kids, or bring a friend, the dog, the neighbors or just your smile — but most of all, bring your love of music! To help support this and other community-based FoRGA arts programs, purchase a water lantern at the festival or make a donation online. For more information, visit friendsofrga.com.

Crane Library Bookstore Back-To-School And Non-Fiction/Biography, Memoir Sale

The Friends of the Thomas Crane Library Bookstore are making it easy to get a head start on your Back To School children's book needs by expanding our selection for all our young readers during August.

The Friends are also offering a BOGO free offer in our History/Politics, General Non-Fiction and Biography/Memoir categories this month.

The Bookstore is run by volunteers and its earnings enable the Friends to support a wide variety of library programs, including museum passes, musical performances, and speakers. Located in the Atrium on the ground floor of the Thomas Crane Library, the store is open Monday, Wednesday and Friday 12:30-3:30 p.m.; Thursday 5-8 p.m.; and Saturday 9:30-3:30 p.m.

Any books, DVDs or music CDs that you would like to donate to the library can be dropped off by depositing them in the donation bin found in the Main Branch Atrium, which is available all hours that the Library is open. Donations are also accepted at the bookstore itself during store hours.

BOOKSTORE VOLUNTEER and children's book curator, Kathylene Pavidis poses with one larger books and a multitude of others from the children's section. *Courtesy Photo*

PLEASE RECYCLE THIS NEWSPAPER

OBITUARY

Moreno C. Lisboa, 83

Moreno C. Lisboa, 83, of Quincy, passed away August 2, 2024 at South Shore Hospital. He was the devoted husband of 57 years to Barcelisa (Borja) Lisboa.

Mr. Lisboa came to the US in 1990 and was a communicant of Divine Mercy Parish in Quincy. He worked in the healthcare industry as a Nursing Assistant and will be lovingly remembered as a deeply caring and peaceful husband and father. Although he enjoyed gardening and playing mahjong, his true joy was in taking care of his grandchildren.

In addition to his wife, Barcelisa and his surviving siblings Cleofe, Gregoria, Eufrocina who are in the Philippines, He is also survived by his son Edgardo Lisboa and wife Luz from Weymouth, and his daughter Elisa San Jose and husband Gerardo of Quincy. Cherished grandfather of Chary Eliza, Charles Edgar, Gerelle and Terezze.

MORENO C. LISBOA

Visiting hours were held Tuesday, Aug. 6, at Hamel-Lydon Chapel, 650 Hancock St., Quincy. Funeral mass followed in St. Joseph's Parish, 550 Washington St., Quincy. Family attended cremation will be private.

Funeral arrangements are under the compassionate care of Hamel-Lydon Chapel and Cremation Service of Massachusetts. For information and online condolences, please visit Hamel-Lydon.com.

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Michelle A. Lydon
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650 Hancock Street, Quincy, MA 02170

AAA: MA Gas Prices Down Two Cents Average Price $3.46 Per Gallon

As Hurricane Debby makes landfall in Florida, fears about a slowdown in the U.S. economy are sending oil and gas prices lower.

Last week, petroleum markets reacted to the Bureau of Labor Statistics report that U.S. job growth in July rose at a slower than expected rate by sending crude oil prices down sharply on fears of an economic slowdown. The price for a barrel of crude oil has now fallen in each of the last four weeks, from about $85 at the beginning of July to the low $70 a barrel range at the start of August. With oil prices now in territory not seen since February, gasoline prices are likely to continue descending.

The average gas price in Massachusetts is down two cents over last week ($3.48), averaging $3.46 per gallon. Monday's price is four cents lower than a month ago ($3.50) and 27 cents lower than this day last year ($3.73). Massachusetts's average gas price is a penny lower than the national average.

"The steep decline in crude oil prices is overshadowing an otherwise strong second-half for the summer driving season and fresh tropical storm activity in the Southeast," said Mark Schieldrop of AAA Northeast. "Last week, domestic demand for gasoline reached 9.2 million barrels a day—a slight decline from the prior week but still a strong figure—and well above the comparable week last year. But strong demand might not be enough to keep pump prices from falling alongside the broader market."

AAA Northeast's Aug. 5 survey of fuel prices found the current national average down three cents from last week ($3.50), averaging $3.47 a gallon. Monday's national average price is four cents higher than a month ago ($3.51) and 36 cents lower than this day last year ($3.83).

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO24P2006EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
George Michael Nimeskern
Also known as:
George Nimeskern,
George M. Nimeskern
Date of Death:
11/06/1992

To all interested persons:

A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Kieran M. Nimeskern** of **Taunton, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Kieran M. Nimeskern** of **Taunton, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 08/28/2024. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 22, 2024
COLLEEN M. BRIERLEY
Register of Probate

8/8/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-24-24

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, August 27, 2024** at **6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Cody Chy for a Variance and Finding to construct a third unit attached to existing two family dwelling in violation of the Quincy Zoning Ordinance 4.1.1 Table of Dimensional Requirements and 5.1.8 Table of Off-Street Parking Requirements on the premises numbered 59 Old Colony Avenue.

Plans and specifications may be viewed online at https://quincyma.portal.opengov.com/search

Martin Aikens, Chairman

8/8/24, 8/15/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-24-33

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, August 27, 2024** at **6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Eric Galls for a VARIANCE to demolish existing detached 2 car garage and replace with a detached two story 29' foot tall 3 car garage in violation of the Quincy Zoning Ordinance 3.2.3.1 Accessory uses in residential districts on the premises numbered 205 PRESIDENT'S LANE QUINCY, MA.

Plans and specifications may be viewed online at https://quincyma.portal.opengov.com/search

Martin Aikens, Chairman

8/8/24, 8/15/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-24-39

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, August 27, 2024** at **6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of William A. Schwartz for a Variance and Special Permit/Flood Plain to demolish the existing single family home and erect a new flood compliant single family home in violation of the Quincy Zoning Ordinance 4.1.1 Table of Dimensional Requirements and 8.1.9 Special Permit in the Flood Plain Overlay District on the premises numbered 11 Bethel Terrace, Quincy.

Plans and specifications may be viewed online at https://quincyma.portal.opengov.com/search

Martin Aikens, Chairman

8/8/24, 8/15/24

City Receives $250,000 From State For Sidewalk, Bicycle Lane, Pavement Markings Between Hannon Parkway, Hancock Street

The City of Quincy is among 28 municipalities that has been awarded funding from the Massachusetts Department of Transportation's Shared Streets and Spaces Program.

Quincy received $250,000 to install a sidewalk as well as a bicycle lane and associated pavement markings between Hannon Parkway and Hancock Street.

The program provides project funding to help Massachusetts cities and towns design and implement changes to curbs, streets, and parking areas in support of public health, safe mobility, and community growth and revitalization.

In all, $6.5 million in funding was awarded to 28 municipalities and two Regional Transit Authorities (RTAs) as part of the Healey-Driscoll Administration's Shared Streets and Spaces Program.

7 Scams For College Students To Avoid

Cont'd From Page 14

always worth seeing the apartment in person before a money transfer. This also applies to Craigslist and social media ads appearing to be from other students looking for roommates.

• **ID theft** - It's a good idea to start practicing healthy money habits, and one such habit is regularly checking your credit report for unusual activity and possible ID fraud. The official government website to do this for free is annualcreditreport.com. Read BBB's article on How to know if someone stole your identity.

• **Scholarship and grant scams** - Be wary of phone calls from companies guaranteeing they can help reduce loan payments or offer a hefty grant. Searching the company's name online could bring up scam alerts or negative reviews from other consumers. Read reviews and complaints about the company at BBB.org and contact the school's financial aid office for advice and help regarding financing your education. Scholarship scams can affect college students even after graduation; read our tips on scholarship scams.

• **Online shopping scams** - Online purchase scams can be especially effective when set up through social media platforms and apps. BBB has tips for smart shopping online and a page dedicated to online shopping tips and scam alerts.

• **Test preparation scams** - Scammers pretend to be companies that can help students pass exams, but once students correspond with the company, the scammers use the messages to blackmail the students into sending funds out of fear of being expelled for cheating. Always read reviews on BBB.org and visit BBB's Scam Tracker to look up a potential scam.

• **Awareness of current scams** - As tech-savvy as current college students can be, a surprising number of scams reported to BBB's ScamTracker are from students who learned their lesson too late. Use BBB's Scam Tips to learn the latest scam trends and read local reports of specific incidents.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO24P1879EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Robert Mercier
Date of Death:
January 9, 2023

To all persons interested in the above-captioned estate, by Petition of:

Petitioner **Michael Anderson** of **Acton, MA**

Michael Anderson of **Acton, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

8/8/24

Legal Notices for Publication
Should be emailed to:
quincysunsubs@gmail.com or
thequincysun@verizon.net
Need more information? *Call 617-471-3100*

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-24-45

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, August 27, 2024** at **6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Attorney Patrick Foley for a Variance and Finding to convert an existing office space to seven apartments with 9 parking spaces in violation of the Quincy Zoning Ordinance 4.1.1 Table of Dimensional Requirements, 5.1.4 Parking Setbacks, 5.1.8 Table of Off-Street Parking Requirements and 5.1.11 Parking Space Size Requirements and Turning Radius on the premises numbered 20 Whitney Road, Quincy.

Plans and specifications may be viewed online at https://quincyma.portal.opengov.com/search

Martin Aikens, Chairman

8/8/24, 8/15/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-24-46

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, August 27, 2024** at **6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Attorney Patrick Foley for a Variance to construct a two story addition to the side of the existing structure and request relief to legalize living space inside the garage in violation of the Quincy Zoning Ordinance 3.4 Nonconforming structures and 4.1.1 Table of Dimensional Requirements and F.A.R. (Floor Area Ratio) on the premises numbered 51 Kent Street, Quincy, MA.

Plans and specifications may be viewed online at https://quincyma.portal.opengov.com/search

Martin Aikens, Chairman

8/8/24, 8/15/24

Governor Healey Signs Wage Equity Legislation

Governor Maura T. Healey last week signed into law An Act relative to salary range transparency (H.4890), which increases equity and transparency in pay by requiring employers to disclose salary ranges and protecting an employee's right to ask for salary ranges.

"I have long supported wage equity legislation and, as Attorney General, I was proud to work together with the business community to implement the 2016 Equal Pay Act," Healey said. "This new law is an important next step toward closing wage gaps, especially for People of Color and women. It will also strengthen the ability of Massachusetts employers to build diverse, talented teams. I want to thank the Legislature, advocates, labor unions, and the business community for their hard work to see this through."

"Massachusetts has always taken seriously our responsibility to ensure pay equity, from the 2016 Equal Pay Act to today's wage equity legislation," said Lt. Gov. Kim Driscoll. "Not only is this the right thing to do for our workers, but it's also going to strengthen our economy and ability to compete for the best talent."

"Massachusetts is among early adopters to lead on this effort, demonstrating how working together with government, businesses, labor, and advocates will move us forward in tackling gender and racial wage disparities and inequities within the workplace," said Labor and Workforce Development Secretary Lauren Jones. "As this policy is implemented, the Healey-Driscoll administration looks forward to working with employers to leverage this as a new tool to attract and retain skilled, diverse talent committed to growing their professions right here in Massachusetts."

The legislation requires public and private employers with 25 or more employees to disclose pay ranges in job postings, provide the pay range of a position to an employee who is offered a promotion or transfer and, on request, provide the pay range to employees who already hold that position or are applying for it. The Attorney General's Office will conduct a public awareness campaign on these new rules.

The Attorney General's Office will also be given enforcement authority and the ability to impose fines or civil citations for violations of this law, and employees will receive protections against retaliation for asking for salary ranges when applying for a job or promotion.

The legislation also requires public and private employers with 100 or more employees to submit wage data reports to the state, which will then be published through aggregate wage reports by the Executive Office of Labor and Workforce Development.

"With the signing of this legislation, Massachusetts is one step closer to ensuring equal pay for equal work," said House Speaker Ronald J. Mariano (D-Quincy). "Pay transparency will not only make our workplaces more equitable, it will also make Massachusetts more competitive with other states. I'd like to thank Governor Healey, Senate President Spilka and Leader Gregoire, as well as all members of the House and the Senate, for their important work on this legislation."

"This is simple: everyone deserves equal pay for equal work, regardless of your gender, race, ethnicity, or background," said Senate President Karen E. Spilka (D-Ashland). "It is far too common for women and people of color to be paid less than their coworkers nationwide, and Massachusetts is not immune. With the Governor's signature, our state stands united behind every worker—and with every business—in our steadfast commitment to the fundamental principle that every person has the right to be treated and compensated fairly in the workplace. I'm thankful to Governor Healey for her signature, Senator Jehlen for her work on the conference committee, each of the conferees, Speaker Mariano, and our partners in the House for their work on this critical legislation."

New Law Supports First Responders Injured In The Line Of Duty

Governor Maura T. Healey has signed into law An Act relative to disability pensions and critical incident stress management for violent crimes. This legislation ensures that first responders who are seriously injured in the line of duty can receive their full compensation until retirement. This applies to police officers, firefighters, public and municipal EMTs, and public and municipal licensed health care professionals.

"Our first responders go above and beyond to keep our communities safe and respond to emergencies. That's why it's critical that we support them when they experience emergencies of their own," said Governor Healey. "This legislation ensures that first responders who are injured in the line of duty have access to the pay and health care, including mental health care, that they need to support their families and their road to recovery. I'm grateful to the Legislature for prioritizing the safety and wellbeing of our first responders and proud to sign this bill."

"First responders always have our backs – we need to make sure we have theirs," said Lieutenant Governor Kim Driscoll. "This legislation sends a clear message that our heroes aren't alone when they sustain serious injuries. Massachusetts will make sure they have the resources and support needed to get through this difficult time."

"We depend on our emergency responders to bravely run toward danger when others are running away. It is imperative they have our full support in the event they are seriously injured while performing their duties," said Public Safety and Security Secretary Terrence Reidy. "This legislation is representative of our deep commitment to the health and wellbeing of our first responders and their families."

"This legislation is about ensuring that we support our first responders during a time of significant need, just as they do for us every single day," said House Speaker Ronald J. Mariano (D-Quincy). "I want to thank all my colleagues in the House, along with our partners in the Senate, for sending this legislation to the Governor's desk for her signature."

"Every day when our first responders leave for work, they do so not knowing what the day will bring," said Senate President Karen E. Spilka (D-Ashland). "Today, with the Governor's signature, we have acted to ensure that our first responders and their families have financial security if the unthinkable does happen before they return home. I'm grateful for the Governor's signature, the support of my colleagues in the Senate, and our partners in the House."

"I have fought to authorize full disability pensions for first responders violently injured on duty dating back to my time working with and for my predecessor, Senator Ken Donnelly," said Senator Cindy F. Friedman (D-Arlington). "As a former firefighter, there was no bigger advocate of honoring the service and sacrifice of first responders of Massachusetts than Ken, and I am honored to have been able to play a role in getting this bill signed by the Governor, further cementing Ken's incredible legacy. This legislation will change the lives of first responders and their families who have had to suffer through tremendous hardship."

The legislation allows first responders who cannot perform the essential functions of their job due to a violent act injury to receive a disability pension equal to 100 percent of their regular compensation. This amount will be reduced to 80 percent when they reach the mandatory retirement age.

A first responder is eligible if they sustained a catastrophic, life-threatening or life-altering and permanent bodily injury due to a violent attack. Retirement boards will be charged with determining if an employee is physically unable to perform the essential duties of their job due to a violent act injury, and whether it is likely to be permanent.

The legislation also requires employers to provide education about critical incident stress management debriefing programs, included mental health supports, to impacted first responders.

Vehicle Thefts Heat Up In The Summer

Preventive Measures From AAA

Since 2019, motor vehicle theft has been up more than 25% according to the Federal Bureau of Investigation. Every 31 seconds in the United States, a car or truck is stolen thanks to increasingly sophisticated methods used by criminals to drive off with someone else's vehicle.

In Massachusetts, there were 7,328 incidents of motor vehicle theft in 2022, according to the latest FBI data. The most common location for vehicle theft was outside a residence (2,452 thefts).

A recent report by the National Insurance Crime Bureau (NICB) shows vehicle thefts reached new heights in 2023, jumping by about 1% over 2022. And, for the first time in years, passenger cars supplanted full-size pickup trucks at the top of the list, led by cars manufactured by Hyundai and Kia. Popular Honda vehicles, along with the Ford F-150, Chevrolet Silverado and 1500 pickups, rounded out the top 10 most stolen vehicles in 2023.

Social media trends showcasing how to steal specific models of Hyundai and Kia vehicles could be fueling the rise in passenger car thefts, particularly because many models were not equipped with immobilizing equipment at the factory. But the NICB report also highlights the use of newer technology to hack into vehicle security systems.

AAA offers the following tips to prevent your car from being stolen:

- Park with your windows up and doors locked. When not at home, be sure your key fob is with you at all times.
- Park in well-lit areas and ideally in an area protected by security cameras.
- Remove all valuables from your car and keep anything that must be in the car out of view. Theft of items left in vehicles is a widespread problem – not just theft of cars themselves.
- Consider a tracking device to locate your car if it does get stolen. According to the NICB, one-third of stolen vehicles that were ultimately recovered were found on the same day as the theft, so it's important to immediately report the incident to police and then to your insurance company.
- Store key fobs as far away from the vehicle as possible when parked. To prevent a signal boosting attack, consider putting them in a metal container or bag to interrupt the fob signal and prevent tech-savvy thieves from intercepting and boosting it remotely to unlock the nearby parked vehicle.
- Keep your vehicle up to date with software updates and check with your dealer to ensure all eligible safety and security recalls and technical service bulletins have been performed.
- Don't leave your vehicle running and unattended, even if the vehicle is locked.

INVITATION TO BID **INVITATION TO BID**

INVITATION TO BID

"Rental of (1) Large Tent and Accessories for Temporary Ice-Skating Rink"

City of Quincy, Massachusetts

Notice

The Department of Natural Resources for the City of Quincy, Massachusetts is seeking sealed bids for **Rental of (1) Large Tent and Accessories for Temporary Ice-Skating Rink** until **2:00 p.m. local time August 22, 2024,** in the Office of the Purchasing Department, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The City is looking for a company to supply and install decking, a tent structure, heaters, bench seating, and lighting to accompany an outdoor temporary ice-skating rink. The location for this will be on the lot of 43 Dennis F Ryan Parkway, Quincy, from November 15, 2024, through February 28, 2025.

All inquiries regarding this bid should be directed to Kathryn R. Logan, Chief Procurement Officer by email to: klogan@quincyma.gov and cc: mmarini@quincyma.gov. Questions will be accepted until August 16, 2024, at 12:00 p.m.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m. Specifications will be available on August 7, 2024.

Bids must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked with the time/date of bid call.

Firm bid prices will be given first consideration. Bids will be received at the Office of the Purchasing Department until the time and date stated above, at which time and date they will be publicly opened and read. Late bids, delivered by mail or in person, will be rejected.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch, Mayor
David Murphy, Commissioner, Department of Natural Resources
Kathryn R. Logan, Chief Procurement Officer

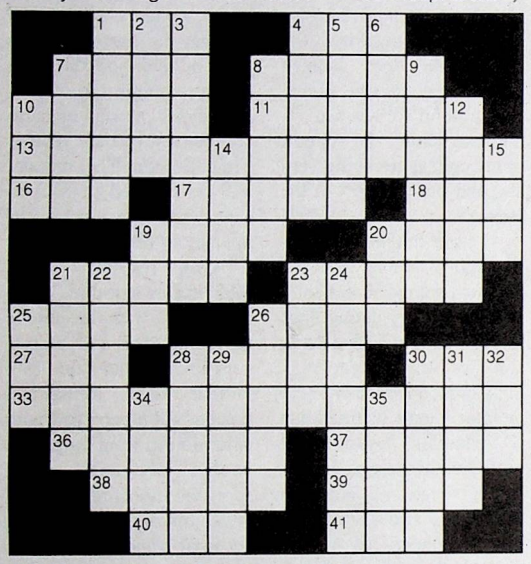
8/8/24

SUN FUN PAGES

King Crossword

ACROSS
1 "Bow-wow!"
4 Dol. fractions
7 Ornamental jug
8 Ballet bends
10 Resident of Tabriz
11 Limber
13 Goes on
16 Sault — Marie
17 Quarterback Tom
18 La-la lead-in
19 Cat call
20 Antelope's playmate
21 Map feature
23 Goethe play
25 Thor's father
26 Sax range
27 Consumer protection agcy.
28 Ryan's daughter
30 Ninny
33 Refuses to answer
36 Italian ice cream
37 Paris school
38 Turkish coins
39 Modern money
40 Lith., once
41 Compass dir.

DOWN
1 Not dozing
2 Actress Russo
3 Thrown beach toy
4 Tipped off, with "in"
5 In one's cups
6 Aug. follower
7 Part of Q.E.D.
8 "Hogwash!"
9 Schedules
10 "— a deal!"
12 Heron's kin
14 Jog
15 Listener
19 ISP choice
20 Pair with an air
21 Luggage attachment
22 Jefferson's coin
23 Chimney part
24 Withdrawal charges
25 Frequently
26 A Musketeer
28 Despots
29 Perfume ingredient
30 Earlier, in verse
31 Normandy battle site
32 "Thar — blows!"
34 Yale students
35 Hosp. areas



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MAGIC MAZE ● SONGS FROM THE 1970s

Y R W U L R P N K I G E D B Z
J A P I A N O M A N X C V S Q
A I O L N M K G I I G N E R C
M N L L D A Y N L W U A R E S
M D E B S Q P O I N L D E B J
I R T E L H F S C E C T K M A
N O I T I T S R E P U S O E Y
G P T H D X V U C C B A J T U
S S B E E M N O N A E L E P Q
P N E R A C M Y M K J H H E F
E C B E V I L A N I Y A T S Z

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: **Keep Fallin' On My Head**

ABC
Cecilia
I'll Be There
Jamming
Landslide
Last Dance
Lean On Me
Let It Be
Piano Man
September
Stayin' Alive
Superstition
The Joker
YMCA
Your Song

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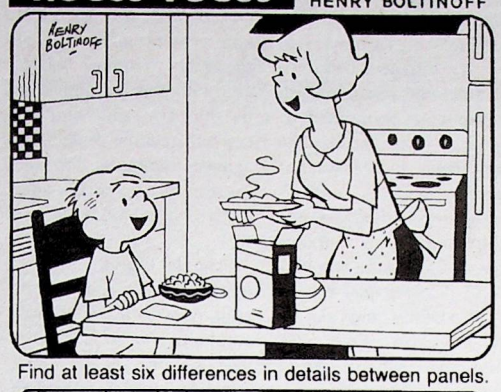
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

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Differences: 1. Tile pattern is different. 2. Arm is not showing. 3. Cabinet is not as wide. 4. Table is not as long. 5. Cuff is added to sleeve. 6. Plate is longer.

Trivia test

by Fifi Rodriguez

1. MUSIC: Which folk-rock group produced many of the songs in the movie "The Graduate"?
2. GEOGRAPHY: Which European capital is known as "The Eternal City"?
3. LANGUAGE: What does the Latin prefix "acri-" mean in English?
4. TELEVISION: Lenny and Squiggy are the annoying neighbors in which TV comedy?
5. MONEY: What is the basic currency in Guatemala?
6. CARS: What animal is found on the Porsche car logo?
7. FOOD & DRINK: Which country is associated with the soup dish pho?
8. LITERATURE: In which U.S. state is the novel "Their Eyes Were Watching God" set?
9. MYTHOLOGY: What is the home of the Greek gods called?
10. AD SLOGANS: What product is advertised with the slogan, "You're not you when you're hungry"?

Answers
1. Simon & Garfunkel.
2. Rome, Italy.
3. "Sharp" (e.g. "acrimonious").
4. "Laverne & Shirley."
5. Quetzal.
6. A horse.
7. Vietnam.
8. Florida.
9. Mount Olympus.
10. Snickers candy bars.

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Wishing Well®

7	6	5	2	7	6	2	8	7	8	6	5	4
C	M	C	D	A	I	A	R	R	E	S	O	E
7	5	3	5	8	6	5	6	8	2	5	2	4
E	L	B	L	L	S	E	I	A	R	G	E	A
6	5	2	6	7	3	7	6	5	7	5	8	2
O	E	T	N	F	E	O	A	B	R	O	T	O
5	7	4	8	7	6	7	8	6	4	3	4	7
U	Y	G	I	O	C	U	V	C	E	T	R	R
2	7	2	6	8	4	7	6	3	6	4	8	2
B	S	E	O	E	T	E	M	I	P	O	S	B
3	6	7	6	8	2	8	7	5	4	6	3	6
D	L	L	I	V	R	I	F	N	L	S	Y	H
5	2	6	2	4	6	8	4	2	4	8	4	8
D	A	E	V	E	D	S	A	E	R	I	N	T

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Avoid adding to the tension around you. Even a well-meant reaction against something you perceive as unfair could be misunderstood. Let things calm down, then talk about it.

TAURUS (April 20 to May 20) It's a good time for romance for unattached Bovines – and for reinforcing the bonds between existing partners. Children's needs are important during the latter part of the week.

GEMINI (May 21 to June 20) A compliment from a surprising source sends you wafting way up into the clouds, where – sorry to say – your view of what's going on is obscured. Come on down and face reality.

CANCER (June 21 to July 22) Even a family-loving person like you can sometimes feel you're at the end of the line with contentious kinfolk. But things can work out. Remember that it's better to talk than walk.

LEO (July 23 to August 22) A job-related move might hold more positive surprises than you'd expected. Go into it with confidence and look for all the advantages it offers. Then decide what you'll do with what you find.

VIRGO (August 23 to September 22) Driving yourself too hard to get something done on a deadline that you set up can backfire. Ease into a more realistic finish date and add more breaks to your work schedule.

LIBRA (September 23 to October 22) Your sense of humor can brighten any dark period, and your laughter can dispel those gray clouds swirling around you. The weekend presents a surprising but welcome change.

SCORPIO (October 23 to November 21) Be careful about the words you use, especially in touchy situations. The old saying that "speech is silver, but silence is golden" could apply well here.

SAGITTARIUS (November 22 to December 21) Some facts could emerge that shed light on unresolved past problems. What you learn might also help explain why a once-warm relationship suddenly cooled down.

CAPRICORN (December 22 to January 19) Don't let your pride get in the way of checking into what could be a great new opportunity. Get the facts first, then worry about procedure and protocol later.

AQUARIUS (January 20 to February 18) A health problem in the family might have other relatives assuming that, as before, you'll take over the health care duties. Surprise them and insist they share in the caretaking.

PISCES (February 19 to March 20) A series of changes can be unsettling, but in the long run, it can pay off with new perspectives on what you plan to do. Keep your mind open to the possibilities that might lie ahead.

BORN THIS WEEK: You might be under a "royal" sign, but you have a wonderful way of embracing everyone as an equal.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **H** equals **B**

KUJL'X LUO HOXL HYOKOB HOMOYJIO LP BYFAZ KUOA KYFLFAI LUO SFYXL MOYXFPA PS J KPYZ? BYJSL HOOY.

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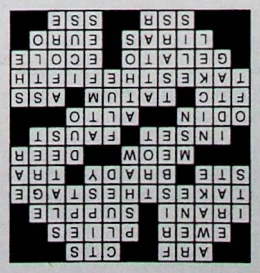
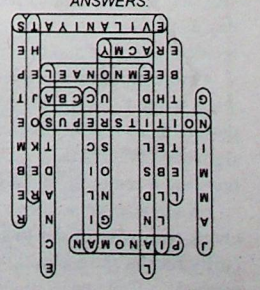
King Crossword — Answers

Solution time: 24 mins.



Magic Maze ANSWERS:



CryptoQuip answer

What's the best brewed beverage to drink when writing the first version of a work? Draft beer.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – I wonder what Clint Eastwood thinks of the upcoming remake of his perfect 1964 classic film *"A Fistful of Dollars,"* in which he played "the Man with No Name." This launched his film career and gave birth to the "spaghetti western" genre. When I ran into Clint in 1964 in NYC after he returned from Italy, where he was shooting that classic, he said, "I'm really nervous because I didn't have a word of dialogue in that film." I assured him that with his looks and charisma, it would be a cinch for the movie to hit it big, and it did! The remake's currently shooting in Italy.

***

Also headed for a remake is *"The Devil Wears Prada"* (2006), which starred Meryl Streep, Emily Blunt and Anne Hathaway. It cost $40 million and earned $326.7 million for 20th Century Fox (now owned by Disney). Could they suddenly want to remake it because Vanessa Williams is about to star in a musical version of the show in London on Aug. 17? Oh, yes, and the score for her musical was written by Sir Elton John! Williams said of the character Miranda Priestly, "I channel Miranda through the dialogue [from the film]."

***

Nicolas Cage's breakout film was 1983's *"Valley Girl,"* followed by his starring in major roles in more than 120 films. He won an Oscar for *"Leaving Las Vegas"* in 1997. This year, he starred in the post-apocalyptic, action-horror film *"Arcadian,"* which was released in April. He also starred in the psychological thriller *"The Surfer,"* which scored at the Cannes Film Festival in May, as well as the horror thriller *"Longlegs,"* with Blair Underwood and Alicia Witt, which opened on July 12.

Already in the can is *"The Gunslingers,"* co-starring Heather Graham and Stephen Dorff. It's about a reformed gunslinger and a mad genius in a town named Redemption. Cage is currently preparing for *"The Prince,"* with Giancarlo Esposito and Andy Garcia. It was inspired by second son Hunter Biden, with a screenplay by acclaimed writer David Mamet. Despite all this, Cage, at 60, is talking about retiring from acting in films. He stated,"I may have three or four more movies left in me. ...I do feel I've said what I've had to say with cinema." He admitted that one of his favorite films was 2021's *"Pig,"* in which he played an Oregon truffle-hunter whose pig is kidnapped. It cost a mere $3 million and only grossed $3.9 million.

Cage was then relegated to a voice role in *"Spider-man: Beyond the Spider-Verse,"* which co-stars Hailee Steinfeld, Brian Tyree Henry, Jake Johnson, Oscar Isaac, Jason Schwartzman, Issa Rae, John Mulaney, and Mahershala Ali. Is this a fitting exit film and the best way to end an impressive Oscar-winning acting career? If he planned to go out on top, this is not the one to go out with; it will leave his fans totally Cage-free!

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GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	-	2	×		= 6
+		+		+	
	+		÷		= 1
+		+		×	
	+		+		= 24
= 17		= 12		= 63	

1 2 3 4 5 6 7 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Enamel Art — Enamel has been used in decorative arts since at least the Middle Ages. It was especially popular in Europe and Asia in the 18th and 19th centuries. With this in mind, it may sound like an unlikely medium for the 20th century. But modern art embraces the unexpected.

Karl Drerup, an artist who trained in painting, illustration and ceramics in Berlin and Florence, then emigrated with his wife in the 1930s to escape the rise of fascism, started making enamels in New York in the 1930s. Later, he would call himself "the first one in New York who made any enamels at all." That may have contributed to his success; the Metropolitan Museum of Art purchased one of his decorated bowls in 1940.

Drerup's enamels have a distinctive style with vibrant, abstract scenes of natural elements or human figures in bright colors, like this copper plaque called "The Merry Makers" that sold for $2,750 at a Rago auction.

* * *

Q: I have a lot of paper money and coins and would like to know what they are worth.

A: It takes a specialist to determine the value of coins and paper money. A numismatics (coin collecting) club, dealer or auction house may be able to help you. Some are listed in the Kovels.com Business Directory. The American Numismatic Association, www.money.org, would be a good place to start.

* * *

TIP: Repairs on standing figures or pitchers should be made from the bottom up.

* * *

CURRENT PRICES

• Photography, camera, movie, H-8, 8 mm, holds 100-foot, 50-foot and 25-foot spools of double-run film, Tri Focal viewfinder, three focal lengths, Paillard-Bolex, 1961, 8 1/2 x 3 x 6 inches, $85.

• Toy, animal, seal, Robby, head raised, brown fur, white underside, googly eyes, plush nose, whiskers, stitched flippers and tail, button and tag on flipper, Steiff, 15 x 32 inches, $265.

• Cane, walking stick, silver knob, raised flower and leafy scrolled garland, hallmarks, Gorham, 19th century, 35 1/2 inches, $290.

• Furniture, cupboard, Anglo-Indian, fruitwood, two paneled doors over two side-by-side drawers, shaped apron, ebonized inlay, turned legs, late 1800s, 81 x 56 1/2 x 21 1/2 inches, $600.

• Pottery, vase, Santa Clara Pueblo, engagement pot, blackware, knotted handle, incised geometrics, signed, Helen Shupla, 8 x 7 inches, $720.

• Rug, Ersari, Afghan, runner, blue ground, orange, ivory and cobalt medallions, triple border, 11 feet 8 inches, $1,025.

• Silver-Persian, tray, rectangular, center village scene, two incised leafy garland borders, repousse rim, figures, flowers in corners, 12 1/2 x 16 1/2 inches, $1,140.

• Advertising, sign, "Dog 'n Suds," red lettering, cartoon dog's head with chef's hat and bow tie, hot dog and mug of root beer, yellow ground, diamond shape, tin, 16 x 16 inches, $2,880.

For more collecting news, tips and resources, visit www.Kovels.com

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Strange BUT TRUE

• Medicine cabinets are one of the worst places to store medicine because of the high temperatures and humidity in bathrooms.

• A Hershey's Kiss contains 26 calories that take about four minutes of kissing to burn.

• You say money doesn't grow on trees? Try telling that to a certain dog in Colombia. After seeing students pass money to a food stall attendant, the pooch began a regular practice of "paying" for dog biscuits with tree leaves!

• The main exporter of Brazil nuts is not Brazil, but Bolivia.

• Screenwriter Bob Gale confirmed that Marty McFly's nemesis in the "Back to the Future" trilogy, Biff Tannen, was modeled on Donald Trump.

• A scientific method called toxineering turns venoms into painkillers.

• As novels became more prominent during the 1700s, society and the media became increasingly concerned that young people spent too much time reading books. They even went so far as to call it "reading rage," "reading fever," "reading mania" and "reading lust."

• A regular BIC ballpoint pen can draw a line that's about 2 kilometers long – more than six times the height of the Eiffel Tower.

• Nazis planned to kill Sir Winston Churchill with a bar of chocolate. A bomb made of thin steel was covered by real chocolate that would explode once a chunk was broken. Luckily, British Allies discovered the plan.

• At his presidential inauguration, Theodore Roosevelt wore a lock of Abraham Lincoln's hair.

• Before Usain Bolt won the 100 meter sprint in the Olympic finals, he ate only McDonald's chicken nuggets, as he didn't want to risk getting an upset stomach from local cuisine.

• Yamaha produces some of the world's most popular motorcycles, but the company started off as a piano manufacturer.

***

Thought for the Day: "Motion feels like progress. Action is progress." – *James Clear*

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Now here's a tip!

by Jo Ann Derson

• When patching up cracks in plaster walls, if the crack is large or it's a small hole, stuff it with wadded-up newspaper or steel wool in order to fill the crack. Apply the plaster over the top.

• Recipe substitution: For each cup of brown sugar needed, use 1 cup of white sugar and 2 tablespoons of molasses.

• If your washer oversuds because you accidentally added too much detergent, just add a half-cup of white vinegar to the wash water. It will dampen the extra bubbles. Then make sure to put the load through an additional rinse, to eliminate any soap residue in your clothes.

• Ever had to deal with early arrivals at your garage sale? If so, you know it can be annoying and disruptive. When advertising your sale, use the block number instead of your house number. Still easy to find, but you're less likely to get staked out.

• "It's hard to find a good contractor or company to provide a service sometimes. The best resource I've had is friends. Whenever someone I know has work done at their home or purchases an item I might be interested in, I always find out the details of who worked on it or where it was purchased and whether my friends were satisfied with the outcome. Friends and even acquaintances usually are quite amenable to giving details, especially when they are either very pleased or very displeased with a job." – *R.E. in New York*

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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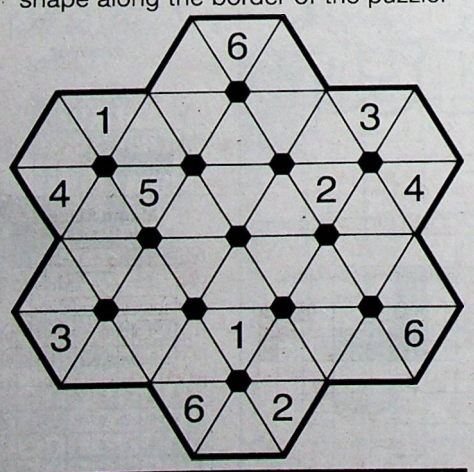
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic].

by Terry Stickels

Can you find a number that when divided by 2 has a remainder of 1, when divided by 3 has a remainder of 2, when divided by 4 has a remainder of 3, and when divided by 5 has a remainder of 4?

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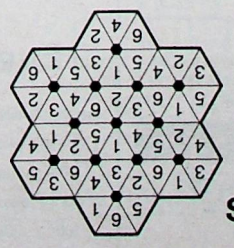
SNOWFLAKES solution



Go Figure! answers

4	-	2	×	3	= 6
+		+		+	
5	+	1	÷	6	= 1
+		+		×	
8	+	9	+	7	= 24
= 17		= 12		= 63	

Stickelers Answer

The lowest number is 59.

Super Crossword

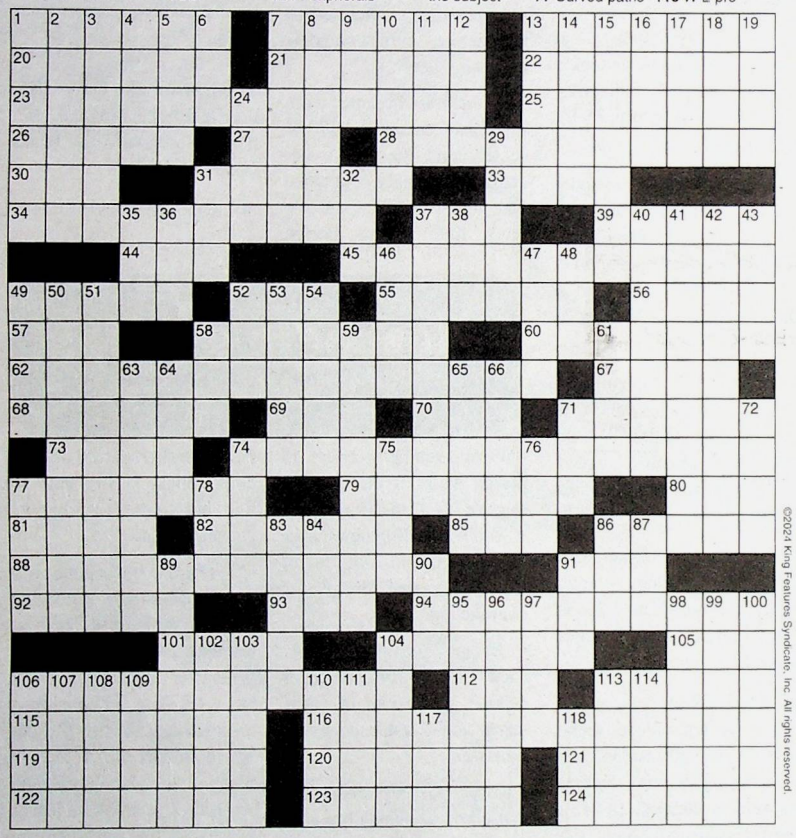
NOVEL INTRODUCTIONS

ACROSS

1 Downgrade
7 Morals
13 Rich fabric with a silky finish
20 "Bam!" chef Lagasse
21 Result in
22 Went to the polls again
23 1978 arcade classic
25 Immemorial
26 Gyro breads
27 Sue Grafton's "— for Alibi"
28 Its highest mountain is Denali
30 "... good witch — bad witch?"
31 Emphasize
33 Healthy
34 Bread sliced doubly thick
37 College transcript no.
39 Charge to pitch a product
44 Many a hospital delivery
45 Bottled water brand
49 " 'Tis a pity!"
52 What a DJ talks into
55 President before Sadat
56 Not duped by
57 Jungle beast
58 Said "There, there" to, e.g.
60 Raised fortification
62 Song closing a Catholic service
67 Kauai, e.g.
68 Patch affixed with heat
69 Many a hospital delivery
70 Abbr. before an alias
71 "To quote myself ..."
73 Opposed to
74 Colorado's nickname
77 Big name in car parts
79 "Evita" star
80 Meadowland
81 Copy a lion
82 Old video game consoles
85 Not just moist
86 Yard uglifiers
88 Aruba is in it
91 Barbecue serving
92 "Gypsy" composer Jule
93 "Hip Hop Is Dead" rapper
94 Annual game at Aloha Stadium
101 Did perfectly
104 Fliers' military branch
105 He wrote "The Raven"
106 Annual honor given by Sports Illustrated
112 NYC subway line
113 Twin sister of He-Man
115 Actress on the sitcom "American Housewife"
116 Author of the novels whose titles are the starts of nine answers in this puzzle
119 1990s talk show host Watts
120 Fly planes
121 Singer Dolly
122 Calls a talk show, e.g.
123 Went back over, as one's steps
124 Peripherals

DOWN

1 Cruel ruler
2 Domain
3 Butcher's tool
4 Whale variety
5 Dead heats
6 Lilly of drugs
7 TV's "Mistress of the Dark"
8 Tantalizes
9 Contained
10 Brain gains
11 Key near Alt
12 Sammy of the diamond
13 Car stopper
14 Of monarchs
15 Coincide partly with
16 Coke, e.g.
17 Truckloads
18 China's — Xiaoping
19 Border
24 Mil. alliance since 1949
29 White birds
31 Pig's digs
32 Auto garage brand
35 Lawyers' gp.
36 Lay turf on
37 Enthusiastic greeting
38 Mas' mates
40 Stops harping on the subject
41 "As is" transaction
42 Beseeched
43 Acronym for four entertainment prizes
46 Scott Turow memoir
47 Actress Laura
48 Sp. woman
49 Dress of India
50 Opulent, floor-length cloak
51 Of lesser importance
52 Parisian pronoun
53 "You win"
54 Religious law
58 1040 ID
59 Must-see
61 It's south of Tenn.
63 Become a participant
64 Pollute
65 "Get what I'm talkin' about?"
66 Home to Augusta
71 It's south of Tenn.
72 Senate affirmatives
74 Pigeon shed
75 Allay
76 Home pest
77 Curved paths
78 Hailed vehicle
83 Brand of root beer
84 Stranded cell stuff
86 Nintendo game console
87 Fall away
89 Lighthouse lights
90 Sushi tuna
91 Border
95 Noble sort
96 Thawed
97 Beginning painting class
98 Accepting of
99 Became tiresome to
100 Gets wiser
102 Pop singer Lauper
103 City in southeast Minnesota
104 Fess up to
106 Frying fat
107 "The Time Machine" race
108 — monster
109 No-show GI
110 Not fully shut
111 Super review
113 Food herring
114 Cattle group
117 Cochlea site
118 W-2 pro



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Celebrity Extra

by Dana Jackson

Q: Do you know if they are going to make a second season of the new *"Justified"* series? – *J.S.*

A: It's been more than a year since *"Justified: City Primeval"* premiered on FX. The reboot of the widely acclaimed original series *"Justified"* marked the return of Timothy Olyphant as Deputy U.S. Marshal Raylan Givens, but it wasn't set in the hills of Kentucky anymore. Instead, his character was seen in Miami, contemplating retirement before he was summoned to Detroit for a new case.

Walton Goggins, who played Raylan's longtime foe Boyd Crowder, told TV Insider that "everyone wants to do another lap of *'Justified.'*" But he said, "It's just a matter of timing and whether or not FX wants to pick it up." The show also streams on Hulu, so if FX is foolish enough not to greenlight another season, perhaps Hulu or another streaming service will.

Honestly, the biggest obstacle right now seems to be scheduling. Goggins is currently juggling several shows: HBO's *"The Righteous Gemstones,"* Amazon Prime Video's *"Fallout,"* and the upcoming new season of *"The White Lotus"* (also on HBO). Meanwhile, Olyphant will star opposite Tom Hardy in the film *"Havoc."* He also has another FX project on the horizon, a prequel series based on the *"Alien"* movies, titled *"Alien: Earth."* Perhaps after some much needed rest for the stars, *"Justified"* will find its way into production again.

***

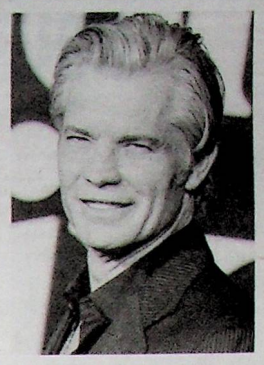
Q: With movies being so expensive these days, I missed *"The Fall Guy"* in theaters. Will it be available to stream anywhere soon? – *M.M.*

A: Yes, romantic comedies are in big demand from the public, but due to inflation, moviegoing seems to be on the decline, except for big-budget action flicks like *"Twisters"* or anything in the Marvel or DC Universes. *"The Fall Guy"* cost $140 million to make, but only grossed $28 million its opening weekend, a shocking disappointment with stars like Ryan Gosling and Emily Blunt as leads. The rom-com adventure film had all the recipes for a hit, but it just didn't produce.

The film was available to rent or purchase as early as May 21, and it came out on DVD a month later. Beginning Friday, Aug. 30, you can watch the movie on the Peacock streaming service, which costs $7.99 a month with ads or $13.99 a month ad-free.

***

Q: Who is the actor who plays Luke on *"Criminal Minds: Evolution"*? He looks so familiar, but I don't think I've seen him in anything else before. – *C.I.*



Timothy Olyphant
("Justified: City Primeval")

Photo: *Courtesy of Depositphotos*

A: Actor Adam Rodriguez was cast as Agent Luke Alvez on *"Criminal Minds"* during its 12th season on CBS. Now in its 17th season and titled *"Criminal Minds: Evolution"* on Paramount+, the actor might look familiar to you if you watched another CBS crime series *"CSI: Miami."* Rodriguez played Detective Eric Delko during the show's entirety from 2002-2012.

Other series you might have seen him in are *"Jane the Virgin," "Penny Dreadful: City of Angels,"* and *"Ordinary Joe."* He also appeared in the film *"Magic Mike's Last Dance."*

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Raise one's voice	__ H __ __ __	Tonto's mount	__ C __ __ __
2. Four quarts	__ __ __ __ __ N	Fast trot	__ __ __ __ __ P
3. Starsky's partner	__ __ T __ __	Sleuth's intuition	__ __ N __ __
4. Royal realm	E __ __ __ __ __	Baseball official	U __ __ __ __ __
5. Lewis's partner	__ __ A __ __	Judicial assistant	__ __ E __ __
6. Aeronautical	__ L __ __ __ __	Scary experience	__ R __ __ __ __
7. Writing style	__ __ __ S __	Investigate	__ __ __ B __
8. Linger	__ A __ __ __	Thirsty fabric	__ E __ __ __
9. Witch's curse	__ __ E __ __	Tip the glass over	__ __ I __ __
10. Sell abroad	__ __ __ O __ __	Specialist	__ __ __ E __ __

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Weekly SUDOKU

by Linda Thistle

7		3	8				9	
	8			2				5
		6			4	1		
8				6				3
	9		1				5	
		2			3	8		
5				9		2		
		7	4				3	
	4				6			7

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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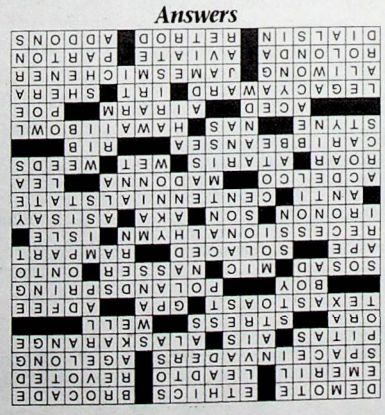
Super Crossword

Answers



Even Exchange

answers

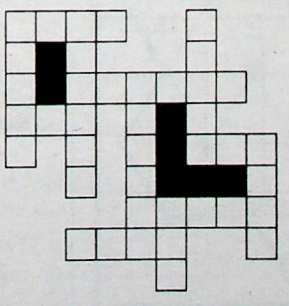
1. Shout, Scout
2. Gallon, Gallop
3. Hutch, Hunch
4. Empire, Umpire
5. Clark, Clerk
6. Flight, Fright
7. Prose, Probe
8. Tarry, Terry
9. Spell, Spill
10. Export, Expert

FEAR KNOT

By rj johnson

DOUBT? ...OR DARE!

WAM
PICOOT
TRUPE
CAIP
WOCDRE
♥ILE
LEWI
ERMPI
♥RPE
WRELOT
ELMPI
OAIT



Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. **♥RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

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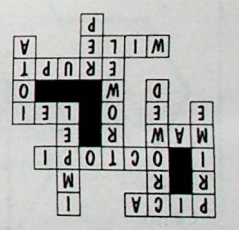
FEAR KNOT answer



Weekly SUDOKU Answer

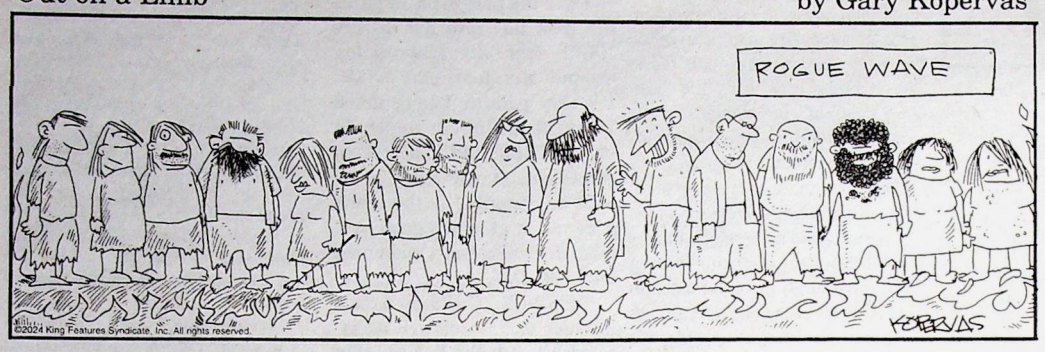
7	2	3	8	1	5	4	9	6
4	8	1	6	2	9	3	7	5
9	5	6	3	7	4	1	2	8
8	1	5	9	6	2	7	4	3
3	9	4	1	8	7	6	5	2
6	7	2	5	4	3	8	1	9
5	3	8	7	9	1	2	6	4
2	6	7	4	5	8	9	3	1
1	4	9	2	3	6	5	8	7

Amber Waves

by Dave T. Phipps

Out on a Limb

by Gary Kopervas



Americanisms

"It is easier to build strong children than to repair broken men."
— *Frederick Douglass*

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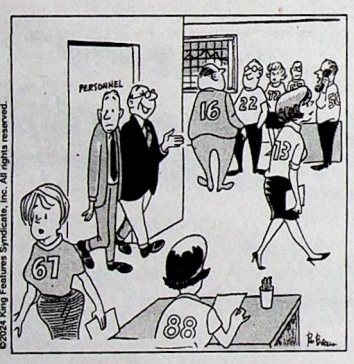
Just Like Cats & Dogs by Dave T. Phipps

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



"You'll like the _ _ _ _ _ _ _ _ here."

Nibble
CANKS ___ ___ ☐ ___ ☐

Keeper
DRAWEN ☐ ___ ☐ ___ ___ ___

Raise
ENTRAP ___ ___ ___ ☐ ___ ☐

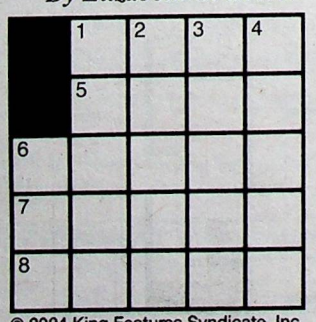
Number
OUTMAN ___ ☐ ☐ ___ ___ ___

TODAY'S WORD

___ ___ ___ ___ ___ ___ ___ ___

Micro Crossword

By Elizabeth C. Gorski



Across

1 Biz honchos
5 Golfer Jon ___ (2021 U.S. Open winner)
6 Queen's pet
7 Chirp
8 Home of Lake Titicaca

Down

1 Dental fitting
2 Long-___ hedgehog
3 "Shucks!"
4 "Sons of Anarchy" actor Jimmy
6 Windy City rail org.

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Here's what to watch and where to watch it for the week of August 12, 2024

ON NOW: "Industry" (Season 3) – *Max*

ON NOW: "Cowboy Cartel" (Docuseries) – *AppleTV+*

ON NOW: "The Bikeriders" (R) – *Peacock*

14-Aug: "Worst Ex Ever" (Season 1) – *Netflix*

14-Aug: "Bad Monkey" (Season 1) – *AppleTV+*

15-Aug: "Jackpot!" (R) – *Prime Video*

15-Aug: "Emily in Paris" (Season 4 - Part 1) – *Netflix*

16-Aug: "Accidental Texan" (PG-13) – *Hulu*

16-Aug "The Union" (PG-13) – *Netflix*

16-Aug "RuPaul's Drag Race Global All Stars" (Limited Series) – *Paramount+*

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Paw's corner by Sam Mazzotta

How far can a puppy hike?

DEAR PAW'S CORNER: I have a 1-year-old mixed-breed puppy named "Star" who I'd love to take on Saturday hikes with me. I'm an avid hiker who can do up to 20 miles or more per day. Is this too much for a young dog like her to handle? – *Gary in Boulder, Colorado*

DEAR GARY: Your instincts are right-on – that kind of mileage is too much for a puppy. But, depending on the dog, you can build Star's stamina gradually, adding miles as she grows.

For a 1-year-old puppy, start with no more than a mile or two, and keep it light and fun. If Star whines at three-quarters of a mile, take a break for a few minutes and see if she'll go on. If she shows signs of tiredness, like lagging behind and not being curious about things around her, it's time to head back. Some pet parents will carry their puppy for the remaining miles, but that's up to you – I think that it's better to just gradually build the miles.

Notice that I also said "depending on the dog." Some dogs just aren't enthusiastic about hiking long miles. Others – especially small dogs, toy and pocket breeds – cannot walk very far without tiring. (Fortunately, they can be carried easily.) Don't lament if hiking ultimately isn't Star's thing; just build an outdoor schedule where she can share in the fun on some days with short hikes, and you can still get in lots of mileage while she remains at home or with a friend.

An adult dog can do 5 to 20 miles depending on their fitness and enthusiasm. But you'll need to adjust your lifestyle to gradually bring Star up to that kind of distance.

Have you flown with a pet? How did it go? Tell me about it at ask@pawscorner.com.

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WORD LADDERS

Can you go from YOLKS to WARMS in 6 words? Change one letter for each rung in the ladder.

YOLKS

___

___

___

___

WARMS

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Sports QUIZ

by Ryan A. Berenz

1. What Baseball Hall of Famer served in World War II on the attack transport USS Bayfield during the Allied invasion of Normandy in 1944?

2. Alberto Spencer, who has the record of 54 career goals scored in the Copa Libertadores soccer tournament, hailed from what country?

3. Journalist and promoter Harry Glickman was cofounder of what NBA franchise?

4. In 2000, the International Gymnastics Federation named Russia's Vitaly Dubko the 20th century's best coach in what discipline?

5. What player, selected third overall by the Golden State Warriors in the 1986 NBA Draft, received a lifetime ban from the NBA in 1989 for failing three drug tests?

6. Hockey Hall of Famer Bernie Federko has his No. 24 retired by what NHL team?

7. What troubled running back won two national championships (1994-95) with the Nebraska Cornhuskers and was drafted sixth overall by the St. Louis Rams in 1996?

Answers

1. Yogi Berra.
2. Ecuador.
3. The Portland Trail Blazers.
4. Trampoline.
5. Chris Washburn.
6. The St. Louis Blues.
7. Lawrence Phillips.

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Micro Crossword

Answer

S	E	D	N	A
T	E	E	W	T
I	G	R	O	C
M	H	A	R	
S	E	O	C	

WORD LADDER

Answer

YOLKS, FOLKS, FORKS, FORMS, FARMS, WARMS

SCRAMBLERS

solution

TEAMWORK

Today's Word

1. Snack; 2. Warden; 3. Parent; 4. Amount

Patient Needs Help Discussing High Blood Calcium With Doctor

DEAR DR. ROACH: A friend has been diagnosed with high blood calcium, and when I googled it, the results concerned me. Can you give information on this and how to discuss it with the doctor? I want to forward the column to my friend, and hopefully, the information encourages/helps with the medical discussions between my friend and their doctor. -- *Anon.*

ANSWER: There are many causes of high blood calcium levels, and some of them are quite scary to read about. Hopefully, your friend's doctor is already in the process of discovering the underlying cause. Some causes are pretty clear, as some medicines are well-known to cause high calcium, such as thiazide diuretics like HCTZ.

The first step is being sure that there really is high calcium by repeating the blood level. A tourniquet left on for more than a minute can cause acid buildup in the arm, which displaces calcium and causes a false elevation. This problem can also be avoided by being expeditious with blood draws or by measuring the "ionized calcium" for changes in the protein albumin, which also affects the calcium level.

If the calcium level is repeatedly high, the next place to look at is the parathyroid hormone, which is one of the main regulators (along with vitamin D) of blood calcium levels. Most cases of high calcium in otherwise healthy people are caused by excess parathyroid hormone, most often from a benign tumor in the parathyroid gland. In the unusual case that this isn't the issue, less-common causes, including excess vitamin D and some cancers, should also be considered.

As far as an encouraging discussion, if your friend's doctor isn't bringing it up (which they should), being as open-ended as possible is best, with questions such as: "Why is my calcium high? Do I need to do anything about it?"

***

DEAR DR. ROACH: I had left knee-replacement surgery 10 years ago, and two days after surgery, I developed CRPS (complex regional pain syndrome). My shin, below my incision down in my left foot and toes, was burning and stinging for two years. It then receded to my toes for the past eight years.

Over the past three months, the pain has returned to my entire foot area, wrapping around my foot and ankle. It's very painful. I have taken 20 mg of prednisone to get rid of my CRPS, and it does help somewhat. (I was only given a 14-day supply.) Is there any cure yet, or at least a good pain medicine that won't wring me out? -- *G.D.C.*

ANSWER: CRPS is a pain disorder that is not well-understood. It usually begins after trauma, including surgery, but this is a complication that can happen even after a surgery that was correctly done. Older women are most likely to get this condition.

Steroids like prednisone are sometimes used early on in CRPS, but they are not usually effective in chronic CRPS. Due to their long-term toxicity, they are not usually continued. It is, by no means, a cure.

The best treatment regimen includes physical and occupational therapy; medications such as anti-inflammatories; psychosocial support; and sometimes management by a pain-management specialist, who may use local injections, nerve blocks or nerve stimulators.

My experience is that CRPS follows a highly variable course, but I have never had a patient with a recurrence after such a long time, as you have had.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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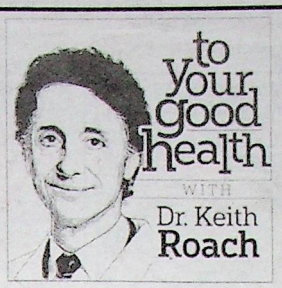
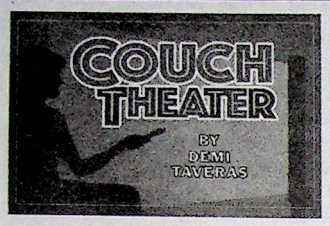


MORE SUN FUN



"Despicable Me 4" (PG) — Always a killer at the box office, the "Despicable Me" franchise just had its fourth main installment become the third highest-grossing film this year behind "Inside Out 2" and "Dune: Part Two." In this installment out to rent on Aug. 6., Gru's family has grown by one with the arrival of his son, Gru Jr. But when Gru's rival Maxime Le Mal (Will Ferrell) breaks out of prison, he and his family are forced into Witness Protection. As Maxime continues to target Gru during his breakout, their family has no choice but to put this French supervillain back in his place — with the help of their minions, of course! Steve Carell and Kristen Wiig reprise their roles as Gru and Lucy, respectively, while Joey King ("A Family Affair") and Sofia Vergara ("Griselda") join the franchise. Get ready for a whole new era of Pharell and his "Despicable Me" songs, as his new single "Double Life" from the film is already going viral. (Amazon Prime Video)

"Furiosa: A Mad Max Saga" (R) — Moving on from a box-office success to a box-office bomb, this spin-off prequel to "Mad Max: Fury Road" (2015) tells the origin story of Charlize Theron's original character. Imperator Furiosa. This time, she's played by Anya Taylor-Joy ("Amsterdam"), as the film is set 15-20 years before the events of "Fury Road." As a child, Furiosa is discovered by raiders and captured to be brought to their unhinged leader, Dementus of the Biker Horde (Chris Hemsworth). Choosing to adopt her, Dementus hopes that she will lead him from the radioactive wasteland to the Green Place, where there is fresh water and food. But if you know Furiosa, you know that Dementus' dreams will be crushed in her mechanical fingers. Out now to rent. (Apple TV+)

"Downtown Owl" — Lily Rabe ("Presumed Innocent") leads this heartwarming comedy film out on Aug. 7. Set in the fictional town of Owl, North Dakota, in 1983, Rabe's character, Julia, decides to teach English at the local high school while her husband finishes graduate school. While teaching, she meets a variety of different characters in the town, including a hyperactive teen named Eli (Jack Dylan Grazer); a carefree, wild teacher named Naomi (Vanessa Hudgens); and an old man named Horace who loves to reminisce (Ed Harris). But it is former high school football star Vance (Henry Golding) who really piques her interest, leaving Julia to ponder her general direction in life. Is her marriage truly as stable as she advertises? Can this town and its people fix the demons that she harbors deep inside of her? Watch to find out! (Netflix)

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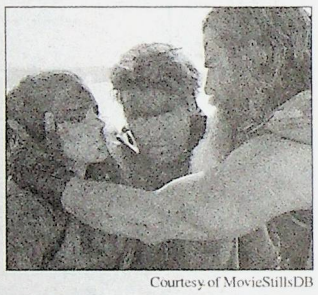

Courtesy of MovieStillsDB

From left, Anya Taylor-Joy, Tom Burke, Tom Burke and Chris Hemsworth star in "Furiosa: A Mad Max Saga."

Contract Bridge

NOW YOU SEE IT ...

South dealer.
North-South vulnerable.

NORTH
♠ K 2
♥ A Q J 4 3
♦ A 5 2
♣ 10 8 6

WEST
♠ Q J 10 9 8 7 6 5 4
♥ 6 5 2
♦ 3
♣ —

EAST
♠ —
♥ —
♦ K Q J 7 6 4
♣ Q J 9 7 4 3 2

SOUTH
♠ A 3
♥ K 10 9 8 7
♦ 10 9 8
♣ A K 5

The bidding:

South	West	North	East
1 ♥	4 ♠	5 ♥	

Opening lead — queen of spades.

This deal, sent by a reader, is a variation on an old theme. South is in five hearts, and West leads the queen of spades. How should declarer proceed after he covers the queen with the king and East discards the seven of diamonds?

It's a difficult problem to solve, but that's because it features a play you've probably never seen. At first glance, it seems you must lose two diamonds and a club, come what may, and so go down one. However, there's a simple solution to the problem, and it doesn't matter whether or not you see the East-West cards.

It's obvious from East's failure to trump the first trick that he has no spades or hearts. It follows that West must have started with nine spades and three hearts, and that his only other card is either a diamond or a club.

All this is very reassuring since it means you can now guarantee the contract. All you have to do is to overtake the king of spades with the ace at trick one! You then draw three rounds of trump, cash the A-K of clubs and ace of diamonds, and exit with a spade.

West is forced to win and return a spade. On this trick you discard a diamond from dummy and a club from your hand. When West continues with another spade, you discard dummy's last diamond as you ruff in your hand. As a result, you make the contract, since dummy is now out of diamonds and you are out of clubs. That's all there is to it!

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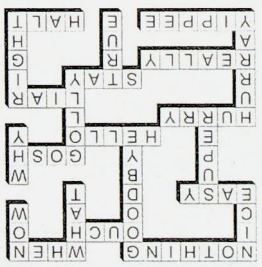
by Steve Becker

Puzzles4Kids Answer



Puzzles4Kids by Helene Hovanec

CRISSCROSS – ONE WORD SAYS IT ALL

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.

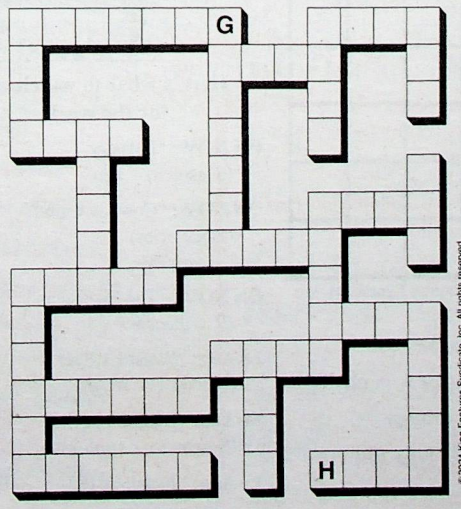
3 Letters
NOW
WHY

4 Letters
EASY
GOSH
HALT
LIAR
NICE
OUCH
STAY
TRUE
WHAT
WHEN

5 Letters
GOLLY
HELLO
HURRY
RIGHT
SUPER

6 Letters
HURRAY
REALLY
YIPPEE

8 Letters
GOODBYE
NOTHING



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SENIOR NEWS LINE

by Matilda Charles

Fighting the heat

When cooling centers are opened up in our town, you know it's brutally hot. It's not something that's usually done around here. But recent temperatures have been shocking for our area.

I made a tour of the cooling stations one afternoon, fully expecting them to be mostly empty as warming stations are in winter when people manage to stay warm at home. But no, this heat was different.

There was the library, with more people than chairs, the grateful patrons sitting on the floor against the walls and most of the electrical outlets connected to phones and laptops.

There was the church with the huge community center facility that cranked their air conditioning down and opened the doors to welcome anyone who needed to cool off. The church ladies went into action and put out trays of cold sandwiches and bottles of water.

At the town hall, the doors to the taxation department where we pay for our car tags were left open long after their normal business hours, and the fire department showed up with pizzas in hand for those who'd taken refuge in the office.

The rec center seemed to be the place where many people brought sleeping pads made of folded blankets, getting the first good rest they'd likely had in a week. The whole of two basketball courts was covered in makeshift beds, and as the hour got later the staff dimmed the lights to coax the children to wind down and fall asleep.

As seniors, we aren't physically equipped to handle the brutal temperatures that have suffocated the country recently. If you're in a hot area and have no air conditioning, seek out a cooling center. If there aren't any, go to the library, the rec center or, better yet, the town offices to insist that they open cooling centers in town.

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1. What was the name of Mitch Ryder's backup band?
2. Who was the first artist to release "My Way" in 1969?
3. Who was Colonel Tom Parker?
4. What was the name of the Beatles' fourth movie?
5. Name the song that contains this lyric: "Look like nothing's gonna change. Everything still remains the same. I can't do what ten people tell me to do. So I guess I'll remain the same."

Answers

1. The Detroit Wheels. Born William Sherille Levise Jr., he came up with the stage name Mitch Ryder after seeing the name in a phone book, and added The Detroit Wheels.
2. Frank Sinatra. The song was written using the melody to the French song "Comme d'Habitude" after songwriter Paul Anka bought the rights to the song.
3. Parker was Elvis Presley's manager from 1956 until Presley's death in 1977. Parker was actually Andreas Cornelis van Kuijk, who'd been born in the Netherlands. He changed his name when he enlisted in the United States Army.
4. "Yellow Submarine," released in 1968.
5. "(Sittin' On) The Dock of the Bay" by Otis Redding, in 1968. Redding recorded the song just before he died in a plane crash and never knew that the song would rise to No. 1 on the charts.

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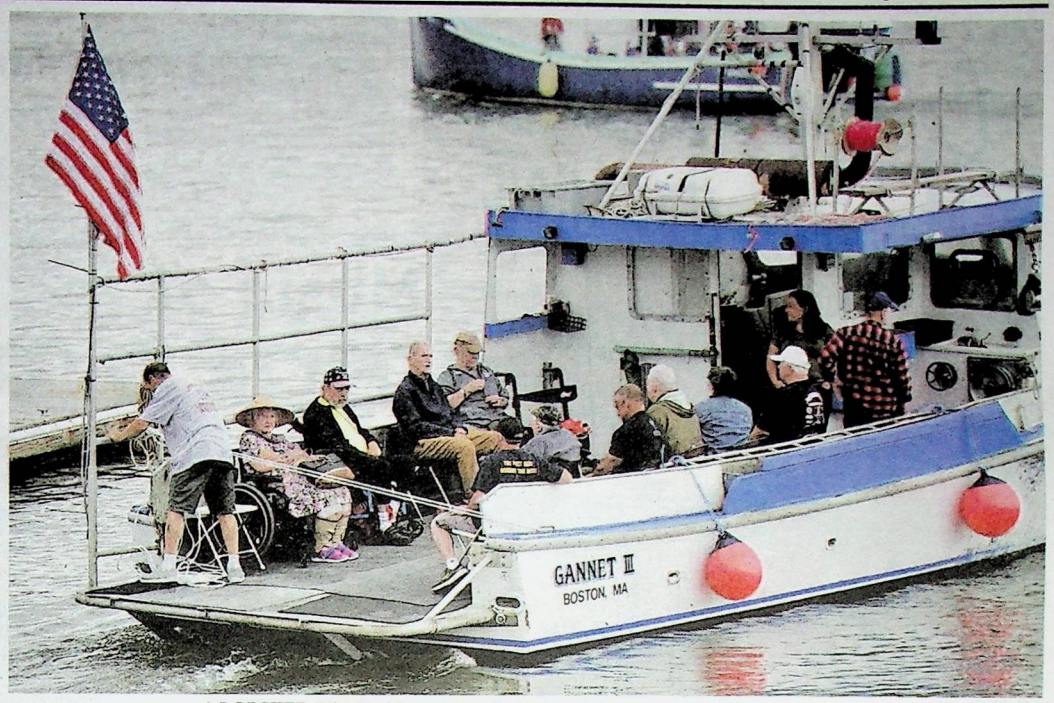
A VETERAN, center, is escorted by volunteers to a boat.



A LOBSTER BOAT with a group of veterans heads out for a morning of fishing.

Veterans Enjoy A Day Of Fishing On Quincy Bay

Cont'd From Page 18

help out."

Army veteran Corinne Beckett couldn't be happier to be going on the fishing trip.

"It's wonderful, it's my first time here," she said. "I'm having a good time. I'm really happy."

Harvey Abrams from the Community Living Center in Chelsea enjoys the camaraderie.

"It's everything I hoped for and more," he said. "It's a great day out. Good to be getting together with my peers."

Tony Gentilucci, also a Community Living Center patient, was looking forward to heading out on a boat, "as long as it's not wavy." He said the day out from the hospital is a good break.

"What else what be doing? I'd be sitting on the bed or a chair. I'd rather be on the boat."

Volunteer Jeannette MacDonald assisted on one of the boats.

"We're taking the vets out to Portuguese Cove and catch some flounder, then come back here for a wonderful lunch under the tents" she said.

LOBSTER BOATS fill the pier at Quincy Yacht Club as veterans board for a fishing trip. *Quincy Sun photos/Tom Gorman*

Some of the veterans had to be helped down the yacht club ramp in wheelchairs while others were able to walk on their own. Once they were seated in the boats, Father Martin Dzengeleski, pastor of Holy Trinity Parish, offered a blessing. Then, the boats headed out.

As the boats with their veteran passengers headed into the bay, they were greeted by a Boston fire boat spraying streams of water into the air.

Morell said he and his fellow lobstermen look forward to the annual outing.

"It's more enjoyable for us to take them out than it is for them," he said. "We really enjoy it."

Morell continued, "They take the day off from work to do this. They burn our own fuel. No one's getting paid to do this. It costs them. But we love it."

He said it's all about showing the veterans some appreciation for the sacrifices they made while serving their country.

"They're giving a little back for the guys who gave to us."

QUINCY SCHOOL NUTRITION

The USDA funded Summer Food Service Program for Children sponsored by the Quincy Public Schools will provide free meals to all children without charge, regardless of race, color, national origin, sex, age or disability.

Lunch Service: Monday—Friday 11 am to 1 pm - July 8 through August 16, 2024

Please note the following guidelines for the Quincy Summer Eats Program:

This is a congregate feeding program. Children must eat the meals on site.

Children age 18 years old and younger are allowed to take one lunch.

Parent/guardian cannot take meals on their child's behalf or for themselves.

There are no registration or income requirements to participate.

"This is an equal opportunity provider."

SITE LOCATIONS:

The Snug Harbor School

The Ward II Community Center

The Lincoln Hancock School cafeteria

The F.W. Parker School cafeteria

The Montclair Elementary School gym

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5:00 p.m.

CenterStage PERFORMING ARTS STUDIO PRESENTATION

5:30 p.m.

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7:00 p.m.

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Annual

Pops Concert on the COMMON

Saturday, September 21, 2024

4:00-6:00 p.m.

Hancock-Adams Common

FOOD TRUCKS

GRANITE LINKS · Donut NV · KC's Custom Eatery · Ellie's Treats

After our performance, consider dining downtown or grab some take-out from one of the many restaurants in Quincy Center.

PRESENTED BY

Quincy 400

Scan here for event details

NEXT FREE CITY EVENT

Quincy's Annual Food Truck & Music Festival

30+ Diverse Food Trucks, National & Regional Bands, Children's Entertainment & Lawn Games

October 5 | Noon — 6:00 p.m. | Coddington Street